



## ► Editor's Note

Dear colleagues,

This edition is quality not quantity.

Firstly, our Past President, Tim Semple, has supplied an article, following communications with the Independent Hospital Pricing Authority (IHPA), about the pricing classifications for outpatient pain management activities: this should be of great interest to many of our members.

Secondly we have an article about some splendid work being done in North Queensland. As a clinician in a teaching hospital in metropolitan Melbourne, I found this fascinating and inspiring.

There is an abundance of announcements and advertisements for your attention of which by far the most important is the one just below regarding the history of the APS.

Regards,

**Will Howard**

Editor

## History of the Australian Pain Society



Next year we celebrate our 35th Annual Scientific Meeting!

We have engaged a professional historian to assist us with this important project and would like to gather members' recollections and any materials of the early days of the APS. Early photos would be highly prized!

If you would like to contribute anything to this project, please contact the Australian Pain Society Secretariat on (02) 9016 4343 or via email [aps@apsoc.org.au](mailto:aps@apsoc.org.au)

We look forward to gathering your reflections and celebrating our 35 years of achievements.

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# INDEPENDENT HOSPITAL PRICING AUTHORITY UPDATE

By Dr Tim Semple

The APS has had feedback from the Independent Hospital Pricing Authority (IHPA) following our letter in May 2014 and follow-up telephone discussions responding to concerns raised by our membership about the pricing classifications for outpatient pain management activities. Predictably the news is mixed – some positives but much future progress to be made.

Whilst our concerns relating to the incomplete and simplistic definitions of outpatient pain management activities have been taken onboard, IHPA is now undertaking further studies to better understand the broader picture of multidisciplinary outpatient services and cost implications. The implication is that the current study will take 1 – 2 years to complete but will result in more accurate classifications and hence valid funding outcomes. Interestingly, patient disease burden may become a significant component of cost analysis in the next iteration of outpatient service

classification – emphasising the importance of the ePPOC data collection set.

In the interim, APS members are encouraged by IHPA to emphasise to their hospital finance managers that the current funding model is acknowledged by IHPA to be a very loose estimation of multidisciplinary pain service activities. The allocation of the same cost weight (resulting in an approximately \$400 payment) for an outpatient attendance for a multidisciplinary assessment as occurs for being one member of a group program exemplifies the flaws in the current classification. Swings and roundabouts indeed!

The take-home message is to realistically continue to provide services to your patients according to best-practice and to avoid changing models of care to conform with the current (albeit temporary) funding model for outpatient activities. Avoid being pressured by finance managers to move away from same-day multidisciplinary pain assessment. Perhaps show them

this article or better still refer them to IHPA for clarification. Get engaged with the data collection for the next IHPA costing study to ensure accurate information is recorded. And finally, don't hesitate to relay any concerns to your APS board member or our secretariat – we do enjoy writing letters to IHPA and other commonwealth health organisations!

2015 Australian Pain Society 35th Annual Scientific Meeting



## Managing Pain: from Mechanism to Policy



15 - 18 MARCH 2015 | BRISBANE CONVENTION & EXHIBITION CENTRE, QLD

Expressions of Interest online at [www.dconferences.com.au/aps2015](http://www.dconferences.com.au/aps2015)

For Sponsorship and Exhibition opportunities or more information please contact the APS Secretariat

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### SUBMISSION DEADLINES

Topical Sessions **16 July 2014**

Free Papers & Posters **3 October 2014**

Early Bird Registration **23 January 2015**

# PIONEERING PAIN SERVICES IN NORTH QUEENSLAND

By Linda Baracioli, PainAustralia

This article was first published in NRHA Partyline magazine (August 2014, Issue 50) and is reproduced with kind permission from PainAustralia.

The North Queensland Persistent Pain Management Service at Townsville is one of Australia's most innovative and pioneering public pain management hubs, providing telehealth, outreach and satellite services across 800,000 square kilometres – staggeringly more than three times the size of Victoria.

