

The Australian Pain Society
NEWSLETTER

Volume 38, Issue 1



► **Editor's Note**

Hi! And welcome to the new year, 2018 the Global Year for Excellence in Pain Education. It is becoming a mantra of pain management that education is not just confined to health workers but is delivered to patients and their carer's as well. My other half has told me that educate comes from Latin, "educare" to lead out. Ducare means to lead and the prefix "e-" or "ex-" means out of.

I write this as I prepare to go to my weekend Yoga class and I was interested to read Marc Russo's piece on slow breathing used strongly in the practice of Yoga. This is important for ourselves and our patients. Pain, for most of us, is our overriding concern. Yet we know non-pharmacological treatments mindfulness, meditation, relaxation and sleep hygiene etc. that are useful in managing pain also have positive effects on our patients' overall health and well-being. Slow breathing might be added to the techniques that we can educate our patients about.

As a parent I have had to educate myself how to cope with my children's pains over the years. How do we cope with our own parental distress, without allowing it to affect our children adversely? Not easy sometimes, as paediatric workers will tell you. Brown et al provide a comprehensive review of what is known about coping with paediatric pain and emphasise the bidirectional nature of responses and interactions between parents and child. Parents need to be educated as well. They would benefit from being given coping mechanisms and strategies for managing their own behaviour and emotions and their child's distress.

We also congratulate APS members recognised in the 2018 Australia Day Awards.

This month is the start of codeine rescheduling; refer to the TGA Codeine information hub: <https://www.tga.gov.au/codeine-info-hub>

And of course, how can we resist Tim Austin's invitation to the APS and NZPS conjoint ASM this April. Be sure to register before the early bird deadline of 23 February 2018!

Stephanie Davies
 Editor



PLENTY OF PEOPLE HAVE ALREADY REGISTERED FOR THE ANNUAL SCIENTIFIC MEETING; HAVE YOU?

By Tim Austin, NSW Director and Chair-Local Organising Committee



This year our Australian Pain Society scientific meeting is combined with the New Zealand Pain Society, undoubtedly to be the largest conference in our 38 year history. Set in the delightful surrounds of Darling Harbour in the glorious harbour city of Sydney; make sure that you are part of it!

The programme is locked in, and as always will cover the length and breadth of pain science and practice. Our overseas invited speakers are absolutely first rate: Professors Liesbet Goubert, Frank Huygen and Stephen McMahon, and Dr Tonya Palermo. They are all true experts in their fields. In their plenary lectures, they will cover topics of resilience, paediatrics and family, nociceptor neurobiology, CRPS and much more. This year, the combined conference with our Kiwi friends has allowed even more scope for “local” Australasian speakers to complement these four Internationals. Dr Leinani Aiono-le Tagaloa, Associate Professor Damien Finniss, Professor Simon Brookes, Professor Rachelle Buchbinder, Dr Tony Fernando, Associate Professor Greta Palmer and Professor Peter O’Sullivan will address a large range of topics from culture to interventions, individualised

treatments, government policy, research agenda, the truth about placebo and how to have success in back pain.

A total of 27 topical workshops and free paper sessions (more than ever before) will allow attendees to explore in great detail many areas of pain and pain management. The organising committee has taken on board feedback from previous years, and there have been some subtle timing adjustments to this conference to enable you the best conference experience.

A range of pre-conference workshops will be available again this year, with the added “bonus” of Peter Moore’s “Pain Toolkit” being one of the offerings. By popular demand, the sub-group discipline meetings will again be on offer. Educational breakfast sessions will also cover a range of interest areas.

This year, the organising committee have included two new opportunities to give delegates the chance to be involved. The first is a trainee session “Practical tips for building your career in pain research - From basic science to the clinician researcher”. This inaugural forum will focus on career-development for junior researchers and clinicians; how to build on research strengths to establish an appropriate career. Speakers include Professor Liesbet Goubert and will be facilitated by the first two APS rising stars, Tasha Stanton and Melita Giummarra. Secondly, a late breaking poster abstract call will be open from Monday 29 January for 11 days only, so don’t despair if you missed your chance to submit an abstract for inclusion at APS NZPS 2018!

This year is the International Association for the Study of Pain (IASP) Global Year for Excellence in Pain Education, so make the most of all these excellent educational opportunities in Sydney.

As usual, the social programme promises much and will deliver even more! The welcome cocktail function will be on-site on Sunday evening, and the Conference Dinner, with live music to stimulate your dance shoes, will be held in the most stunning venue on one of Sydney Harbour’s nearby wharfs. Following last year’s most successful Monday night networking “drinkie”, the same will be offered this year at a local Darling Harbour “waterhole”. The

PLENTY OF PEOPLE HAVE ALREADY REGISTERED FOR THE ANNUAL SCIENTIFIC MEETING; HAVE YOU?

By Tim Austin, NSW Director and Chair-Local Organising Committee

next morning, meet at the convention centre for an early morning walk or jog around the foreshore of Sydney harbour (maps and "guides" will be on hand). Finally, stay around on Wednesday after the conference finishes for an afternoon touring the historic Cockatoo Island on Sydney Harbour. Apart from a delightful afternoon on Sydney Harbour, this will enable you to view the extraordinary 21st International Biennale – not to be missed!

Can I implore you to check out the most informative conference website, [here](#). It has excellent information on the complete programme, speaker

biographies and lecture/workshop outlines. The website will be constantly updated with more information as it comes to hand.

Online registrations are now open so if you haven't already signed up, then do it today – early bird closes 23rd February! Remember, this will be our biggest conference yet, so don't miss out!

To register, [click here!](#)

I look forward to seeing you in the "Emerald City" in April.

SYDNEY 2018

APS NZPS

Collaborate. Educate. Disseminate.

2018 Australian Pain Society 38th and
New Zealand Pain Society Conjoint Annual Scientific Meeting

International Convention Centre Sydney | 8-11 April 2018

Join us online - #anzpain18

Register online at www.dconferences.com.au/apsnzps2018
For sponsorship and exhibition opportunities or more information please
contact the APS NZPS Conference Secretariat | DC Conferences Pty Ltd
P 61 2 9954 4400 | E apsnzps2018@dconferences.com.au
www.dconferences.com.au/apsnzps2018

Early Bird
Registration Deadline
23 February 2018

Register Today



Australian Pain Society 38th and
 New Zealand Pain Society
 Conjoint Annual Scientific Meeting
 International Convention Centre Sydney
8 - 11 April 2018

REGISTER BEFORE 23 FEBRUARY 2018 FOR EARLY BIRD SAVINGS

Get in early and secure your place at Australia and New Zealand's only multidisciplinary conference offering insights into the complex nature of pain management from a variety of medical, nursing and allied health perspectives.

The conference invites you to *Collaborate. Educate. Disseminate.*

Collaborate with the many professions that are involved with pain and pain management; educate alongside clinicians and researchers across many different aspects of pain management; and leave the conference enabled to make a difference in your sphere of work.

Become an APS member and save on your APS NZPS 2018 registration fee!

