

# The Australian Pain Society NEWSLETTER

Volume 37, Issue 10



## ► Editor's Note

The year 2017 is coming to an end and we have our last issue ready for you before the summer break. Welcome December and summer!

Please read the presidents report which highlights APS work throughout the year, such as representations to the TGA, an update on Aged Care guidelines and the Waiting in Pain 2 Project.

In 2018 the IASP will launch the Global Year for Excellence in Pain Education. During your time away from the daily routine you may find time to contemplate further education, whether to become an educator or improve your clinical knowledge or indeed consider further studies.

In this edition there are plenty of programs and several scholarships on offer. All courses are designed for clinicians engaged in the care of patients with persistent pain with varying levels of qualifications upon completion. There is something for everyone, whether you would like to update your knowledge or complete a formal qualification.

Or perhaps you would like to support fellow clinicians research and assist with a research project carried out by Curtin University on health care professionals' opinion on opioid consumption, overdose risk and take-home Naloxone. A big thank you to all members who responded to an international survey back in 2015, the outcomes of which have been published and the abstract is included in this edition.

If you are planning ahead for the coming year please have a look at the upcoming scientific meetings. Registrations are now open for the conjoint APS and NZPS Scientific meeting in Sydney, early bird rate ends on 23 February 2018.

At this time of the year memberships are due for renewal. Please follow the link and also view past plenary videos for free.

Have a well deserved break, a wonderful festive season and all the very best for the New Year!

Christin Bird  
Assistant Editor





We are nearing the end of another busy year and look forward to spending some time with family and friends over the Christmas and New Year period. At this time, I would like to update APS members regarding various projects and clinical advocacy through committee representation that the APS board has made on the society's behalf throughout the year. Much of this has been to continue lobbying state and federal governments for better access and funding of multidisciplinary evidence based pain management services, education and resources across the tertiary public/private, community and primary care sector.

#### **APS representation:**

##### **1. TGA Nationally Coordinated Codeine Implementation Working Group (NCCIWG)**

The Commonwealth Department of Health and the Therapeutic Goods and Administration (TGA) made the decision that over-the-counter (OTC) medicines containing codeine will become prescription-only products from 1<sup>st</sup>

February 2018. In early 2017 the TGA formed the NCCIWG working party. This committee includes representation from a broad spectrum of various healthcare professional and consumer organisations who would be affected by this decision of codeine up-scheduling and pain management issues. The primary objective of this committee is to develop a national codeine rescheduling and engagement strategy which includes communicating key messages with all stakeholders and target audience. This coordinated engagement approach includes development of resources for clinicians and consumers on the issue. Much of APS input has been to recommend strategies that can address pain prevention and its management. Along with highlighting to government the need to promote and support development of multidisciplinary evidenced based pain related resources and education for clinicians and consumers across the care continuum. These resources and information can be sourced on TGA Codeine Information Hub <https://www.tga.gov.au/codeine-info-hub>

##### **2. TGA Medicinal Cannabis Update and the Development of Clinical Guidance for use of Medicinal Cannabis products in Pain Treatment**

The Commonwealth Department of Health regulates medicinal cannabis products through the Therapeutics Administration (TGA) and the Office of Drug Control (OCD). Recent legislation came into effect October 2016 that will now allow legal cultivation, production and manufacturing of medicinal cannabis products within Australia. The Commonwealth and some state governments commissioned a multi-centre team of clinicians and scientists to review the current clinical evidence for medicinal cannabis in the following conditions: Paediatric and adult epilepsies, Multiple Sclerosis, Nausea and vomiting from chemotherapy and HIV/AIDs therapy, various types of pain and palliative care. This included systematic review of published reviews and synthesis of these findings and conclusions.

The TGA conducted clinical forums across various states within Australia throughout the year to discuss the findings of these reviews of clinical evidence for medicinal cannabis use across the range of nominated conditions and to develop clinical guidance documents for the potential use of medicinal cannabis in Australia. The APS provided multidisciplinary representation and input at many of these TGA medical cannabis forums and also into the clinical guidance documents which are likely to be published in late 2017 or early 2018 on the TGA website <https://www.tga.gov.au/access-medicinal-cannabis-products>.

### 3. Faculty of Pain Medicine (FPM) forums

The APS was also ably represented at the two recent forums conducted by the FPM:

- Medicinal Cannabis Forum held on 7<sup>th</sup> October 2017
- Procedures in Pain Medicine Forum held on 20<sup>th</sup> October 2017

We look forward to reporting on the outcomes of these meetings in the future.

### Painaustralia

The APS is working collaboratively with Painaustralia (PA) and the Faculty of Pain Medicine (FPM) around a 2018-19 Pre-Budget Submission to inform the Federal Government of the priority focus areas and the need for a high-level policy response to minimise the pain burden due to its substantial social and economic cost that includes poor quality of life, financial and social exclusion and reduced productivity. The APS considers the key focus areas for this submission to be:

1. National Pain Strategy/Plan refresh
2. Education of healthcare professionals
3. Funding of ePPOC
4. Access to telehealth services to support rural and remote areas
5. Consumer education and engagement

6. Medication safety and harm minimisation
7. Pain and workforce participation
8. Pain research

### Aged Care guidelines

There is considerable interest and activity, particularly from federal and state governments regarding improving pain management for our aging population. APS continues to consult and advocate with government on this issue through its ongoing clinical representation on various committees and working parties. Work is also progressing well regarding completion and publication in 2018 of the Australian Pain Society: Pain in Residential Aged Care Facilities Management Strategies Guidelines 2<sup>nd</sup> edition.

### Waiting in Pain Project (WIP) 2

We are nearing completion and analysis of the 2017 Waiting in Pain Project (WIP) 2. This project will allow the APS to compare and analyse the 2010 results regarding multidisciplinary staffing levels and clinical activity in Australian tertiary persistent pain services. This time we will also have data from every paediatric persistent pain service across Australia. Information from WIP 2 will also allow the APS to update the Facility Directory <https://www.apsoc.org.au/facility-directory>

### 2018 APS/APRA/Cops for Kids (CFK#2) Clinical Research Grant

Congratulations to Dr Tasha Stanton who was awarded the CFK#2 grant. Her research project is titled "Reframe the pain: Dividing attention and altering memory to reduce needle pain and distress in children".

### APS/APRA PhD Scholars

I would also like to extend congratulations to our APS Scholars on completing their PhD's:

1. Dr Sarah Kisiwaa, APS/APRA/Janssen-Cilag #2 Scholar, research topic: "Pain induced synaptic plasticity in the amygdala"

- Dr Audrey Wang, APS/APRA/ Mundipharma #3 Scholar, research topic: "An investigation of the role of the brain in recovery from CRPS, using fMRI"

We wish them well in their chosen career pathways in pain.

**Members Renewal:**

The APS currently has over 900 members from multiple health disciplines, all adding to the strength of the society.

You will have received your APS membership renewal notice which includes many [benefits of membership](#). We encourage you to renew your subscription before 1<sup>st</sup> January 2018.