Prior to the release of \$39 million for Queensland's Statewide Persistent Pain Strategy in 2010, Townsville Hospital's pain unit consisted of a small staff with no local Pain Specialist, catering only to Townsville, leaving other patients from the north to travel to Brisbane.

With the promise of adequate, recurrent funding, came the directive to expand services across North Queensland, and four years on, the model the local committee developed has pushed the boundaries of possibilities in rural and remote areas.

"The main issue in our region is the tyranny of distance, and the model we've applied has allowed us to maximise patient access and build primary care capacity," said Director and Pain Specialist, Dr Matthew Bryant.

With the assistance of key staff, Allied Health Team Leader Alison Beeden and Clinical Nurse Consultant Carol Kanowski, Dr Bryant has expanded his team from eight to 35 (25 full-time equivalents) – including three Pain Specialists – working in three separate locations.

Aside from the large multidisciplinary unit at Townsville, there are now permanent satellite clinics at Cairns and Mackay, which provide psychology and physiotherapy services. A Consultant, Registrar and Clinical Nurse Consultant from the Townsville service travel the 350 kilometres north to Cairns and 390 kilometres south to Mackay, every six weeks, to provide additional assessment and treatment services.

At Mt Isa, 900 kilometres west of Townsville, a full multidisciplinary team visits every six months, as there are no local specialist pain management allied health



*L to R: Standing: Liana Chapman, Jenny Lazell, Alan Johnson, Steven Unwin, Christine Little, Jason Scott, Lisa Wu Won and Jillian Edgerton*

*Seated: Kym De Fontaine, Deborah McGinty, Kara Roffey, Carol Kanowski, Samantha Williamson, Marguerite Hermitte, Rachel Marke*

*Floor: Adrian Lim, Alison Beeden, Matthew Bryant, Aman Ahuja, Suran Dhanapala*

*Absent: Linda Crimston, Deborah Booth and Shereen Gilmore (Townsville); and Claire Linklater, Kelli Layton and Bronte McLoughlin (Cairns).*

services. After the initial assessment, telehealth services are also used.

While a significant proportion of patients at the Mt Isa outreach are from Indigenous communities, Torres Strait Islander communities have been slow to take up the offer of pain management services in the region.

With a model of care based on self-management and rehabilitation, services closer to home, and a strong emphasis on multidisciplinary care and a patient-centred approach, the aim is to discharge patients to primary care after six to 12 months.

"Patient education is central to our model of care, and we base our information on active self-management, holding onto patients while they are on a trajectory to improvement, and then returning them to the care of their GP," said Dr Bryant, whose background as a GP has given him insights into how to work effectively with the primary care sector.

Currently the service provides 500 occasions of service to patients each month – on average 15 percent of these are in Cairns, 15 percent in Mackay and 4 percent in Mt Isa – and sees 550 new patients each year, but hopes to increase that fig-

ure to 1000 over the next 12 to 18 months.

While the main barrier is the lack of adequately skilled and qualified pain specialists, the North Queensland Persistent Pain Management Service has become the first in the state, outside Brisbane, to gain Faculty of Pain Medicine accreditation to train registrars. Their first Registrar, now a qualified Pain Specialist, has continued to work with the service, with a second in training.

Aware that they cannot reach every patient in such a vast area, the team also runs workshops for GPs, nurses and allied health professionals, in order to build capacity in local communities. Four full-day workshops have been run since 2013, with about 200 participants, and others participating through video conferencing.

"We're very proud of what we've achieved in North Queensland," said Dr Bryant. "I've never worked harder in my life, but it is fantastic to see the service develop, and it couldn't have happened without a great team."

To contact Dr Bryant, email [matthew.bryant2@health.qld.gov.au](mailto:matthew.bryant2@health.qld.gov.au)

# ASM 2015 FREE PAPER & POSTER SUBMISSIONS

FREE PAPERS AND POSTER SUBMISSIONS NOW OPEN!