Early Bird Before 23 February 2018	
Non-Member Registration Price VS Becoming an APS Member	\$1140 OR Become a member and save up to \$280 after membership fees!
APS Student Member Registration Price	Only \$230 Become a member and save up to \$850 after membership fees!

[Benefits of full membership](#), include, but are not limited to:

- Discounted ASM registration
- Login access to the "Members Only" area of the website - *now with free recordings of past ASM plenaries*
- Free advertising of Positions Vacant for up to 2 months and 2 editions of the newsletter
- Listing on the APS Facility Directory and/or the Public Listing of Members to list their private practice
- Access to PhD scholarships, Clinical Research Grants, Travel Grants, Clinical Attachment Grants
- Access to Special Interest Groups

Non-member registrants automatically become Provisional Affiliate APS Members. This membership type only includes:

- Receive the APS newsletter by email from after the ASM to the end of the same calendar year

More reasons to join us in 2018

I have been attending these conferences for 15 years, they are indeed the highlight of my working year. It is the premier forum for pain management and nothing equals it. I always come away with great motivation and knowledge to share with colleagues at a local level.

I always love catching up with old friends and colleague's year after year. We truly are a multidisciplinary society and it's great to see us all working towards a common goal.

Professionally run (as always), with excellent stimulating presentations and fantastic social activities. It was an excellent conference with memorable highlights.

- Quotes from APS 2017 Conference Attendees

Should you have queries, please contact the

[Conference Secretariat.](#)

We look forward to welcoming you to Sydney!



Australian Pain Society 38th and
New Zealand Pain Society
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International Convention Centre Sydney
8 - 11 April 2018

LATE BREAKING ABSTRACTS

Did you miss your chance to submit your abstract for inclusion at APS NZPS 2018 in Sydney?

Finalised your research only after the original abstract deadline?

If yes, don't despair!

New to the program, this late breaking research call is your last opportunity to submit an abstract for the 2018 conference!

Take up this opportunity and have your work featured as a poster presentation at the only multidisciplinary conference in Australia and New Zealand offering insights into the complex nature of pain management from a variety of medical, nursing and allied health perspectives.

Come and see [nationally](#) and [internationally](#) renowned experts speak about new advances in pain and its management.

Experience one of more than [20 clinical and research topical symposia](#) spanning basic science to imaging to clinical practice and policy.

Attend the (NEW!) [Trainee Session](#) to receive practical tips about building your career in pain research.

Be a part of the future of pain science and management!

Abstracts can be submitted between

Monday 29 January - Friday 8 February 2018.

All accepted authors must register for the conference by the

early bird deadline of **Friday 23 February 2018.**

For further information please visit the [conference website](#).



Australian Pain Society 38th and
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TRAINEE SESSION

Practical tips for building your career in pain research - From basic science to the clinician researcher

New in 2018, this inaugural trainee session will focus on research career-development for junior researchers and clinicians wanting to understand how to build on their research strengths to establish their research careers. Topics of discussion include publishing, getting project and fellowship funding, and doing research with impact.

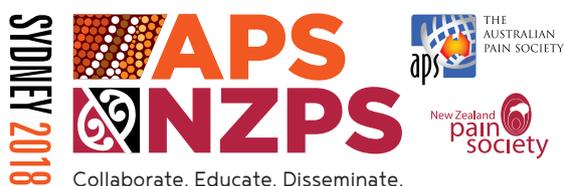
The one hour workshop will include International Keynote Professor Liesbet Goubert, plus national speakers, will be facilitated by the first two APS rising stars, Tasha Stanton and Melita Giummarra, and will include established mid-career and senior researchers who will share their own experiences. There will be plenty of time for discussion over a drink!

Date: Monday 9 April 2018

Time: 5.15 pm - 6.15 pm

Cost: \$10/pp, includes a drink on arrival.

Register for this exciting new session today [here!](#)



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International Convention Centre Sydney | 8-11 April 2018

Join us online - #anzpain18

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www.dconferences.com.au/apsnzps2018

Early Bird
Registration Deadline
23 February 2018

Register Today





You're invited to attend the
ACUTE PAIN PRE-CONFERENCE WORKSHOP

Kick start your journey at the APS/NZPS Conjoint Scientific Meeting by attending the Acute Pain Day Pre-Conference Workshop. The workshop promises to address recent advances and controversies in Acute Pain Management. The programme is suitable for the occasional pain specialist, regular APS consultants and nurses. The workshop is split into two half day programs. Join us for the morning, afternoon or both.

When: Sunday 8 April 2018, 8.45am – 5.00pm

Where: International Convention Centre, Sydney

More information: [http://www.dconferences.com.au/apsnzps2018/Pre-Conference Workshops](http://www.dconferences.com.au/apsnzps2018/Pre-Conference_Workshops)



You're invited to attend the
PAIN IN CHILDHOOD PRE-CONFERENCE WORKSHOP

Excellence in Communication and Education

Covering varied topics of practical and pragmatic relevance to the practice of paediatric pain medicine.

It will involve discussion groups and be relevant to the whole of the multidisciplinary team looking after the child with pain.

When: Sunday 8 April 2018, 8.30am – 5.00pm

Where: International Convention Centre, Sydney

More information: [http://www.dconferences.com.au/apsnzps2018/Pre-Conference Workshops](http://www.dconferences.com.au/apsnzps2018/Pre-Conference_Workshops)

SYDNEY
2018



Collaborate. Educate. Disseminate.

Basic Pain Research



AUSTRALIAN PAIN SOCIETY
SPECIAL INTEREST GROUP

You're invited to attend the

BASIC PAIN RESEARCH PRE-CONFERENCE WORKSHOP

The workshop will aim to present current basic pain research in Australia and provide evidence of its importance for our understanding of mechanism underlying nociception.

Audience: Researchers, health professionals including students with interest in basic pain mechanisms and current research.

When: Sunday 8 April 2018, 8.30am – 12.30pm

Where: International Convention Centre, Sydney

More information: http://www.dconferences.com.au/apsnzps2018/Pre-Conference_Workshops

SYDNEY
2018



Collaborate. Educate. Disseminate.

You're invited to attend the

FUNDAMENTALS OF PAIN PRE-CONFERENCE WORKSHOP

Fundamentals of Pain is a half day workshop exploring current perspectives on the physiology of acute and persistent pain, including psychological aspects, the clinical approach to assessment, and treatment options. Whilst developed for a GP audience, this workshop is pertinent to the interdisciplinary practitioner or early career clinician. Using lecture presentations on physiology, pharmacology and psychological aspects of pain, case studies and open discussion/forum, the fundamentals of contemporary pain management will be covered in a stimulating, open and audience centred manner.

When: Sunday 8 April 2018, 8.30am – 12.30pm

Where: International Convention Centre, Sydney

More information: http://www.dconferences.com.au/apsnzps2018/Pre-Conference_Workshops



**You're invited to attend the
PAIN TOOLKIT - RUN BY PETE MOORE**

The Pain Toolkit originated back in 2002 when Pete Moore was writing a self-management article for pain health care professionals. Living with pain himself, Pete recognised while writing his article, that he had developed a toolkit of pain management skills to enable himself to become an active self-manager and to lead a better life.