**2018 Global Year for Excellence in Pain Education**

In January 2018, the IASP will launch the Global Year for Excellence in Pain Education. There will be resources and translated factsheets available via IASP and APS website on this theme in early 2018. This will create an opportunity for us all to help raise awareness around the importance of Multidisciplinary Pain Education for health professionals and consumers within our clinical

setting, local health districts and government. As we have in previous years, we are working collaboratively with our colleagues from the New Zealand Pain Society, the Faculty of Pain Medicine and PainAustralia to produce a local poster to promote this pain awareness theme.

**2018 Combined New Zealand and Australian Pain Society Scientific Conference in Sydney**

Registrations are now open for our annual conference to be held at the new Sydney International Convention Centre (ICC) in partnership with the New Zealand Pain Society 8<sup>th</sup> -11<sup>th</sup> April 2018. The theme of Collaborate, Educate and Disseminate aligns with the 2018 IASP Global Year for Excellence in Pain Education. The scientific program is very diverse with our international speakers Professor Stephen McMahon, Professor Liesbet Goubert and Dr Tonya Palermo and also our plenary speakers from across Australia and New Zealand covering various pain related topics.

Finally, on behalf of the APS board we would like to wish everyone a very safe and happy festive season and New Year. On return from our leave in 2018 we will continue our pain advocacy role on behalf of our multidisciplinary membership.



Australian Pain Society 38th and  
 New Zealand Pain Society  
 Conjoint Annual Scientific Meeting  
 International Convention Centre Sydney  
**8 - 11 April 2018**

## REGISTRATIONS NOW OPEN

Have you heard?

APS NZPS 2018 registrations are now open!

Get in early and secure your saving to attend Australia and New Zealand's only multidisciplinary conference offering insights into the complex nature of pain management from a variety of medical, nursing and allied health perspectives.

To register please [click here!](#)

**Make sure you're a current APS Member and save on your APS NZPS 2018 registration fee.**

<b>Early Bird</b> Before 23 February 2018	
Non-Member Registration Price VS <b>Becoming an APS Member</b>	\$1140 OR <b>Become a member and save up to \$280 after membership fees!</b>
<b>APS Student Member Registration Price</b>	Only \$230 Become a member and save up to \$850 after membership fees!

[Benefits of full membership](#), include, but are not limited to:

- Discounted ASM registration
- Login access to the "Members Only" area of the website - now with free recordings of past ASM plenaries
- Free advertising of Positions Vacant for up to 2 months and 2 editions of the newsletter
- Listing on the APS Facility Directory and/or the Public Listing of Members to list their private practice
- Access to PhD scholarships, Clinical Research Grants, Travel Grants, Clinical Attachment Grants
- Access to Special Interest Groups

Non-member registrants automatically become Provisional Affiliate APS Members. This membership type only includes:

- Receive the APS newsletter by email from after the ASM to the end of the same calendar year

**[Register today!](#)**

**We look forward to welcoming you to Sydney.**

**Should you have queries, please contact the [Conference Secretariat](#).**



Australian Pain Society 38th and  
New Zealand Pain Society  
Conjoint Annual Scientific Meeting  
International Convention Centre Sydney  
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## PROGRAM NOW AVAILABLE

The conference invites you to Collaborate.  
Educate. Disseminate.

Collaborate with the many professions that are involved with pain and pain management; educate alongside clinicians and researchers across many different aspects of pain management; and leave the conference enabled to make a difference in your sphere of work.

You can look forward to an extensive program including 9 pre-conference workshops, 4 international keynote speakers, 7 national speakers, 21 topical sessions and 7 social functions.

Follow the links to start planning your conference experience today.

[Program Overview](#)

[Keynote Speakers](#)

[Pre-Conference Workshops](#)

[Social Program](#)

[Discipline Sub Group Meetings](#)

[Sponsored Sessions](#)

**We look forward to welcoming you to Sydney!**



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## PRE-CONFERENCE WORKSHOP PICK'N' MIX

Just like the old-school Milk Bar, you have the option to pick 'n' mix your pre-conference workshop selection. For example, you may want to attend the Fundamentals of Pain Workshop in the morning and then head over to the Pain in Childhood afternoon session. This gives you the freedom to customise your conference experience.

**Date:** Sunday 8 April 2018

**Venue:** International Convention Centre, Sydney

**Website:** [https://www.dconferences.com.au/apsnzps2018/Pre-Conference\\_Workshops](https://www.dconferences.com.au/apsnzps2018/Pre-Conference_Workshops)

### Acute Pain

Kick start your journey at the APS/NZPS Conjoint Scientific Meeting by attending the Acute Pain Day Pre-Conference Workshop. The workshop promises to address recent advances and controversies in Acute Pain Management. The programme is suitable for the occasional pain specialist, regular APS consultants and nurses. The workshop is split into two half day programs. Join us for the morning, afternoon or both.

### Pain in Childhood

*Excellence in Communication and Education*

Covering varied topics of practical and pragmatic relevance to the practice of paediatric pain medicine.

It will involve discussion groups and be relevant to the whole of the multidisciplinary team looking after the child with pain.

### Basic Pain Research

The workshop will aim to present current basic pain research in Australia and provide evidence of its importance for our understanding of mechanisms underlying nociception.

Audience: Researchers, health professionals including students with interest in basic pain mechanisms and current research.

### Fundamentals of Pain

Fundamentals of Pain is a half day workshop exploring current perspectives on the physiology of acute and persistent pain, including psychological aspects, the clinical approach to assessment, and treatment options. Whilst developed for a GP audience, this workshop is pertinent to the interdisciplinary practitioner or early career clinician. Using lecture presentations on physiology,

pharmacology and psychological aspects of pain, case studies and open discussion/forum, the fundamentals of contemporary pain management will be covered in a stimulating, open and audience centred manner.

### **Pharmacology in Pain Management**

The pharmacological management of pain is increasingly becoming a worldwide challenge. International experts are involved in intensive research to address concerns with regard to treatment.

The aim of the Pharmacology in Pain Management half-day workshop is to make a significant contribution to the optimisation of pain treatment by bringing experts together to discuss the latest scientific findings within the pain management clinical pharmacology field. Scientific, regulatory or strategy issues that are highly relevant to the optimisation of acute and chronic pain treatment will also be exchanged and discussed.

This workshop will consist of invited lectures, abstract presentations and roundtable discussions.

Time will be allocated to questions, answers and discussion in order to set up an intimate interactive workshop.

Topics will include:

- Update on ketamine use for management of chronic pain
- Update on clinical trials for new drugs for pain management

- Pharmacological pain management in the elderly population
- Drug-drug and drug-disease interactions
- New chronic pain drug development tools
- Clinical case studies in palliative care and chronic non-cancer pain

The target audience for this workshop is clinical pharmacologists, pharmacists, industry researchers, pain specialists, paediatricians, clinical nurse consultants, government representatives and other experts with an interest in clinical pharmacology.

### **Physiotherapy in Pain Management**

This year's workshop has at its central theme the most topical issue of the use of guidelines and protocols by clinicians. This relates to appropriateness of both assessment and treatment of various pain conditions. This workshop is designed for any Physiotherapist who works with people in pain.

### **Pain Toolkit – Run by Pete Moore**

The Pain Toolkit originated back in 2002 when Pete Moore was writing a self-management article for pain health care professionals. Living with pain himself, Pete recognised while writing his article, that he had developed a toolkit of pain management skills to enable himself to become an active self-manager and to lead a better life.