2015 Australian Pain Society 35th Annual Scientific Meeting



## Managing Pain: from Mechanism to Policy



15 - 18 MARCH 2015 | BRISBANE CONVENTION & EXHIBITION CENTRE, QLD

Expressions of Interest online at [www.dcconferences.com.au/aps2015](http://www.dcconferences.com.au/aps2015)

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On behalf of the Scientific Program Committee and the Local Organising Committee, we are pleased to advise abstract submissions for the APS 2015 ASM are now open.

The deadline for abstract submissions is:

**FRIDAY 3 OCTOBER 2014**

View the [abstract submission guidelines](#)

Visit the [online abstract submission page](#)

We look forward to receiving your submissions. Should you have any queries regarding your submission or the process, please contact the [Conference Secretariat](#).

Online registrations will open on **MONDAY 6 OCTOBER 2014**

# PAIN IN CHILDHOOD SIG

## Pain in Childhood Special Interest Group



Check out our two most recent blogs from Dr Stefan Friedrichsdorf from the Children's Hospitals and Clinics of Minnesota, USA.

*Both blogs are great resources:*

1. [Integrative \(non-pharmacological\) therapies in managing acute, chronic and procedural pain in children.](#)
2. [Reducing and eliminating procedural pain related to needles: The Four essential \(non-negotiable\) components](#), which includes some well produced videos for clinicians and families.

## Have you had an article accepted for publication this year?



Reminder that we are keen that members inform us when they have publications so that this can be shared with your APS colleagues. Please send the newsletter editor (via the APS Secretariat, [aps@apsoc.org.au](mailto:aps@apsoc.org.au)) the title, authors and reference (i.e. the journal, volume etc.) of the article, preferably with a short explanatory note to give our readers the gist of the article, e.g. the conclusions part of the abstract; if you would like to supply a short commentary on the article, even better.

**Will Howard, Editor**



# 2014 ACHS MEDAL WINNER & CURRENT SCHOLARS

## Achs Media Release

Nominations for one of the most prestigious awards in the Australian health sector – the Australian Council on Healthcare Standards 2014 ACHS Medal, are now open.

The honour which has been awarded over the last 20 years recognises outstanding achievement in the promotion of quality and safety in health care in Australia.

The awarding of the ACHS Medal recognises the stand-alone contributions an individual has made to improving quality and safety over a period of time that are also consistent with the vision and mission of the Council.

“ACHS works towards ensuring safe, quality health care for all, and seeks to be the leading provider of accreditation products and services that support strong performance, as well as excellence in safety and quality programs,” said ACHS Chief Executive Officer, Dr Christine Dennis.

“The ACHS Medal provides an opportunity to further promote the work of an individual who has made a strong contribution in their particular field in health, by highlighting the improvements being made in safety and quality,” she said.

The four criteria that are used to determine the level of commitment to quality and safety continue to be:-

- Substantial achievement on research into quality and safety of health systems;
- Distinguished leadership in quality practices;
- Outstanding achievement in maintaining a continuous quality improvement focus in health care delivery systems; or
- Outstanding achievement in the promotion of quality in health care.

“Where safety and quality lead improvements in health, there is usually a strong

individual pushing forward and our goal is to recognise someone who has made an exceptional effort over the course of their career.” Dr Dennis said.

“This is a significant award that also gives a focus to an area of health that is primarily driven by people’s interest, enthusiasm and knowledge and it acknowledges the goal towards improvement.”

Recent recipients of the medal have included; Adjunct Professor Christopher Brook PSM (2013), Professor Robert ‘Bob’ Gibberd (2012) and Professor Jeffrey Braithwaite (2011).

The closing date for nominations is 5pm, Friday 10 October, 2014, and a format for nominations can be found on the ACHS website <http://www.achs.org.au/about-us/honours-and-awards/achs-medals/>

For more information contact Ian McManus, Communications Manager on +61 2 9281 9955

## CURRENT SCHOLARS:

<b>PhD Scholarship Sponsor Scholar Topic</b>	<b>Mundipharma #3-APS-APRA Audrey Wang “An investigation of the role of the brain in recovery from CRPS, using fMRI”</b>
<b>PhD Scholarship Sponsor Scholar Topic</b>	<b>Janssen Cilag #2-APS-APRA Sarah Kissiwa “Pain induced synaptic plasticity in the amygdala”</b>
<b>PhD Scholarship Sponsor Scholar Topic</b>	<b>APS #5-APRA James Kang “Epigenetic influence in cognitive impairments in chronic neuropathic pain”</b>

