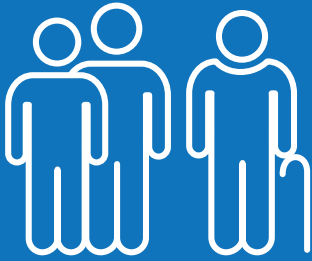




painACT

pain Aged Care Training



Impact of pain on the person, family and staff

OVERVIEW OF MODULE

This education module provides staff with understanding of the potential impact of pain on the person, their family, and the staff that provide their care.

Learning objectives

- 1 Identify when pain has an impact on an aged care resident's/patient's/client's mental health, social activities and relationships
- 2 Outline aged care resident/patient/client behaviours that can have a negative impact on other residents/patients/clients, and/or aged care staff

Pre-video reflection

Before watching the short video, record some of your thoughts to the below self-reflection question.

1. How do you think pain impacts a resident's/patient's/client's ability to engage in social activities, and interact with family members and/or staff?

Post-video discussion/questions

Record your answers to the discussion questions below.

**1. What factors affect a resident's/patient's/client's experience of pain?
Circle the most correct answer.**

- A) Biological factors
- B) Psychological factors
- C) Social factors
- D) All of the above

2. Think of an example of when a resident/patient/client has been in pain and reacted negatively, how did this make you feel?

3. Thinking about the same example from above, what do you think you could have done differently to help the resident/patient/client with their pain?



Key messages



Pain doesn't just distress the person in pain, but also others around them



Pain often has a greater impact on the person than we may be aware of



Pain can lead to certain aged care resident/patient/client behaviours or responses that can impact other residents/patients/clients, and/or aged care staff

For more information, visit

www.apsoc.org.au/painACT-Online-Learning