[Click here for more workshop information](#)

## RECENT PUBLICATION

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Thank you to APS member Meg Pounder and colleagues John Collins, Natasha Haynes, Hannah Klingberg, Heather Nicholas and Renee Sandells for sharing the following recent publication:

### THE MANAGEMENT OF COMPLEX PAIN IN CHILDREN REFERRED TO A PAIN CLINIC AT A TERTIARY CHILDREN'S HOSPITAL IN AUSTRALIA

Collins, J., Haynes, N., Klingberg, H., Nicholas, H., Pounder, M. and Sandells, R.

**Article first published online:** 12 September 2017

*Journal of Orthopaedic & Sports Physical Therapy* 2017;47(10):806–813.

**DOI:** 10.2519/jospt.2017.7355 [Epub]

**Link:** <http://www.jospt.org/doi/full/10.2519/jospt.2017.7355>

#### ABSTRACT:

##### Synopsis

One of the key aspects of good health care for children and young people is the prevention and management of pain. The experience of persistent pain in children and adolescents not only has a major impact on physical, emotional, social, and developmental well-being, but also impacts the broader world, which includes family, school, and social networks. The multidisciplinary

pediatric pain clinic adopts a holistic approach to care through a biopsychosocial model. One outcome of an initial pediatric pain clinic review is the creation of a pain management plan that addresses the pharmacological, physical, psychological, and other domains of care. Pediatric pain clinics are improving access by embracing technology through tele-health and internet-based treatment options. Outcome measurement will guide the development of models of care in the future.

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Thank you to P Garg, N Haynes, J De Lima and J Collins for sharing the following recent publication:

### PROFILE OF CHILDREN WITH DEVELOPMENTAL DISABILITIES ATTENDING A COMPLEX PAIN CLINIC OF A CHILDREN'S HOSPITAL IN AUSTRALIA.

Garg P, Haynes N, De Lima J and Collins J

**Article first published online:** 08 August 2017

*Journal of Paediatric Child Health* 2017

**DOI:** 10.1111/jpc.13633. [Epub ahead of print]

**Link:** <https://www.ncbi.nlm.nih.gov/pubmed/28786141>

#### ABSTRACT:

##### Aim

To document the profile and management of children with developmental disabilities (DD) attending an outpatient complex pain clinic at a Children's Hospital in Sydney, Australia.

##### Methods

Children with DD from 2011 to 2014 were identified from a clinic database, and pain relevant data was collected.

##### Results

A total of 107 (19.6%) of 544 children were identified with DD, and accounted for one-third of clinic attendances. The median age was 14 years (interquartile range: 11-16) and females were slightly over-represented (62, 57.9%). About one-third of children had cerebral palsy (CP) from a variety of prenatal, natal and post-neonatal causes. The lower limb was the most common site for pain in children with CP, while back pain was more frequent in children with other disabilities. Comorbid emotional disorders

## RECENT PUBLICATION

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were significantly associated with the non-CP disabilities. Children who required more than four clinic attendances were more likely to have comorbid anxiety/depression and to be reviewed by multiple specialists.

### Conclusions

Long-term persistent pain in children with DD forms a significant cohort of children requiring

tertiary level paediatric pain services. Multisystem comorbidities and emotional disorders predict greater service utilisation. Further research into the effectiveness of multidisciplinary pain teams and interventions in this cohort of children is required.

### Declarations

None stated.

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*Thank you to N Haynes and J Collins for sharing the following recent publication:*

### COMPLEX PAIN IN YOUNG CHILDREN

*Haynes N and Collins J*

**Article first published online:** 01 November 2017

*Pain Medicine 2017*

**DOI:** 10.1093/pm/pnx258. [Epub ahead of print]

**Link:** <https://www.ncbi.nlm.nih.gov/pubmed/29099964>

### ABSTRACT:

#### Objective

Early childhood is a time of rapid development, particularly of the central nervous system, and can set a foundation for the entire life course. Complex pain in young children can impact the quality of life through limiting physical and social development, compromising psychological well-being, and disrupting sleep. The aim of this review is to identify the needs of young children who present to a tertiary-level pain service, what services they require, and their treatment outcomes. There are limited data on this vulnerable population, which may be due to small numbers represented and the complexities of pain assessment in this age group.

#### Method

A retrospective chart review recorded demographics, gender, pain location and etiology, treatment, and outcomes of 28 children younger than age eight years attending a pediatric pain clinic over a three-year period.

#### Results

All but two young children had an obvious physical pathology as an explanation for pain; this

is in contrast to studies of pain clinics servicing adolescents. A diverse range of conditions, some rare, were identified, requiring a high level of pediatric understanding of the disease process and an ability to work with primary teams with expertise in disease-modifying strategies.

### Conclusions

Young children with complex pain form a small but vulnerable group of patients whose long-term outcomes are unknown. The potential for persisting and adverse effects on the physical, social, psychological, and educational well-being of these children is large. Our findings are consistent with the small amount of available literature on young children with persisting pain. Successful management is based on identifying underlying pain mechanisms, close attention to caregiver reports and attitudes, physical therapies, and judicious use of pharmacological interventions.

### Declarations

None stated.



## Medical Use of Cannabinoids

The APS Board understands that the medical use of cannabinoids is topical and often contentious. We want to reassure our membership that the APS is actively involved in the [TGA cannabinoid](#) discussions, attending meetings and providing opinion to its review processes, particularly ensuring a multidisciplinary focus is maintained.

In the pain setting, the APS Board recommends that **'any prescription of medicinal cannabinoids for chronic non-cancer pain should be in the setting of a research project with approval from a human research ethics committee'**.

In the future, the APS Board will also review the anticipated update of the Faculty of Pain Medicine (FPM) Cannabis Position Statement.

With respect to the promotion of cannabinoids for medical use, the APS Board position is consistent with that of all other treatments/products, which is:

*The Australian Pain Society (APS) accepts requests for promotion (at its conferences, on its website or in its communications) of any products or devices which are approved by the TGA, providing such promotion is for use as approved by the TGA.*

*The promoter must note that allowing promotion of a product or device in no way constitutes endorsement by the APS of the product or device. The onus is on the promoter, and or supplier, and or any other agent involved in the sale, of the product or device to ensure that there is no explicit or implicit inference that the APS has provided endorsement of the product of the device. The APS will require full correction and financial compensation of any such inference, whether or not such inference was intended.*



## SCHOLARSHIP FEATURE

### Current Scholars

PhD Scholarship Sponsor	<b>Seqirus #1-APS-APRA</b>
Scholar	<b>Sherelle Casey</b>
Topic	<i>"Cannabinoids for neuropathic pain"</i>
Clinical Research Grant	<b>Cops for Kids #1-APS-APRA</b>
Scholar	<b>Dr Adrienne Harvey</b>
Topic	<i>"A pilot study of gabapentin for managing pain in children with dystonic cerebral palsy"</i>