# PAST SCHOLARS

PhD Scholarship Sponsor Scholar Completed Topic	APS #1-APRA Samantha South 1999 “Antinociceptive pharmacology of morphine and its major glucuronide metabolites”
PhD Scholarship Sponsor Scholar Completed Topic	CSL #1-APS-APRA Lara Winter 2004 “Antinociceptive properties of the neurosteroid alphadolone”
PhD Scholarship Sponsor Scholar Completed Topic	CSL #2-APS-APRA Anne Pitcher 2006 “Conditional comfort: A grounded theory study in nursing approaches to acknowledging and responding to pain in nursing home residents with dementia”
PhD Scholarship Sponsor Scholar Completed Topic	Mundipharma #1-APS-APRA Kathryn Nicholson Perry 2007 “Pain Management Programmes in Spinal Cord Injury: Cognitive Behavioural Pain Management Programmes in the Management of Sub-acute and Chronic Spinal Cord Injury Pain”
PhD Scholarship Sponsor Scholar Completed Topic	APS #2-APRA Debbie Tsui 2008 “Preclinical studies in painful diabetic neuropathy”
PhD Scholarship Sponsor Scholar Completed Topic	Mundipharma #2-APS-APRA Zoe Brett 2011 “Individual differences in vulnerability to the development of chronic pain following injury”
PhD Scholarship Sponsor Scholar Completed Topic	APS #3-APRA Susan Slatyer 2013 “Caring for patients experiencing episodes of severe pain in an acute care hospital: Nurses’ perspective”
PhD Scholarship Sponsor Scholar Completed Topic	Janssen Cilag #1-APS-APRA Mary Roberts Due 2013 “An investigation of the role of sleep in chronic pain”
PhD Scholarship Sponsor Scholar Completed Topic	APS #4-APRA Amelia Edington 2013 “Defining inhibitor binding sites unique to the glycine transporter, GLYT2: A potential target for the treatment of chronic pain”

# SURVEYS & RESEARCH

## Complex Regional Pain Syndrome Special Interest Group Questionnaire



*Dear Members,*

We are writing to you on behalf of the IASP Special Interest Group (SIG) for Complex Regional Pain Syndrome, CRPS (formerly 'Pain and the Sympathetic Nervous System'). We are interested in whether CRPS is a problem in your country and, if so, how you deal with it, and whether or not you would be interested in working together with us towards reducing the burden of CRPS in your country and ours.

We would be grateful if you might consider completing this questionnaire on CRPS and its management in your country – or forward it to someone whom you think is best suited to complete it.

[https://www.surveymonkey.com/s/IASP\\_CRPS](https://www.surveymonkey.com/s/IASP_CRPS)

We have sent this questionnaire to all IASP national chapter leads; we will collate responses, and then would like to begin to engage in a dialogue on how we can achieve reduced illness burden from CRPS in our countries.

Sincerely yours,

**Andreas Goebel, Roberto Perez, Lorimer Moseley and Candy McCabe**

## Research partnership opportunities



The Australian Pain Management Association Inc. (APMA) is a consumer health organisation for all Australians who live with persistent pain. APMA is a charity which promotes health by providing advocacy, information and practical support for people living with persistent

(chronic) pain and their families.

APMA services include advice and information to people with pain and the health community via a telephone helpline (**Pain Link**), a national network of pain support

groups, a comprehensive website, facebook and social media presence, and high quality newsletters and other publications, and the delivery of presentations and community education.

APMA is seeking to partner with researchers and health practitioners working in the areas of pain management and self-management who wish to seek NHMRC research funding for research about such services in order to effect changes in the delivery, organisation, funding and access to pain management services. Please contact APMA CEO Elizabeth Carrigan on 0438 000 841 or [secretary@painmanagement.org.au](mailto:secretary@painmanagement.org.au) to discuss potential research opportunities.