When: Sunday 8 April 2018, 8.30am – 12.30pm

Where: International Convention Centre, Sydney

More information: http://www.dconferences.com.au/apsnzps2018/Pre-Conference_Workshops



**You're invited to attend the
PHYSIOTHERAPY IN PAIN MANAGEMENT
PRE-CONFERENCE WORKSHOP**

This year's workshop has at its central theme the most topical issue of the use of guidelines and protocols by clinicians. This relates to appropriateness of both assessment and treatment of various pain conditions. This workshop is designed for any Physiotherapist who works with people in pain.

When: Sunday 8 April 2018, 1.30pm – 5.00pm

Where: International Convention Centre, Sydney

More information: http://www.dconferences.com.au/apsnzps2018/Pre-Conference_Workshops

**You're invited to attend the
PHARMACOLOGY IN PAIN MANAGEMENT
PRE-CONFERENCE WORKSHOP**

The pharmacological management of pain is increasingly becoming a worldwide challenge. International experts are involved in intensive research to address concerns with regard to treatment.

The aim of the Pharmacology in Pain Management half-day workshop is to make a significant contribution to the optimisation of pain treatment by bringing experts together to discuss the latest scientific findings within the pain management clinical pharmacology field. Scientific, regulatory or strategy issues that are highly relevant to the optimisation of acute and chronic pain treatment will also be exchanged and discussed.

This workshop will consist of invited lectures, abstract presentations and roundtable discussions.

Time will be allocated to questions, answers and discussion in order to set up an intimate interactive workshop.

Topics will include:

- Update on ketamine use for management of chronic pain
- Update on clinical trials for new drugs for pain management
- Pharmacological pain management in the elderly population
- Drug-drug and drug-disease interactions
- New chronic pain drug development tools
- Clinical case studies in palliative care and chronic non-cancer pain

The target audience for this workshop is clinical pharmacologists, pharmacists, industry researchers, pain specialists, paediatricians, clinical nurse consultants, government representatives and other experts with an interest in clinical pharmacology.

When: Sunday 8 April 2018, 1.30pm – 5.00pm

Where: International Convention Centre, Sydney

More information: http://www.dccconferences.com.au/apsnzps2018/Pre-Conference_Workshops



NEW TO THE PSYCHOLOGY DISCIPLINE SUB GROUP MEETING IN 2018

As psychologists committed to the delivery of high quality psychological services to people affected by chronic pain, we have a wealth of knowledge and expertise that could be useful to the many emerging pain services who are keen to integrate psychological interventions into their offerings.

At this year's Annual Scientific Meeting, the [Psychology Discipline Sub Group meeting](#) will have a special emphasis on how we might support the effective development of the role of psychologists in pain services, and how to support services keen to recruit psychologists to ensure that this is done effectively.

This might include what essential selection criteria to consider and how to support the development of psychologists joining a team, many of whom may not have previously worked in chronic pain before. We are also hoping to give some consideration to how to best influence the relevant professional bodies to promote the role of psychologists in chronic pain services, including in relation to pre-registration training and workforce planning.

Join us for what we hope will be a fascinating discussion, and an opportunity to have your say, at a pivotal time in the development of psychology in chronic pain.

SCHOLARSHIP FEATURE

Current Scholars

PhD Scholarship Sponsor	Seqirus #1-APS-APRA
Scholar	Sherelle Casey
Topic	<i>"Cannabinoids for neuropathic pain"</i>
Clinical Research Grant	Cops for Kids #1-APS-APRA
Scholar	Dr Adrienne Harvey
Topic	<i>"A pilot study of gabapentin for managing pain in children with dystonic cerebral palsy"</i>

Past Scholars

PhD Scholarship Sponsor	APS #1-APRA
Scholar	Samantha South
Completed	1999
Topic	<i>"Antinociceptive pharmacology of morphine and its major glucuronide metabolites"</i>
PhD Scholarship Sponsor	CSL #1-APS-APRA
Scholar	Lara Winter
Completed	2004
Topic	<i>"Antinociceptive properties of the neurosteroid alphadolone"</i>
PhD Scholarship Sponsor	CSL #2-APS-APRA
Scholar	Anne Pitcher
Completed	2006
Topic	<i>"Conditional comfort: A grounded theory study in nursing approaches to acknowledging and responding to pain in nursing home residents with dementia"</i>
PhD Scholarship Sponsor	Mundipharma #1-APS-APRA
Scholar	Kathryn Nicholson Perry
Completed	2007
Topic	<i>"Pain Management Programmes in Spinal Cord Injury: Cognitive Behavioural Pain Management Programmes in the Management of Sub-acute and Chronic Spinal Cord Injury Pain"</i>
PhD Scholarship Sponsor	APS #2-APRA
Scholar	Debbie Tsui
Completed	2008
Topic	<i>"Preclinical studies in painful diabetic neuropathy"</i>
PhD Scholarship Sponsor	Mundipharma #2-APS-APRA
Scholar	Zoe Brett
Completed	2011
Topic	<i>"Individual differences in vulnerability to the development of chronic pain following injury"</i>

SCHOLARSHIP FEATURE

Past Scholars

PhD Scholarship Sponsor Scholar Completed Topic	APS #3-APRA Susan Slatyer 2013 <i>"Caring for patients experiencing episodes of severe pain in an acute care hospital: Nurses' perspective"</i>
PhD Scholarship Sponsor Scholar Completed Topic	APS #4-APRA Amelia Edington 2013 <i>"Defining inhibitor binding sites unique to the glycine transporter, GLYT2: A potential target for the treatment of chronic pain"</i>
PhD Scholarship Sponsor Scholar Completed Topic	Janssen Cilag #1-APS-APRA Mary Roberts Due 2017 <i>"An investigation of the role of sleep in chronic pain"</i>
PhD Scholarship Sponsor Scholar Completed Topic	Mundipharma #3-APS-APRA Audrey Wang 2017 <i>"The cortical integration of tactile sensation in complex regional pain syndrome"</i>
PhD Scholarship Sponsor Scholar Completed Topic	Janssen Cilag #2-APS-APRA Sarah Kisiwaa 2017 <i>"Pain induced synaptic plasticity in the amygdala"</i>
PhD Scholarship Sponsor Scholar Completed Topic	APS #5-APRA James Kang Due 2018 <i>"Epigenetic influence in cognitive impairments in chronic neuropathic pain"</i>

APS/APRA/MUNDIPHARMA #3 PHD SCHOLAR GRADUATION

Congratulations to Audrey Wang, the APS/APRA/Mundipharma #3 scholar who has recently been awarded her Doctor of Philosophy (PhD).

This is an outstanding achievement for Dr Wang and the culmination of significant effort and dedication on her part.

Audrey's research topic was "The cortical integration of tactile sensation in complex regional pain syndrome" and she studied under the supervision of Prof Caroline 'Lindy' Rae, A/Prof James McAuley, Prof Lorimer Moseley and Dr Mark Schira at Neuroscience Research Australia (NeuRA).