### Past Scholars

PhD Scholarship Sponsor Scholar Completed Topic	<b>APS #1-APRA</b> <b>Samantha South</b> <b>1999</b> <i>"Antinociceptive pharmacology of morphine and its major glucuronide metabolites"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>CSL #1-APS-APRA</b> <b>Lara Winter</b> <b>2004</b> <i>"Antinociceptive properties of the neurosteroid alphadolone"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>CSL #2-APS-APRA</b> <b>Anne Pitcher</b> <b>2006</b> <i>"Conditional comfort: A grounded theory study in nursing approaches to acknowledging and responding to pain in nursing home residents with dementia"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>Mundipharma #1-APS-APRA</b> <b>Kathryn Nicholson Perry</b> <b>2007</b> <i>"Pain Management Programmes in Spinal Cord Injury: Cognitive Behavioural Pain Management Programmes in the Management of Sub-acute and Chronic Spinal Cord Injury Pain"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>APS #2-APRA</b> <b>Debbie Tsui</b> <b>2008</b> <i>"Preclinical studies in painful diabetic neuropathy"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>Mundipharma #2-APS-APRA</b> <b>Zoe Brett</b> <b>2011</b> <i>"Individual differences in vulnerability to the development of chronic pain following injury"</i>

## SCHOLARSHIP FEATURE

### Past Scholars

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PhD Scholarship Sponsor Scholar Completed Topic	<b>APS #3-APRA</b> <b>Susan Slatyer</b> <b>2013</b> <i>"Caring for patients experiencing episodes of severe pain in an acute care hospital: Nurses' perspective"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>APS #4-APRA</b> <b>Amelia Edington</b> <b>2013</b> <i>"Defining inhibitor binding sites unique to the glycine transporter, GLYT2: A potential target for the treatment of chronic pain"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>Janssen Cilag #1-APS-APRA</b> <b>Mary Roberts</b> <b>Due 2017</b> <i>"An investigation of the role of sleep in chronic pain"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>Mundipharma #3-APS-APRA</b> <b>Audrey Wang</b> <b>2017</b> <i>"An investigation of the role of the brain in recovery from CRPS, using fMRI"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>Janssen Cilag #2-APS-APRA</b> <b>Sarah Kissiwaa</b> <b>2017</b> <i>"Pain induced synaptic plasticity in the amygdala"</i>
PhD Scholarship Sponsor Scholar Completed Topic	<b>APS #5-APRA</b> <b>James Kang</b> <b>Due 2017</b> <i>"Epigenetic influence in cognitive impairments in chronic neuropathic pain"</i>



The APS and APRA are proud to continue our sponsorship relationship with **Cops for Kids** and to announce the APS/APRA/CFK#2 Clinical Research Grant recipient, Dr Tasha Stanton.

Dr Stanton's research project is titled: "Reframe the pain: Dividing attention and altering memory to reduce needle pain and distress in children".

We wish Tasha well and look forward to the outcomes of her study.



## Several PhD Scholarships at FRESCO@CNAP in Denmark

Frontier Research Competences @ Center for Neuroplasticity and Pain (FRESCO@CNAP)

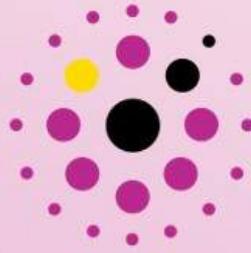
The programme FRESCO@CNAP aims to install early stage researchers (PhD fellows) in CNAP, conducting frontline research on novel tools for identifying and modulating human pain mechanisms. Several PhD Scholarships including a competitive salary, all university fees, health insurance, experimental running costs, and well-equipped office and laboratory facilities are available from February 2018. The successful applicants should investigate neuroplasticity and pain aiming on models for provocation, probing and modulation of such.

The candidate for a CNAP PhD Scholarship holds a master degree in biomedical engineering, neuroscience, psychology, pharmacology, medicine or equivalent with the prospect of pursuing studies on the human pain neuroplasticity utilizing biomedical technologies (e.g. quantitative assessment) and human pain and itch biomarkers. Translational animal studies, human experimental and clinical studies are within the scope of CNAP aiming at improving the understanding of human pain neuroplasticity. Insight into fundamental pain mechanisms and their clinical impact is an advantage, but not a requirement. A high proficiency in oral and written English is required. Good dissemination skills are important.

You may obtain further information from the CNAP Director, Professor Thomas Graven-Nielsen, DMSc, PhD: [tgn@hst.aau.dk](mailto:tgn@hst.aau.dk) or at [www.cnap.hst.aau.dk](http://www.cnap.hst.aau.dk).

Further information concerning the [PhD Scholarships](#).

Application deadline: 13 December 2017.



pain **revolution**

## local pain educator network

Passionate about improving pain outcomes in your community? Want to become a pain educator?

Expressions of Interest to become a Local Pain Educator are open until 15 December 2017.

We are offering **scholarships valued at \$9,500** to local health professionals in rural and regional communities. This includes a post graduate certificate in pain science delivered online via University of South Australia and a comprehensive Mentor Program to assist you in sharing the information with your community.

Target regions for 2018 include:

- Murray and Murrumbidgee
  - Illawarra
- Snowy Mountains

*We are all about collaboration and taking a whole community approach.*

If you are interested in knowing more or would like to receive an information pack, email:

[Angie.Clerc-Hawke@unisa.edu.au](mailto:Angie.Clerc-Hawke@unisa.edu.au)

[www.painrevolution.org](http://www.painrevolution.org)

## SURVEY RESULTS PUBLICATION

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Back in November 2015 we sent an email to our members inviting them to participate in a survey conducted by McGill University, Canada. We are proud to announce that APS members made a great contribution to the findings of this international survey and can now share the following recent publication:

### TRIAGE PROCESSES AT MULTIDISCIPLINARY CHRONIC PAIN CLINICS: AN INTERNATIONAL REVIEW OF CURRENT PROCEDURES

Pagé MG, Ziemianski D and Shir Y

**Article first published online:** 23 October 2017

*Canadian Journal of Pain*

**DOI:** 10.1080/24740527.2017.1331115

**Link:** <http://www.tandfonline.com/doi/full/10.1080/24740527.2017.1331115>

#### **ABSTRACT:**

##### **Background**

Multidisciplinary pain clinics are considered the gold standard for the treatment of chronic pain, yet access to such clinics is difficult and patients' conditions deteriorate while waiting. Instituting a triage process is one way of reducing wait time for some patients and ensuring optimal access given the limited resources available. Surprisingly, there are no established guidelines on how to optimally triage chronic pain patients at tertiary multidisciplinary pain clinics.

##### **Aims**

The goal of this study was to gather information regarding existing triage systems in multidisciplinary chronic pain clinics worldwide as an initial step toward establishing a definitive evidence-based set of triage guidelines.

##### **Methods**

A total of 66 multidisciplinary pain clinics worldwide completed an online survey detailing current triage practices at their clinic. The survey was distributed via international and national pain associations.

##### **Results**

Results showed that the vast majority of multidisciplinary pain clinics (94%) use a triage system, yet many difficulties with these systems have been identified (time requirement, administrative burden, lack of control over scheduling, missing high-priority patients, and

prioritising low-priority patients). The level of satisfaction was noted to be higher in those clinics using a structured triage template.

##### **Conclusions**

This study identified a need for the elaboration of best practice clinical guidelines for triage processes at tertiary pain clinics. The use of a structured referral template could become a central element to such guidelines.