## Want the latest information on the 2015 Australian Pain Society 35th Annual Scientific Meeting?

Follow our hashtag **#aps2015** and check out our **blog and YouTube channel**





The conference organising committee extends a warm invitation to the 9th Conference of the Australian College of Nurse Practitioners. This conference is the major forum for the College to exchange ideas and create discussion around clinical and professional issues that affect nurse practitioners and advanced practice nurses. Through the conference theme,

**“NEW FRONTIERS, Building future generations”,**

the conference will explore clinical expertise and innovative role development.



## NEW FRONTIERS

*Building future generations*



**Keynote Speaker: Professor Sandy Middleton**, Director of the Nursing Research Institute, St Vincents Health and ACU.

### Topics/Clinical streams to be covered:

- Complex and Chronic Disease
- Cancer/Haematology
- Pain, Palliative and Supportive Care
- Paediatrics
- Mental Health - removing the stigma
- Primary and Acute Care
- Aged Care
- Wound Management
- Professional Issues and Leadership
- Research

### Important dates:

Poster Abstract Submission Deadline:

**4 April 2014**

Topical/Workshop Submission Deadline:

**4 April 2014**

Registration Opens:

**2 June 2014**

Early Bird Deadline:

**11 July 2014**

*For sponsorship and exhibition opportunities, or further information, please contact the ACNP Conference Secretariat:*

DC Conferences | PO Box 637, North Sydney NSW 2059 Australia

P: (61) 2 9954 4400 E: acnp2014@dcconferences.com.au | W: dcconferences.com.au/acnp2014

A film featuring world leading experts in mind body medicine and compelling true stories of recovery

# The CONNECTION

Mind your body.

World  
Premiere  
Tour

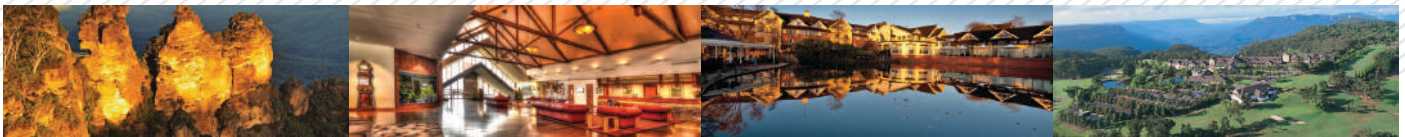
## Sydney Premiere

Friday 5th September, 8.15pm

*Hayden Orpheum Cinemas*

Featuring a Q&A with filmmaker SHANNON HARVEY and from the film:  
Dr. Craig Duncan, Prof. George Jelinek, A/Prof. Damien Finnis & Scott Stephens

TICKETS ON SALE NOW: [WWW.THECONNECTION.TV/SCREENINGS](http://WWW.THECONNECTION.TV/SCREENINGS)  
ALL PROFITS WILL BE DONATED TO THE GAWLER FOUNDATION



FACULTY OF PAIN MEDICINE SPRING MEETING 2014

# JOINING THE DOTS

## LINKS AND TRANSITIONS IN PAIN MANAGEMENT

### CONVENOR'S INVITATION

On behalf of the Faculty of Pain Medicine and the organising committee of the 2014 Spring Meeting, we would like to invite you to Scenic Leura for this inspiring three-day meeting.

This year's event, "Joining the dots: Links and transitions in pain management" will focus on paediatric pain management, support for GPs managing pain, pain programs including novel online resources, transition back into the community and to adult services as well as neuropathic pain in paediatrics and adults.

The meeting is scheduled to be held at the award-winning Fairmont Resort in Leura, Blue Mountains from September 5-7, 2014.

For further information, please contact the conference organiser, Fran Lalor on +61 3 9510 6299 or flalor@anzca.edu.au.

We look forward to welcoming you.