The APS has proudly partnered with the Australian Pain Relief Association (APRA) and industry sponsors to support our flagship PhD program since 1995. Our support extends to giving our PhD candidates the opportunity to present at our Annual Scientific Meetings, which proves to be a valuable experience. We are delighted that Audrey will present her research in Plenary Session 3 on Tuesday 10 April 2018 at our Annual Scientific Meeting in Sydney.

We are grateful for Mundipharma's unrestricted sponsorship of the well regarded APS/APRA PhD Scholarship program and delighted to acknowledge the successful completion of Dr Wang's research, made possible by the APS/APRA/Mundipharma #3 PhD Scholarship.



Dr Audrey Wang with supervisor Prof Lindy Rae

Australian Research Council Discovery Indigenous Grants Applications close 28 March 2018

The [Discovery Indigenous scheme](#) provides funding to Administering Organisations to support research programs led by an Indigenous Australian researcher and build research capacity of higher degree research and early career researchers.

The objectives of the Discovery Indigenous scheme are to:

- support excellent basic and applied research and research training by Indigenous Australian researchers as individuals and as teams
- develop the research expertise of Indigenous Australian researchers
- support and retain established Indigenous Australian researchers in Australian higher education institutions
- expand Australia's knowledge base and research capability

A Proposal must nominate at least one CI or DAATSIA; the first-named CI or DAATSIA must be an Indigenous Australian researcher and will be the Project Leader.

Please refer to the relevant section of the Funding Rules for specific Eligibility requirements. The scheme specific [Instructions to Applicants](#) are available on the ARC website also contain important information for Research Office staff and individual participants preparing proposals.

Applications close 28MAR18.

Contact details for further information:

E: ARC-NCGP@arc.gov.au

W: <http://www.arc.gov.au/>



THE
AUSTRALIAN
PAIN SOCIETY

AUSTRALIA DAY HONOURS 2018

We are delighted to congratulate the following APS members who have been awarded a Member of the Order of Australia (AM):



Professor Fiona BLYTH AM

For significant service to medical research and education in the field of public health, pain management and ageing, and to health policy reform.

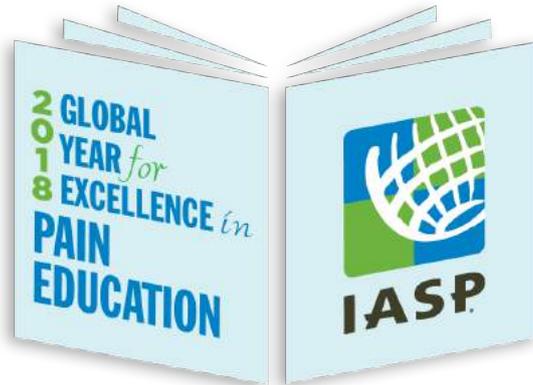


Professor Barbara WORKMAN AM

For significant service to geriatric and rehabilitation medicine, as a clinician and academic, and to the provision of aged care services.

We also acknowledge Mr Geoffrey Churack AM for his philanthropic contribution to establish the Chair of Chronic Pain Education and Research at the University of Notre Dame, Fremantle, WA.

2018 Global Year for Excellence in Pain Education



The 2018 Global Year for Excellence in Pain Education has been officially launched by the [International Association for the Study of Pain \(IASP\)](#).

To [download a copy of the locally produced poster](#) and to access the IASP Fact Sheets, visit the [Global Year page of the APS website](#).

Along with our regular collaborators:

- [New Zealand Pain Society](#)
- [Faculty of Pain Medicine, ANZCA](#)
- [Painaustralia](#)

we encourage you to help raise awareness of this important topic.

A limited number of A3 posters have been printed and are available upon request.

If you conduct an event to raise awareness of Excellence in Pain Education, please send us a report and photos to share with your fellow members.

2018 Global Year for Excellence in Pain Education

For further information:

New Zealand Pain Society www.nzps.org.nz

Australian Pain Society www.apsoc.org.au

Faculty of Pain Medicine

Australian and New Zealand College of Anaesthetists

www.fpm.anzca.edu.au

Painaustralia www.painaustralia.org.au

International Association for the Study of Pain (IASP) www.iasp-pain.org



FPM Better Pain Management modules

Special 20% discount for APS members

The Better Pain Management program comprises of 12 online education modules, each designed to be completed in one hour, which can be purchased individually, or as a course. The program, developed by the Faculty of Pain Medicine has been designed for specialist and general medical practitioners, medical students, nurses and allied health practitioners engaged in the care of patients with persistent pain.

Each interactive learning module is designed to provide additional insights into pain management and approaches. The modules have been developed with clearly defined learning objectives and have used illustrations and animations to make them engaging. They are case study based, interactive, and include questionnaires to ensure effective comprehension and completion of each unit, including case-based scenarios as well as video case presentations. Each module is designed as a one hour activity that can be completed at a participant's own pace and all participants receive a Certificate of Completion at the end of training.

APS members can purchase modules in the program at 20% off the list price using the exclusive links in the Member's section.

APS members now have real flexibility to purchase individual modules or put together a self-directed learning program consisting of a group of modules that specifically meets their needs. Designed by world leaders in pain medicine, this program is designed to help APS members who care for patients with persistent pain, engage in ongoing, continuous professional learning.

To access the 20% discount for single modules or to put together your own self-directed learning program, please [login to the Members Area](#) of the APS website.

The FPM has also discounted various courses (packages of modules). If you choose to buy a course of modules, please go directly to the [Better Pain Management](#) website.

BETTER PAIN MANAGEMENT

Pain education for professionals

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www.betterpainmanagement.com.au





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SYDNEY

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RESEARCH
INSTITUTE**

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SHORE HOSPITAL

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Graduate Certificate, Graduate Diploma and Masters

Endorsed by the International Society for the Study of Pain (IASP), this leading degree program provides advanced evidence-based and clinically relevant education in pain management for graduates in medicine, dentistry, nursing, physiotherapy, psychology and other allied health disciplines.

The program has been developed and is taught by Sydney Medical School's Pain Management Research Institute (PMRI), based at Royal North Shore Hospital and the The University of Sydney's Kolling Institute.

The program is conducted entirely online and commences in March or August each year, with enrolments closing either late January or late June.



For dates & further information visit:
sydney.edu.au/medicine/pmr/education

T: +61 2 9463 1516
E: paineducation@sydney.edu.au



Australia's National Institute for Aboriginal and Torres Strait Islander Health Research



6th Annual NHMRC Symposium on Research Translation co-hosted by the Lowitja Institute and NHMRC

The Butterfly Effect: Translating Knowledge into Action for Positive Change
14-15 November 2017, Brisbane

'Translation of Knowledge, Jyi Lawton 2017, Yimbanda'



Event details:

6TH ANNUAL NHMRC SYMPOSIUM ON RESEARCH TRANSLATION CO-HOSTED WITH THE LOWITJA INSTITUTE 14-15 NOVEMBER 2017 IN BRISBANE, QLD, AUSTRALIA

Under the theme The Butterfly Effect: Translating Knowledge into Action for Positive Change, the Symposium aimed to focus on the actions needed to improve the health and wellbeing of Australia's First Peoples through effective translation of health, wellbeing, and medical research into policy and practice. It was also a forum to share knowledge of what successful Indigenous research looks like at a community level and what the key elements of success are.