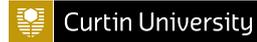
##### **Acknowledgements**

We acknowledge the Australian Pain Society, New Zealand Pain Society, Swedish Pain Society, and Finnish Association for the Study of Pain for disseminating invitations to participate to their members. We also acknowledge members of the Canadian Pain Society and the Israel Pain Association for participating in this online survey.

##### **Declarations**

M. Gabrielle Pagé is supported by a Canadian Institutes of Health Research (CIHR) postdoctoral fellowship. The study was funded by the Louise and Alan Edwards Foundation, Montreal.

The survey results publication can also be accessed via the APS website [Surveys page](#).



### **Share your views on opioids, overdose and take-home naloxone**

A new study based at Curtin University aims to explore health professionals' opinions on opioid consumption, overdose risks and take-home naloxone.

The purpose of the study is to gather information on health professionals' experience working with issues related to opioid consumption, perspectives on overdose risks and awareness of take-home naloxone. The perspectives of pain management specialists are particularly important for this issue.

Participation involves a confidential audio recorded interview of about one hour. Compensation of a \$75 gift voucher for your time is also available. The interviews will be conducted in a location convenient to you.

For additional information, or to participate in the study, please contact

Dr Adrian Farrugia on 03 9079 2205 / 0467 633 751 or at: [adrian.farrugia@curtin.edu.au](mailto:adrian.farrugia@curtin.edu.au)



### **SUBMISSIONS TO THE NEWSLETTER**

We welcome submissions, whether brief or extended, about matters of interest to our readers - for example, reports of educational activities or articles about basic science or clinical research. Please allow time for modifications to be made to optimise a submission's suitability for publication. As we release monthly in advance, submissions received by the 15th of each month will be reviewed for publication in the newsletter of the following month.

*Stephanie Davies, Editor*

# FPM Better Pain Management modules

## Special 20% discount for APS members

The Better Pain Management program comprises of 12 online education modules, each designed to be completed in one hour, which can be purchased individually, or as a course. The program, developed by the Faculty of Pain Medicine has been designed for specialist and general medical practitioners, medical students, nurses and allied health practitioners engaged in the care of patients with persistent pain.

Each interactive learning module is designed to provide additional insights into pain management and approaches. The modules have been developed with clearly defined learning objectives and have used illustrations and animations to make them engaging. They are case study based, interactive, and include questionnaires to ensure effective comprehension and completion of each unit, including case-based scenarios as well as video case presentations. Each module is designed as a one hour activity that can be completed at a participant's own pace and all participants receive a Certificate of Completion at the end of training.

APS members can purchase modules in the program at 20% off the list price using the exclusive links in the Member's section.

APS members now have real flexibility to purchase individual modules or put together a self-directed learning program consisting of a group of modules that specifically meets their needs. Designed by world leaders in pain medicine, this program is designed to help APS members who care for patients with persistent pain, engage in ongoing, continuous professional learning.

To access the 20% discount for single modules or to put together your own self-directed learning program, please [login to the Members Area](#) of the APS website.

The FPM has also discounted various courses (packages of modules). If you choose to buy a course of modules, please go directly to the [Better Pain Management](#) website.

## BETTER PAIN MANAGEMENT

*Pain education for professionals*

Available now  
[www.betterpainmanagement.com.au](http://www.betterpainmanagement.com.au)





THE UNIVERSITY OF  
**SYDNEY**

**PAIN MANAGEMENT  
RESEARCH  
INSTITUTE**

ROYAL NORTH  
SHORE HOSPITAL

## Specialising in Clinical Pain Management

### ➔ FORMAL DEGREE COURSE (ONLINE)

#### Graduate Certificate, Graduate Diploma and Masters

Endorsed by the International Society for the Study of Pain (IASP), this leading degree program provides advanced evidence-based and clinically relevant education in pain management for graduates in medicine, dentistry, nursing, physiotherapy, psychology and other allied health disciplines.

The program has been developed and is taught by Sydney Medical School's Pain Management Research Institute (PMRI), based at Royal North Shore Hospital and the The University of Sydney's Kolling Institute.

The program is conducted entirely online and commences in March or August each year, with enrolments closing either late January or late June.



For dates & further information visit:  
[sydney.edu.au/medicine/pmr/education](http://sydney.edu.au/medicine/pmr/education)

T: +61 2 9463 1516  
E: [paineducation@sydney.edu.au](mailto:paineducation@sydney.edu.au)



## WOMEN & LEADERSHIP AUSTRALIA

### FUNDING OF UP TO \$8,000 FOR WOMEN'S LEADERSHIP DEVELOPMENT: HEALTH SECTOR

Building on the significant developmental momentum achieved earlier in the year, Women & Leadership Australia is administering a national initiative to support the development of female leaders across Australia's health sector.

The initiative is providing women with grants of between \$3,000 and \$8,000 to enable participation in a range of leadership development programs.

The scholarship funding is provided with the

specific intent of providing powerful and effective development opportunities for health sector women; however, the funding is strictly limited and has to be allocated prior to the end of 2017.

#### Expressions of Interest

Find out more and register your interest by completing the Expression of Interest form prior to December 15, 2017: <https://www.wla.edu.au/health>

## HAVE YOU HAD AN ARTICLE ACCEPTED FOR PUBLICATION THIS YEAR?

Reminder that we are keen that members inform us when they have publications so that this can be shared with your APS colleagues. Please send the newsletter editor (via the APS Secretariat, [aps@apsoc.org.au](mailto:aps@apsoc.org.au)) the title, authors and reference (i.e. the journal, volume etc.) of the article, preferably with a short explanatory note to give our readers the gist of the article, e.g. the conclusions part of the abstract; if you would like to supply a short commentary on the article, even better.

*Christin Bird, Assistant Editor*



# AusACPDM 2018

**Empowerment and Partnership**  
21-24 March 2018 | The Langham | Auckland NZ



**AusACPDM**

Australasian Academy of Cerebral Palsy  
and Developmental Medicine

[www.ausacpdm.org.au](http://www.ausacpdm.org.au)

**SAVE THE DATE**

NSANZ is pleased to announce its 2018 keynote speakers – **Professor Julie Pilitsis**, neurosurgeon from the University of Massachusetts, USA and **Professor Frank Huygen**, anaesthesiologist from the University Hospital Rotterdam, the Netherlands.

[www.dconferences.com.au/nsanz2018](http://www.dconferences.com.au/nsanz2018)

**nsanz**

Neuromodulation Society  
of Australia and  
New Zealand

A chapter of the International Neuromodulation Society **ins**

**13th Annual  
Scientific Meeting**

**7 – 8 April 2018**

International Convention  
Centre, Sydney

Expressions of interest online at [www.dconferences.com.au/nsanz2018](http://www.dconferences.com.au/nsanz2018)

For sponsorship, exhibition or more information contact the NSANZ Conference Secretariat

**DC Conferences Pty Ltd** | P 61 2 9954 4400 | E [nsanz2018@dconferences.com.au](mailto:nsanz2018@dconferences.com.au)

**KEY DATES**

Poster submission opens	<b>1 September 2017</b>
Poster submission deadline	<b>27 October 2017</b>
Registration opens	<b>1 November 2017</b>
Early Bird deadline	<b>23 February 2018</b>

**SYDNEY 2018**

**APS NZPS**

Collaborate. Educate. Disseminate.

2018 Australian Pain Society 38th and  
New Zealand Pain Society Conjoint Annual Scientific Meeting

**International Convention Centre Sydney | 8-11 April 2018**

**Join us online - #anzpain18**

Register online at [www.dconferences.com.au/apsnzps2018](http://www.dconferences.com.au/apsnzps2018)

For sponsorship and exhibition opportunities or more information please contact the APS NZPS Conference Secretariat | DC Conferences Pty Ltd  
P 61 2 9954 4400 | E [apsnzps2018@dconferences.com.au](mailto:apsnzps2018@dconferences.com.au)

[www.dconferences.com.au/apsnzps2018](http://www.dconferences.com.au/apsnzps2018)

Early Bird  
Registration Deadline  
**23 February 2018**

**Register Today**

## ITEMS OF INTEREST FOR OUR MEMBERS

- **Painaustralia eNewsletter** latest issue, available online at <http://www.painaustralia.org.au/media-news/e-news.html>
- **ePPOC: electronic Persistent Pain Outcomes Collaboration**  
For more information about ePPOC, refer to the website: <http://ahsri.uow.edu.au/eppoc/index.html>
- **Indigenous health education and guides** <http://www.humanservices.gov.au/health-professionals/subjects/indigenous-health-education>
- **PainHEALTH website**  
<http://painhealth.csse.uwa.edu.au/>
- **Pain Series**  
An excellent series of articles run late 2015 by The Conversation: <https://theconversation.com.au/topics/pain-series>
- **Low Back Pain (LBP) in Aboriginal Australians**  
A very informative series of 5 videos developed by WA Centre for Rural Health about low back pain in Aboriginal Australians: <https://www.youtube.com/playlist?list=PLGsL0Kp0YWFwUly-Ki1oCG7NwFucLFyVlJ>
- **ANZCA/FPM Free Opioid Calculator App**  
Smart phone app that converts opiates to milligrams of morphine, available for both iPhone and Android: <http://fpm.anzca.edu.au/Front-page-news/Free-Opioid-Calculator-App>
- **Stanford University**  
CHOIR Collaborative Health Outcomes Information Registry: <https://choir.stanford.edu/>
- **Global Year Against Pain After Surgery**  
See information and resources on our website: <http://www.apsoc.org.au/global-year-against-pain>
- **Opioid Podcasts for GPs**  
20 week series from the Hunter Postgraduate Medical Institute: <http://www.gptraining.com.au/recent-podcasts>
- **Airing Pain**  
Pain resources via an online radio show produced by Pain Concern, a UK registered Charity: <http://painconcern.org.uk/airing-pain/>
- **National Strategic Framework for Chronic Conditions**  
Final report released 22MAY17: <http://www.health.gov.au/internet/main/publishing.nsf/Content/nsfcc>
- **Podcast: Pain Science and Sensibility Episode 24: Trigger Points, the “Third Space”, and the Merit of Pain Theories with Dr Milton Cohen**  
Recorded on 01JUN17: <http://ptpodcast.com/pain-science-and-sensibility-episode-24-trigger-points-the-third-space-and-the-merit-of-pain-theories-with-dr-milton-cohen/>
- **ABC TV “Ask the Doctor”, Series 1, episode 5: Pain**  
Broadcast 13JUN17, available until 02SEP20: <http://iview.abc.net.au/programs/ask-the-doctor/DO1625V005S00>
- **ABC Lateline: Australians’ addiction to prescription opioids soaring**  
Broadcast 23JUN17: <http://www.abc.net.au/lateline/content/2016/s4690991.htm>
- **Digital Health Guide**  
Developed by Primary Health Network Tasmania: <https://digitalhealthguide.com.au/Account/LogOn?ReturnUrl=%2fSpecialtyFormulary%2f2>  
At login, Username: connectingcare, Password: health
- **ABC Radio Nightlife: Living with Chronic Pain** Interview with Dr Chris Hayes, broadcast 18SEP17: <http://www.abc.net.au/radio/programs/nightlife/pain/8958330?platform=hootsuite>
- **2017 Australia’s Health Tracker by Socio-economic status** Released 28NOV17: <https://goo.gl/ChoJcY>

## HEALTH CARE HOMES

- **Health Care Home resources:** <http://www.health.gov.au/internet/main/publishing.nsf/Content/health-care-homes#one>  
**Update 10MAY17:** <http://healthcarehomes.cmail19.com/t/ViewEmail/r/7237191369B-01B262540EF23F30FEDED/1FA9272E4DDC-2B64A29558A201773426>

#### AUSTRALIAN COMMISSION ON SAFETY AND QUALITY IN HEALTH CARE (ACSQHC) RESOURCES:

- **The Second Australian Atlas of Healthcare Variation 2017, released 07JUN17:** <https://www.safetyandquality.gov.au/atlas/atlas-2017/>
- **Online interactive Second Australian Atlas of Healthcare Variation 2017, released 07JUN17:** <http://acsqhc.maps.arcgis.com/apps/MapAn-dAppGallery/index.html?appid=fd3b04ebe-3934733b7ecb8514166c08f>
- **Australian Atlas of Healthcare Variation released 26NOV15:** <http://www.safetyand-quality.gov.au/atlas/>
- **Chapter 5: Opioid medicines: NEW LINK** <http://acsqhc.maps.arcgis.com/apps/MapJournal/index.html?appid=4d683b6e1df04a658cfd3a3f-b9c46f24>
- **Online interactive Australian Atlas of Healthcare Variation released NOV16:** <http://acsqhc.maps.arcgis.com/home/index.html>

#### NPS MEDICINEWISE RESOURCES

- **Chronic Pain edition issued 01JUN15:** <http://www.nps.org.au/publications/health-professional/nps-news/2015/chronic-pain> and [https://www.nps.org.au/medical-info/clinical-topics/news/chronic-pain?utm\\_medium=twitter&utm\\_source=17-07-24&utm\\_campaign=pain&utm\\_content=painweek-MN#key-points](https://www.nps.org.au/medical-info/clinical-topics/news/chronic-pain?utm_medium=twitter&utm_source=17-07-24&utm_campaign=pain&utm_content=painweek-MN#key-points)
- **Choosing Wisely Australia – News & media:** <http://www.choosingwisely.org.au/news-and-media>

- **Over the counter codeine – changes to supply:** <https://www.nps.org.au/medical-info/clinical-topics/over-the-counter-codeine-changes-to-supply>
- **Medicines with codeine – what you need to know:** <https://www.nps.org.au/medical-info/consumer-info/medicines-with-codeine-what-you-need-to-know>

#### TGA

- **Codeine information hub:** <https://www.tga.gov.au/codeine-info-hub>
- **Access to medicinal cannabis products:** <https://www.tga.gov.au/access-medicinal-cannabis-products>