The program included presentations from Prof Anne Kelso - CEO of the NHMRC; Mr Romlie Mokak - CEO of the Lowitja Institute; Prof. Ian Anderson - Deputy Secretary for Indigenous Affairs, Department of the Prime Minister and Cabinet; Ken Wyatt - Minister for Aged Care and Minister for Indigenous Health; Dr Carrie Bourassa - Scientific Director of the Institute of Aboriginal Peoples' Health within the Canadian Institutes of Health Research; and Professor Emeritus Sir Mason Harold Durie – Massey University New Zealand. Breakout sessions examined *Health System Transformation, Using research to improve health systems, Strengthening capacity in Indigenous leadership, Transforming chronic disease management, Evidence-based approaches to drugs and alcohol, Strong mothers, strong families, Strength and resilience, Community activation and ownership, and Children are the future.*

Links to the abstracts can be found at <http://www.nhmrc2017.com/program.php>.

Panel discussions centred on *Dimensions of leadership* and *Achieving a shared vision for the future* as Indigenous and non-Indigenous researchers came together from around the globe to formulate ways of using research excellence to improve health outcomes for Indigenous peoples. Very clear messages emphasised:

- The need for research to be generated in response to community-identified issues rather than being imposed on communities
- The desire that Indigenous researchers ideally design and lead the research
- That the participants have ownership of their data and determine how it is used
- That the study results must be relayed back to the community in ways that are readily understandable
- That the community benefits from the research.

We attended the symposium as non-Indigenous clinician/researchers with a desire to see improvements for Indigenous children and adults in:

- The recognition of persistent and complex pain
- Access to effective persistent and complex pain management by multidisciplinary teams
- The delivery of culturally appropriate care
- The use of culturally approved and validated tools to measure pain and its impacts
- Understanding what is needed for Indigenous wellbeing when persistent and complex pain is present

EVENT REVIEW

Efforts in Indigenous healthcare research are currently centred on responding to increasing rates of chronic diseases and preventable injuries/deaths amongst Indigenous Peoples. While persistent pain was not highlighted as an issue in any session, it is a well-known consequence of many illnesses and injuries. As such, it is likely to be as prevalent amongst Indigenous people as non-Indigenous people, if not more so, given its association with chronic diseases, physical and psychological trauma.

As members of the Scientific and Clinical Advisory Committee of the electronic Persistent Pain Outcomes Collaboration (ePPOC for adults and PAEDePPOC for children and youth) of Australia and New Zealand, we have the opportunity to advocate for Indigenous people living with persistent pain. Our understanding of the responsibility that comes with this role is heightened following our attendance at the symposium.

The challenge for us comes in identifying Indigenous researchers to co-lead and conduct research into this very sensitive area of health and wellbeing, particularly amongst children and youth. Our starting point is to examine the differences in the pain experience and treatment outcomes of the ePPOC and PAEDePPOC cohort, when analysed by Indigenous status rather than by facility. If approved by the Aboriginal Health and Medical Research Council (AHMRC), this report will importantly provide Indigenous Peoples' self-report data about their experiences of persistent pain and pain services and, together with broader Indigenous community consultation, will highlight priorities for improvement.

The symposium organisers asked delegates and speakers to make comments on the NHMRC Road Map 3: A strategic framework for improving Aboriginal and Torres Strait Islander health through research (<https://www.nhmrc.gov.au/health-topics/indigenous-health/draft-road-map-3-public-consultation>). Road Map 3 currently identifies research priorities that are focused on:

- The health system and the social and cultural determinants of health for Aboriginal and Torres Strait Islander peoples and communities
- Areas where there is a significant burden of disease and/or the **highest differential quality of life*** in Aboriginal and Torres Strait Islander communities [*Author emphasis]
- Specific diseases that are almost exclusive to Aboriginal and Torres Strait Islander people and/or personalised approaches to healthcare

As paediatric complex pain clinicians in a service with 23% Indigenous patients, it was exciting to hear from the lead author of The Lancet paper *Health and wellbeing of Indigenous adolescents in Australia: a systematic synthesis of population data* [Available online 13th November, 2017, [https://doi.org/10.1016/S0140-6736\(17\)32141-4](https://doi.org/10.1016/S0140-6736(17)32141-4)] – Dr Peter Azzopardi. This report provides excellent population-based data for an age-group that is under-reported in Australia (see journal article review in next edition).

For more information on the Lowitja Institute we encourage readers to watch <http://www.lowitja.org.au/lowitja-video> and to visit the website <http://www.lowitja.org.au/about-us> for a wealth of contacts and resources.

RECENT PUBLICATION

Thank you to APS member Marc Russo and colleagues Danielle Santarelli and Dean O'Rourke for sharing the following recent publication:

THE PHYSIOLOGICAL EFFECTS OF SLOW BREATHING IN THE HEALTHY HUMAN

Russo, M.A., Santarelli, D.M. and O'Rourke, D.

Article first published online: 30 November 2017

Breathe 2017 13:298-309

DOI: 10.1183/20734735.009817

Link: <http://breathe.ersjournals.com/content/13/4/298>

ABSTRACT:

Introduction

Slow breathing practices have been adopted in the modern world across the globe due to their claimed health benefits. This has piqued the interest of researchers and clinicians who have initiated investigations into the physiological (and psychological) effects of slow breathing techniques and attempted to uncover the underlying mechanisms. The aim of this article is to provide a comprehensive overview of normal respiratory physiology and the documented physiological effects of slow breathing techniques according to research in healthy humans.

Methods

The review focuses on the physiological implications to the respiratory, cardiovascular, cardiorespiratory and autonomic nervous systems, with particular focus on diaphragm activity, ventilation efficiency, haemodynamics, heart rate

variability, cardiorespiratory coupling, respiratory sinus arrhythmia and sympathovagal balance.

Results

Key findings include effects on respiratory muscle activity, ventilation efficiency, chemoreflex and baroreflex sensitivity, heart rate variability, blood flow dynamics, respiratory sinus arrhythmia, cardiorespiratory coupling, and sympathovagal balance.

Conclusions

There appears to be potential for use of controlled slow breathing techniques as a means of optimising physiological parameters that appear to be associated with health and longevity, and that may extend to disease states; however, there is a dire need for further research into the area.

Declaration

The authors have nothing to declare

RECENT PUBLICATION

Thank you to APS member Erin Brown and colleagues Alexandra De Young, Roy Kimble and Justin Kenardy for sharing the following recent publication:

REVIEW OF A PARENT'S INFLUENCE ON PEDIATRIC PROCEDURAL DISTRESS AND RECOVERY

Brown, E.A., De Young, A., Kimble, R. and Kenardy, J

Article first published online: 13 January 2018
Clinical Child and Family Psychology Review (2018)

DOI: 10.1007/s10567-017-0252-3

Link: <http://rdcu.be/EEENd>

ABSTRACT:

Introduction

Understanding how parents influence their child's medical procedures can inform future work to reduce paediatric procedural distress and improve recovery outcomes. Following a paediatric injury or illness diagnosis, the associated medical procedures can be potentially traumatic events that are often painful and distressing and can lead to the child experiencing long-term physical and psychological problems. Children under 6 years old are particularly at risk of illness or injury, yet their pain-related distress during medical procedures is often difficult to manage because of their young developmental level. Parents can also experience ongoing psychological distress following a child's injury or illness diagnosis.