#### NSW AGENCY FOR CLINICAL INNOVATION RESOURCES:

- **Our Mob: Resources for Aboriginal People:** <https://www.aci.health.nsw.gov.au/chronic-pain/our-mob>
- **A Framework for working effectively with Aboriginal people, NOV13:** <http://www.aci.health.nsw.gov.au/about-aci/cultural-respect>
- **Pain Management Network Multicultural report 2015:** [https://www.aci.health.nsw.gov.au/\\_data/assets/pdf\\_file/0006/281067/Pain\\_Management\\_Network\\_Multicultural\\_report\\_2015.pdf](https://www.aci.health.nsw.gov.au/_data/assets/pdf_file/0006/281067/Pain_Management_Network_Multicultural_report_2015.pdf)
- **Brainman and Pain Tool Kit translations, SEP15:** <http://www.aci.health.nsw.gov.au/chronic-pain/translated-resources>
- **Pain Management Resources:** <http://www.aci.health.nsw.gov.au/resources/pain-management>
- **Quick Steps to Manage Chronic Pain in Primary Care:** <http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/quick-steps-to-manage-chronic-pain-in-primary-care>
  - **Built into Quicksteps: “How to de-pre-**

## FYI

**scribe and wean opioids in general practice”:** <http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/quick-steps-to-manage-chronic-pain-in-primary-care/how-to-de-prescribe-and-wean-opioids-in-general-practice>

- **A list of helpful apps for consumers and clinicians now available at:** <http://www.aci.health.nsw.gov.au/chronic-pain/health-professionals/management-of-chronic-pain>

### MEMBERS ONLY AREA OF APS WEBSITE:

- **APS Plenary Recordings:** As an exclusive benefit to APS members, the following Plenary videos are now available for free access:
  - 2017 conference in Adelaide
  - 2016 conference in Perth.
- **Better Pain Management online learning**

**modules:** APS members receive a 20% discount

- **Centric Wealth Newsletters:** APS member funds are invested with Centric Wealth. Market reports are available on the Members Only Area of our website.

### APS MEDIA RELEASES:

- Refer to our website for a full listing of media releases: <http://www.apsoc.org.au/Media>
- Our next conference, combined with the New Zealand Pain Society, will use the Twitter hashtag: #anzpain18

## NEW MEMBERS

TITLE	FIRST NAME	LAST NAME	DISCIPLINE GROUP
Dr	Susan	Bennett	Psychology
Dr	Melissa	Cady	Anaesthesia
Mrs	Sarah	Davis	Occupational Therapy
Mrs	Lynette	Fogarty	Occupational Therapy
Mr	Kyle	Keenan	Chiropractic
Dr	John	Thomas	Psychology
Mrs	Janelle	White	Nursing

**POSITION VACANT**



**Health**  
South Western Sydney  
Local Health District

**SENIOR PHYSIOTHERAPIST**

**Tamworth Integrated Pain Service, NSW**

Job Reference: REQ6695  
Employment Status: Temporary Part Time (maternity relief 14 months)  
Hours per week: 24 (0.6 FTE)  
Contact: Vickie Croker (Ph: 02 67677134, Email: [vickie.croker@hnehealth.nsw.gov.au](mailto:vickie.croker@hnehealth.nsw.gov.au))  
Apply online: <https://healthnswgov.referrals.selectminds.com/hnelhd/jobs/senior-physiotherapist-pain-management-1107>  
Applications Close: 3 December 2017

Tamworth Integrated Pain Service (TIPS), NSW, has an exciting opportunity for a level 3 passionate and enthusiastic senior physiotherapist, to join our multidisciplinary team and support patients with chronic pain, in face-to-face and telehealth outpatient environments at Tamworth Hospital. Our small but dynamic team delivers evidence-based pain management programs and multidisciplinary individual patient care to patients with chronic pain in Regional NSW. Applications from Level 1 and 2 physiotherapists will also be considered. The position is temporary, covering the current team physiotherapist on maternity leave and is available from now until January 2019.

**POSITION VACANT**



**Expression of Interest: Clinical Psychologist**

**Pain Management Unit Barwon Health, Vic**

Job Reference: 150915  
Employment Status: Permanent  
Hours per week: negotiable  
Contact: Louise Brennan Email [lbrenn@BarwonHealth.org.au](mailto:lbrenn@BarwonHealth.org.au). (03)42151901  
Applications Close: Friday 22nd December 2017

There is an opportunity for a Clinical Psychologist at the Pain Management Unit, Barwon Health. We are looking for a positive, enthusiastic, team-orientated clinician to join this Multidisciplinary Department. The Unit is undergoing a process of service redesign. This would be an ideal opportunity for those interested in innovation, service development and leadership. Research and professional development opportunities will be supported.

Please direct enquiries to: **Dr Louise Brennan**  
[lbrenn@BarwonHealth.org.au](mailto:lbrenn@BarwonHealth.org.au)  
(03) 4215 1901



THE  
AUSTRALIAN  
PAIN SOCIETY

## APS MEMBERSHIP RENEWALS 2018

Renewal notices for 2018 have been sent  
by email to members.

Thank you for your continued support and membership of the APS.

Please note:

1. We understand that circumstances change, so each year we ask you to select your appropriate level of membership.
2. This system of self-reporting subscription levels was implemented in 2009 for the benefit and fairness of all members.

**Before renewing online, please ensure you [review](#)  
[and update your member profile.](#)**

**Payments can be made by Credit Card or Cheque**

## CALENDAR OF EVENTS

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**3-6 Dec 2017**

**Australasian Neuroscience Society 37th Annual Scientific Meeting**

*Building Bridges*

International Convention Centre, Sydney, NSW

<http://ans2017.aomevents.com.au>

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**5-15 Feb 2018**

**Pain Management Research Institute, The University of Sydney**

*Pain Management Multidisciplinary Workshop*

Royal North Shore Hospital, St Leonards, Sydney, NSW

<http://sydney.edu.au/medicine/pmri/education/continuing/workshop.php>

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**2-3 Mar 2018**

**Centre for Pain Medicine 6th Intl Symposium Invasive Procedures in Motion 2018 & 20th Anniversary Centre for Pain Medicine**

*Lessons from the Past, Criticism of the Present and Vision for the Future*

Swiss Paraplegic Centre, Lucerne, Switzerland

[http://www.schmerz-nottwil.ch/de/pub/zsm/fortbildungkongresse/invasives\\_procedures\\_motion\\_18.htm](http://www.schmerz-nottwil.ch/de/pub/zsm/fortbildungkongresse/invasives_procedures_motion_18.htm)

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**17-18 Mar 2018**

**Malaysian Association for the Study of Pain 6th Biennial Scientific Meeting 2018**

*Delivering Better Relief for Cancer Pain*

National Cancer Institute, Putrajaya, Malaysia

<http://www.masp.org.my/eventsmaster.cfm?&menuid=12&action=viewevent&retrieveid=69>

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**19 Mar 2018**

**Pain Adelaide Stakeholders' Consortium**

*Pain Adelaide 2018*

National Wine Centre, Adelaide, SA

<mailto:Tracy.jones@unisa.edu.au>

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**21-24 Mar 2018**

**Australasian Academy of Cerebral Palsy and Developmental Medicine (AusACPDM) 2018**

*Empowerment and Partners.*

The Langham, Auckland, New Zealand

<https://www.ausacpdm.org.au/conference/>

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**24-25 Mar 2018**

**Pain Association of Singapore**

*Annual Scientific Meeting 2018*

One Farrer Hotel, Singapore, Singapore

<http://www.pas-asm.com>

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## CALENDAR OF EVENTS

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**27-29 Mar 2018**

**Exercise & Sports Science Australia (ESSA)**

*Research to Practice 2018*

Brisbane Convention and Exhibition Centre, Brisbane, QLD

<http://researchtopractice2018.com.au>

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**7-8 Apr 2018**

**Neuromodulation Society of Australia and New Zealand 13th Annual Scientific Meeting**

*Neuromodulation - Delivering on Patient Outcomes*

International Convention Centre, Sydney, NSW

<http://www.dconferences.com.au/nsanz2018/>

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**8-11 Apr 2018**

**Australian Pain Society 38th and New Zealand Pain Society Conjoint Annual Scientific Meeting**

*Collaborate. Educate. Disseminate.*

International Convention Centre, Sydney, NSW

<http://www.dconferences.com.au/apsnzps2018/>

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**11-12 Apr 2018**

**National Rural Health Alliance 6th Rural and Remote Health Scientific Symposium**

*Outback Infront: 20 years of rural and remote health research*

Hyatt Hotel, Canberra, ACT

<http://www.ruralhealth.org.au/6rrhss/>

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**11-18 Apr 2018**

**Pain Revolution 2018**

*Rural Outreach and Cycling Tour*

Various venues, Sydney, Wollongong, Moss Vale, Canberra, Jindabyne, Albury, NSW, ACT

<http://painrevolution.org>

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**6 May 2018**

**Faculty of Pain Medicine (FPM)**

*Refresher Course Day: Pain - the dark side of the mind*

International Convention Centre, Sydney, NSW

<https://asm.anzca.edu.au/fpm-refresher-course-day/>

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**7-11 May 2018**

**Australian and New Zealand College of Anaesthetists (ANZCA) Annual Scientific Meeting 2018**

*Reflecting on what really matters*

International Convention Centre, Sydney, NSW

<http://asm.anzca.edu.au>

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## CALENDAR OF EVENTS

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**9-12 May 2018**

**World Institute of Pain (WIP)**

*9th World Congress*

Convention Centre Dublin, Dublin, Ireland

<http://wip2018.kenes.com>

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**25-26 May 2018**

**Occupational Therapy Australia National Private Practice Symposium 2018**

*Successful Strategies for Sustainable Business*

Stamford Grand, Adelaide, SA

<http://www.otausevents.com.au/events/national-private-practice-symposium-2018/event-summary-aeb-11b59a0534b8b82cf3039aeb054f7.aspx>

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**30 May 2018**

**Choosing Wisely Australia**

*2018 National Meeting*

National Convention Centre, Canberra, ACT

<http://www.choosingwisely.org.au/members/2018-choosing-wisely-australia-national-meeting>

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**16-17 Jun 2018**

**Rehabilitation Medicine Society of Australia and New Zealand (RMSANZ) Snapshots**

*Rehabilitation Snapshots 2018*

Pullman Melbourne on the Park, Melbourne, VIC

<https://www.dccconferences.com.au/snapshots2018/>

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**27-29 Jun 2018**

**Australian & New Zealand Society for Geriatric Medicine (ANZSGM)**

*Cutting Edge: Optimising the Journey for Older Surgical Patients*

International Convention Centre, Sydney, NSW

<http://www.anzsgmconference.org>

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**27-29 Jul 2018**

**Pharmaceutical Society of Australia - PSA18**

*Leading Pharmacy Innovation*

TBA, Sydney, NSW

<https://www.psa.org.au/connecting-with-my-profession/major-events>

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**12-16 Sep 2018**

**International Association for the Study of Pain (IASP)**

*18th World Congress on Pain*

Boston Convention and Exhibition Center, Boston, USA

<https://www.iaspworldcongressonpain.org>

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## CALENDAR OF EVENTS

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**6-9 Oct 2018**

**Australian Society of Anaesthetists National Scientific Congress 2018**

*TBA*

Adelaide Convention Centre, Adelaide, SA

[https://www.asa.org.au/ASA/Education\\_Events/Upcoming\\_events/ASA/Education\\_and\\_events/ASA\\_events/Upcoming\\_events.aspx](https://www.asa.org.au/ASA/Education_Events/Upcoming_events/ASA/Education_and_events/ASA_events/Upcoming_events.aspx)

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**11-13 Oct 2018**

**RACGP - GP18**

*General practice: The centre of health in Australia*

Gold Coast Convention and Exhibition Centre, Gold Coast, QLD

<http://gp18.com.au>

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**21 Oct 2018**

**Pain Interest Group Nursing Issues (PIGNI) Professional Development Day**

*EOI*

SMC Conference & Function Centre, Sydney, NSW

<https://dcconferences.eventsair.com/pigni-2018/eoi/Site/Register>

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**25-27 Oct 2018**

**Australian College of Rural and Remote Medicine (ACRRM) and Rural Doctors Association of Australia (RDAA)**

*Rural Medicine Australia - RMA 2018*

Darwin Convention Centre, Darwin, NT

<http://www.acrrm.org.au/the-college-at-work/rma>

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**21-24 Nov 2018**

**AOCPRM 6th and Rehabilitation Medicine Society of Australia and New Zealand (RMSANZ) 3rd Annual Scientific Meeting**

*North to South, East to West*

SkyCity, Auckland, New Zealand

<http://www.aocprm2018.com/aocprm18>



THE  
AUSTRALIAN  
PAIN SOCIETY

*All people will have optimal access to pain prevention  
and management throughout their life.*

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**VISION:**

All people will have optimal access to pain prevention and management throughout their life.

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**MISSION:**

The Australian Pain Society is a multidisciplinary organisation aiming to minimise pain and related suffering through advocacy and leadership in clinical practice, education and research.

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**AIMS:**

- To promote the provision of healthcare services for pain management
- To promote equity of access to pain management services
- To actively engage with key stakeholders and contribute to their activities
- To provide a contemporary forum to discuss issues relating to pain research and treatment
- To foster and support pain-related evidence-based research
- To share and promote the expertise of all disciplines involved in the treatment of pain
- To promote and facilitate evidence-based pain related education for health professionals and the community
- To promote the development and use of standards and outcome measures in everyday clinical practice

## DIRECTORS

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**President:**

**Ms Fiona Hodson**

Hunter Integrated Pain Service  
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Tel: 02 4922 3435 Fax: 02 4922 3438



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**President-Elect:**

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Royal Adelaide Hospital Pain Clinic  
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Royal Adelaide Hospital and  
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**Secretary:**

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Austin Health  
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**TAS Director:**

**Mr Simon Watt**

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Royal Hobart Hospital  
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**Treasurer:**

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Royal Darwin Hospital  
PO Box 41326  
Casuarina NT 0811  
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**VIC Director:**

**Dr Laura Prendergast**

Pain Service, Austin Health  
Chronic Pain Clinic, Goulburn Valley Health  
VIC  
Tel: 03 9496 3134 or 03 5832 3020



**ACT Director:**

**Mrs Joy Burdack**

Calvary Health Care ACT  
PO Box 254  
Jamison Centre ACT 2614  
Tel: 02 6201 6854 Fax: 02 6201 6949



**WA Director:**

**Mr Shadreck Tozana**

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