Methods

The parent and parenting behaviour is one of many risk factors for increased paediatric procedural distress. The impact of parents on paediatric procedural distress is an important yet

not well-understood phenomenon.

Results

There is some evidence to indicate parents influence their child through their own psychological distress and through parenting behaviour.

Conclusions

This paper has three purposes: (1) review current empirical research on parent-related risk factors for distressing paediatric medical procedures, and longer-term recovery outcomes; (2) consider and develop existing theories to present a new model for understanding the parent-child distress relationship during medical procedures; and (3) review and make recommendations regarding current assessment tools and developing parenting behaviour interventions for reducing paediatric procedural distress.

Declaration

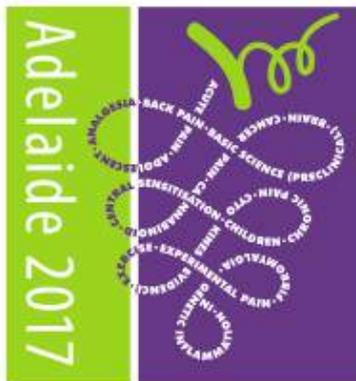
The authors have nothing to declare.

HAVE YOU HAD AN ARTICLE ACCEPTED FOR PUBLICATION THIS YEAR?

Reminder that we are keen that members inform us when they have publications so that this can be shared with your APS colleagues. Please send the newsletter editor (via the APS Secretariat, aps@apsoc.org.au) the title, authors and reference (i.e. the journal, volume etc.) of the article, preferably with a short explanatory note to give our readers the gist of the article, e.g. the conclusions part of the abstract; if you would like to supply a short commentary on the article, even better.

Christin Bird, Assistant Editor

EXPANDING HORIZONS



Australian Pain Society

37th Annual Scientific Meeting

9 - 12 April 2017

Adelaide Convention Centre

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please use the [EverTechnology online order form](#).

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SUBMISSIONS TO THE NEWSLETTER

We welcome submissions, whether brief or extended, about matters of interest to our readers - for example, reports of educational activities or articles about basic science or clinical research. Please allow time for modifications to be made to optimise a submission's suitability for publication. As we release monthly in advance, submissions received by the 15th of each month will be reviewed for publication in the newsletter of the following month.

Stephanie Davies, Editor



AusACPDM 2018

Empowerment and Partnership
21-24 March 2018 | The Langham | Auckland NZ



AusACPDM

Australasian Academy of Cerebral Palsy
and Developmental Medicine

www.ausacpdm.org.au



**SAVE
THE DATE**

NSANZ is pleased to announce its 2018 keynote speakers –
Professor Julie Pilitsis, neurosurgeon from the University of
Massachusetts, USA and **Professor Frank Huygen**, anaesthesiologist
from the University Hospital Rotterdam, the Netherlands.

www.dconferences.com.au/nsanz2018

nsanz

Neuromodulation Society
of Australia and
New Zealand

A chapter of the International Neuromodulation Society **ins**

**13th Annual
Scientific Meeting
7 – 8 April 2018**

International Convention
Centre, Sydney

Expressions of interest online at www.dconferences.com.au/nsanz2018

For sponsorship, exhibition or more information contact the NSANZ Conference Secretariat

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KEY DATES

Poster submission opens	1 September 2017
Poster submission deadline	27 October 2017
Registration opens	1 November 2017
Early Bird deadline	23 February 2018

**SYDNEY
2018**

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2018 Australian Pain Society 38th and
New Zealand Pain Society Conjoint Annual Scientific Meeting

International Convention Centre Sydney | 8-11 April 2018

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Early Bird
Registration Deadline
23 February 2018

Register Today



Pain
The dark side of the mind

FPM Refresher Course Day
and Annual Dinner
International Convention
Centre, Sydney
Sunday May 6, 2018

Register now!

FPM
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National Dementia Conference 2018

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MAY

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www.informa.com.au/dementiaconference18

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WORLD CONGRESS ON PAIN 2018 BOSTON IASP

See You in Boston!
September 12-16, 2018

NEW!

- **Indigenous Resources**
New webpage on the APS website aggregating Indigenous resources: <https://www.apsoc.org.au/Indigenous-Resources>
- **2018 Global Year for Excellence in Pain Education**
Launched 22JAN18
See information and resources on our website: <http://www.apsoc.org.au/global-year-against-pain>
- **NSW Cannabis Medicines Advisory Service (CMAS)**
Launched 29JAN18
Fact Sheet on our website: https://www.apsoc.org.au/PDF/Fact_Sheets/20180129_NSW-CannabisMedicinesAdvisoryService-CMAS_Fact_Sheet_FINAL.PDF
Service available 9am-5pm Monday-Friday
Hotline: (02) 4923 6200 or email: HNEL-HD-CMAS@hnehealth.nsw.gov.au

OTHER ITEMS OF INTEREST FOR OUR MEMBERS

- **PainAustralia eNewsletter** latest issue, available online at <http://www.painaustralia.org.au/media-news/e-news.html>
- **ePPOC: electronic Persistent Pain Outcomes Collaboration**
For more information about ePPOC, refer to the website: <http://ahsri.uow.edu.au/eppoc/index.html>
- **PainHEALTH website**
<http://painhealth.csse.uwa.edu.au/>
- **Pain Series**
An excellent series of articles run late 2015 by The Conversation: <https://theconversation.com.au/topics/pain-series>
- **ANZCA/FPM Free Opioid Calculator App**
Smart phone app that converts opiates to milligrams of morphine, available for both iPhone and Android: <http://fpm.anzca.edu.au/Front-page-news/Free-Opioid-Calculator-App>
- **Stanford University**
CHOIR Collaborative Health Outcomes Information Registry: <https://choir.stanford.edu/>
- **Global Year for Excellence in Pain Education**
See information and resources on our website: <http://www.apsoc.org.au/global-year-against-pain>
- **Opioid Podcasts for GPs**
20 week series from the Hunter Postgraduate Medical Institute: <http://www.gptraining.com.au/recent-podcasts>
- **Airing Pain**
Pain resources via an online radio show produced by Pain Concern, a UK registered Charity: <http://painconcern.org.uk/airing-pain/>
- **National Strategic Framework for Chronic Conditions**
Final report released 22MAY17: <http://www.health.gov.au/internet/main/publishing.nsf/Content/nsfcc>
- **Podcast: Pain Science and Sensibility Episode 24: Trigger Points, the “Third Space”, and the Merit of Pain Theories with Dr Milton Cohen**
Recorded on 01JUN17: <http://ptpodcast.com/pain-science-and-sensibility-episode-24-trigger-points-the-third-space-and-the-merit-of-pain-theories-with-dr-milton-cohen/>
- **ABC TV “Ask the Doctor”, Series 1, episode 5: Pain**
Broadcast 13JUN17, available until 02SEP20: <http://iview.abc.net.au/programs/ask-the-doctor/DO1625V005S00>
- **ABC Lateline: Australians’ addiction to prescription opioids soaring**
Broadcast 23JUN17: <http://www.abc.net.au/lateline/content/2016/s4690991.htm>
- **Digital Health Guide**
Developed by Primary Health Network Tasmania: <https://digitalhealthguide.com.au/Account/LogOn?ReturnUrl=%2fSpecialtyFormulary%2f2>
At login, Username: connectingcare, Password: health

- **ABC Radio Nightlife: Living with Chronic Pain** Interview with Dr Chris Hayes, broadcast 18SEP17: <http://www.abc.net.au/radio/programs/nightlife/pain/8958330?platform=hootsuite>
- **2017 Australia's Health Tracker by Socio-economic status** Released 28NOV17: <https://goo.gl/ChoJcY>

HEALTH CARE HOMES

- **Health Care Home resources:** <http://www.health.gov.au/internet/main/publishing.nsf/Content/health-care-homes#one>
- **Update 10MAY17:** <http://healthcarehomes.cmail19.com/t/ViewEmail/r/7237191369B-01B262540EF23F30FEDED/1FA9272E4DDC-2B64A29558A201773426>

AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE (ACSQHC) RESOURCES:

- **The Second Australian Atlas of Healthcare Variation 2017, released 07JUN17:** <https://www.safetyandquality.gov.au/atlas/atlas-2017/>
- **Online interactive Second Australian Atlas of Healthcare Variation 2017, released 07JUN17:** <http://acsqhc.maps.arcgis.com/apps/MapAndAppGallery/index.html?appid=fd3b04ebeb3934733b7ecb8514166c08f>
- **Australian Atlas of Healthcare Variation released 26NOV15:** <http://www.safetyandquality.gov.au/atlas/>
- **Chapter 5: Opioid medicines: NEW LINK** <http://acsqhc.maps.arcgis.com/apps/MapJournal/index.html?appid=4d683b6e1df04a658cfd3a3fb9c46f24>
- **Online interactive Australian Atlas of Healthcare Variation released NOV16:** <http://acsqhc.maps.arcgis.com/home/index.html>

NPS MEDICINEWISE RESOURCES

- **Chronic Pain edition issued 01JUN15:** <http://www.nps.org.au/publications/health-professional/nps-news/2015/chronic-pain> and https://www.nps.org.au/medical-info/clinical-topics/news/chronic-pain?utm_medium=twitter&utm_source=17-07-24&utm_campaign=pain&utm_content=pain-week-MN#key-points
- **Choosing Wisely Australia – News & media:** <http://www.choosingwisely.org.au/news-and-media>
- **Over the counter codeine – changes to supply:** <https://www.nps.org.au/medical-info/clinical-topics/over-the-counter-codeine-changes-to-supply>
- **Medicines with codeine – what you need to know:** <https://www.nps.org.au/medical-info/consumer-info/medicines-with-codeine-what-you-need-to-know>

TGA

- **Codeine information hub:** <https://www.tga.gov.au/codeine-info-hub>
- **Guidance for the use of medicinal cannabis in the treatment of chronic non-cancer pain in Australia, v1-DEC17:** <https://www.tga.gov.au/publication/guidance-use-medicinal-cannabis-treatment-chronic-non-cancer-pain-australia>

NSW AGENCY FOR CLINICAL INNOVATION RESOURCES:

- **Our Mob: Resources for Aboriginal People:** <https://www.aci.health.nsw.gov.au/chronic-pain/our-mob>
- **A Framework for working effectively with Aboriginal people, NOV13:** <http://www.aci.health.nsw.gov.au/about-aci/cultural-respect>

- **Pain Management Network Multicultural report 2015:** http://www.apsoc.org.au/PDF/CALD_Resources/ACI_Report_multi_cultural_focus_groups_2015.pdf
- **Brainman and Pain Tool Kit translations, SEP15:** <http://www.aci.health.nsw.gov.au/chronic-pain/translated-resources>
- **Pain Management Resources:** <http://www.aci.health.nsw.gov.au/resources/pain-management>
- **Quick Steps to Manage Chronic Pain in Primary Care:** <http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/quick-steps-to-manage-chronic-pain-in-primary-care>
 - **Built into Quicksteps: “How to de-prescribe and wean opioids in general practice”:** http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/quick-steps-to-manage-chronic-pain-in-primary-care/how_to_de-prescribe_and_wean_opioids_in_general_practice
- **A list of helpful apps for consumers and clinicians now available at:** <http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/management-of-chronic-pain>

MEMBERS ONLY AREA OF APS WEBSITE:

- **APS Plenary Recordings:** As an exclusive benefit to APS members, the following Plenary videos are now available for free access:
 - 2017 conference in Adelaide
 - 2016 conference in Perth.
- **Better Pain Management online learning modules:** APS members receive a 20% discount
- **Centric Wealth Newsletters:** APS member funds are invested with Centric Wealth. Market reports are available on the Members Only Area of our website.

APS MEDIA RELEASES:

- Refer to our website for a full listing of media releases: <http://www.apsoc.org.au/Media>
- Our next conference, combined with the New Zealand Pain Society, will use the Twitter hashtag: #anzpain18

NEW MEMBERS

TITLE	FIRST NAME	LAST NAME	DISCIPLINE GROUP
Mr	Jack	Behne	Physiotherapy
A/Prof	Leanne	Bisset	Physiotherapy
Dr	Nina	Borojevic	Psychology
Mr	Graeme	Campbell	Physiotherapy
Ms	Stephanie	Carroll	Physiotherapy
Ms	Wan Man	Chan	Psychology
Mr	Xianwei	Che	Neurology
Dr	Michele	Delacretaz	Anaesthesia
Ms	Elizabeth	Evans	Nursing
Dr	Weixing	Guo	Anaesthesia
Miss	Zoe	Harper	Physiotherapy
Dr	Judith	Hunter	Physiotherapy
Miss	Nicolette	Knighton	Occupational Therapy
Dr	Gali	Lawrence	Psychology
Miss	Sharriah	McCloy	Pharmacy
Miss	Clare	McKinnon	Physiotherapy
Prof	Greg	Murray	Dentistry
Ms	Sin-Ki	Ng	Psychology
Mrs	Bernadette	Smtih	Psychology



THE
AUSTRALIAN
PAIN SOCIETY

REMINDER APS MEMBERSHIP RENEWALS 2018

Renewal notices for 2018 have been sent
by email to members.

Thank you for your continued support and membership of the APS.

Please note:

1. We understand that circumstances change, so each year we ask you to select your appropriate level of membership.
2. This system of self-reporting subscription levels was implemented in 2009 for the benefit and fairness of all members.

Before renewing online, please ensure you **review
and update your member profile.**

Payments can be made by Credit Card or Cheque.

CALENDAR OF EVENTS

5-15 Feb 2018

Pain Management Research Institute, The University of Sydney

Pain Management Multidisciplinary Workshop

Royal North Shore Hospital, St Leonards, Sydney, NSW

<http://sydney.edu.au/medicine/pmri/education/continuing/workshop.php>

2-3 Mar 2018

Centre for Pain Medicine 6th Intl Symposium Invasive Procedures in Motion 2018 & 20th Anniversary Centre for Pain Medicine

Lessons from the Past, Criticism of the Present and Vision for the Future

Swiss Paraplegic Centre, Lucerne, Switzerland

http://www.schmerz-nottwil.ch/de/pub/zsm/fortbildungkongresse/invasives_procedures_motion_18.htm

17-18 Mar 2018

Malaysian Association for the Study of Pain 6th Biennial Scientific Meeting 2018

Delivering Better Relief for Cancer Pain

National Cancer Institute, Putrajaya, Malaysia

<http://www.masp.org.my/eventsmaster.cfm?&menuid=12&action=viewevent&retrieveid=69>

19 Mar 2018

Pain Adelaide Stakeholders' Consortium

Pain Adelaide 2018

National Wine Centre, Adelaide, SA

<https://painadelaide.org/category/painadelaide/>

21-24 Mar 2018

Australasian Academy of Cerebral Palsy and Developmental Medicine (AusACPDM) 2018

Empowerment and Partners.

The Langham, Auckland, New Zealand

<https://www.ausacpdm.org.au/conference/>

24-25 Mar 2018

Pain Association of Singapore

Annual Scientific Meeting 2018

One Farrer Hotel, Singapore, Singapore

<http://www.pas-asm.com>

27-29 Mar 2018

Exercise & Sports Science Australia (ESSA)

Research to Practice 2018

Brisbane Convention and Exhibition Centre, Brisbane, QLD

<http://researchtopractice2018.com.au>

CALENDAR OF EVENTS

7-8 Apr 2018

Neuromodulation Society of Australia and New Zealand 13th Annual Scientific Meeting

Neuromodulation - Delivering on Patient Outcomes

International Convention Centre, Sydney, NSW

<http://www.dconferences.com.au/nsanz2018/>

8-11 Apr 2018

Australian Pain Society 38th and New Zealand Pain Society Conjoint Annual Scientific Meeting

Collaborate. Educate. Disseminate.

International Convention Centre, Sydney, NSW

<http://www.dconferences.com.au/apsnzps2018/>

11-12 Apr 2018

National Rural Health Alliance 6th Rural and Remote Health Scientific Symposium

Outback Infront: 20 years of rural and remote health research

Hyatt Hotel, Canberra, ACT

<http://www.ruralhealth.org.au/6rrhss/>

11-18 Apr 2018

Pain Revolution 2018

Rural Outreach and Cycling Tour

Various venues, Sydney, Wollongong, Moss Vale, Canberra, Jindabyne, Albury, NSW, ACT

<http://painrevolution.org>

6 May 2018

Faculty of Pain Medicine (FPM)

Refresher Course Day: Pain - the dark side of the mind

International Convention Centre, Sydney, NSW

<https://asm.anzca.edu.au/fpm-refresher-course-day/>

7-11 May 2018

Australian and New Zealand College of Anaesthetists (ANZCA) Annual Scientific Meeting 2018

Reflecting on what really matters

International Convention Centre, Sydney, NSW

<http://asm.anzca.edu.au>

9-12 May 2018

World Institute of Pain (WIP)

9th World Congress

Convention Centre Dublin, Dublin, Ireland

<http://wip2018.kenes.com>

CALENDAR OF EVENTS

25-26 May 2018

Occupational Therapy Australia National Private Practice Symposium 2018

Successful Strategies for Sustainable Business

Stamford Grand, Adelaide, SA

<http://www.otausevents.com.au/events/national-private-practice-symposium-2018/event-summary-aeb-11b59a0534b8b82cf3039aeb054f7.aspx>

30 May 2018

Choosing Wisely Australia

2018 National Meeting

National Convention Centre, Canberra, ACT

<http://www.choosingwisely.org.au/members/2018-choosing-wisely-australia-national-meeting>

16-17 Jun 2018

Rehabilitation Medicine Society of Australia and New Zealand (RMSANZ) Snapshots

Rehabilitation Snapshots 2018

Pullman Melbourne on the Park, Melbourne, VIC

<https://www.dccconferences.com.au/snapshots2018/>

27-29 Jun 2018

Australian & New Zealand Society for Geriatric Medicine (ANZSGM)

Cutting Edge: Optimising the Journey for Older Surgical Patients

International Convention Centre, Sydney, NSW

<http://www.anzsgmconference.org>

27-29 Jul 2018

Pharmaceutical Society of Australia - PSA18

Leading Pharmacy Innovation

TBA, Sydney, NSW

<https://www.psa.org.au/connecting-with-my-profession/major-events>

28-30 Aug 2018

Australian College of Nursing

The National Nursing Forum 2018 - Diversity and Difference

Gold Coast Convention and Exhibition Centre, Gold Coast, QLD

<https://www.acn.edu.au/nnf2018>

12-16 Sep 2018

International Association for the Study of Pain (IASP)

18th World Congress on Pain

Boston Convention and Exhibition Center, Boston, USA

<https://www.iaspworldcongressonpain.org>

CALENDAR OF EVENTS

21 Sep 2018

Pain Interest Group Nursing Issues (PIGNI) Professional Development Day

EOI

SMC Conference & Function Centre, Sydney, NSW

<https://dconferences.eventsair.com/pigni-2018/eoi/Site/Register>

6-9 Oct 2018

Australian Society of Anaesthetists National Scientific Congress 2018

Adelaide National Scientific Congress

Adelaide Convention Centre, Adelaide, SA

<http://asa2018.com.au>

11-13 Oct 2018

RACGP - GP18

General practice: The centre of health in Australia

Gold Coast Convention and Exhibition Centre, Gold Coast, QLD

<http://gp18.com.au>

25-27 Oct 2018

Australian College of Rural and Remote Medicine (ACRRM) and Rural Doctors Association of Australia (RDAA)

Rural Medicine Australia - RMA 2018

Darwin Convention Centre, Darwin, NT

<http://www.acrrm.org.au/the-college-at-work/rma>

21-24 Nov 2018

AOCPRM 6th and Rehabilitation Medicine Society of Australia and New Zealand (RMSANZ) 3rd Annual Scientific Meeting

North to South, East to West

SkyCity, Auckland, New Zealand

<http://www.aocprm2018.com/aocprm18>



THE
AUSTRALIAN
PAIN SOCIETY

*All people will have optimal access to pain prevention
and management throughout their life.*

VISION:

All people will have optimal access to pain prevention and management throughout their life.

MISSION:

The Australian Pain Society is a multidisciplinary organisation aiming to minimise pain and related suffering through advocacy and leadership in clinical practice, education and research.

AIMS:

- To promote the provision of healthcare services for pain management
- To promote equity of access to pain management services
- To actively engage with key stakeholders and contribute to their activities
- To provide a contemporary forum to discuss issues relating to pain research and treatment
- To foster and support pain-related evidence-based research
- To share and promote the expertise of all disciplines involved in the treatment of pain
- To promote and facilitate evidence-based pain related education for health professionals and the community
- To promote the development and use of standards and outcome measures in everyday clinical practice

DIRECTORS

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