Yours sincerely, **Dr Matthew Crawford**, Convenor

**SEPTEMBER 5-7, 2014**  
**FAIRMONT RESORT, BLUE MOUNTAINS, NSW**



**The Quantum Leap**  
Health Innovation: Making Quality Count  
9-10 September 2014



Organised by two of Australia's pre-eminent healthcare organisations – the Australian Council on Healthcare Standards (ACHS) and the Australian Hospitals and Healthcare Association (AHHA), the conference will be held on Tuesday 9 – Wednesday 10 September, at the Novotel, Brighton Le-Sands, Sydney.

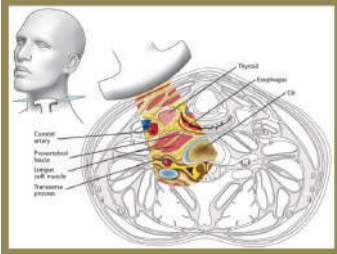
This year's theme is Health Innovation: Making Quality Count and will examine critical areas where improvements in quality and safety can make a real difference - both in overall performance and patient outcomes.

### Conference highlights include plenary sessions from:

- Professor John E McDonough, Harvard University,
- Mr Mark Britnell, Global Head of Health, KPMG – UK-Europe,
- Mr Joe Gallagher, CE, First National Health Council, Canada,
- Professor Roopen Arya, Professor of Thrombosis and Haemostasis, King's College, London,
- The Hon Mr Peter Dutton MP, Federal Health Minister, Dinner Speaker,
- Mr Stephen Jones, Shadow Assistant Minister for Health,
- Senator Dr Richard Di Natale, Senator for Victoria, Greens Health Spokesperson,
- NSW Health Minister, the Hon Mrs Jillian Skinner,

To register for the conference, please go to [www.thequantumleap.com.au](http://www.thequantumleap.com.au)

## Ultrasound for Pain Medicine Workshop



Official Satellite Symposium of the 15th World Congress on Pain Buenos Aires, Argentina

Oct 4-5, 2014 BA SOHOTEL#  
Buenos Aires, Argentina

We hope to see you there! Mark it in your diary.  
Visit the website: <http://www.usra.ca/iaspconf.php>



15th World Congress on Pain . 6-11 October 2014  
La Rural Convention Centre , Buenos Aires , Argentina

## Online Planning Tool Helps You Map Your Congress Week

**Here's a great way to navigate the 15th World Congress on Pain:**

- **Access** the itinerary planner to search for pain experts and sessions that interest you. If you are looking for a specific topic or specialist, this online tool will help you find who and what you are looking for.
- **Customize** your Congress experience and create your personal schedule of sessions, meetings, and events.
- **Explore** the Congress sessions at your own pace if you are still undecided about which to attend.

### Essential Travel Information - Reciprocity Fees and Visas

US, Australian, and Canadian citizens will be required to pay a reciprocity fee. This fee cannot be paid as part of Congress registration and must be paid before embarking for Argentina. The Reciprocity Fee can only be paid through the Argentine Immigration Department website.

Do you need a visa for Buenos Aires? Please click here to view the country visa requirements.

For more information on visas and reciprocity fees please visit our travel and logistics page.

You don't want to miss this once-in-a-lifetime opportunity to visit the Paris of South America—Buenos Aires, Argentina. Register for the Congress today.



**We look forward to seeing you in Buenos Aires!**

Visit us online or follow us on Facebook or Twitter for regular updates on the Congress:

Web: [www.iasp-pain.org/BuenosAires](http://www.iasp-pain.org/BuenosAires)

On Facebook: [www.facebook.com/IASP.pain](http://www.facebook.com/IASP.pain)

On Twitter: [www.twitter.com/IASPCongress](http://www.twitter.com/IASPCongress)

On LinkedIn: [www.linkedin.com/company/international-association-for-the-study-of-pain](http://www.linkedin.com/company/international-association-for-the-study-of-pain)





## PIGNI, Pain: The nerve of it Professional Development One-Day Program

Friday 17 October 2014 | Le Montage | Lilyfield NSW

The program includes a range of topics relevant to this year's global theme of Neuropathic Pain. New and exciting developments in fundamental understanding of pain will be presented, aiming to expand the participant's knowledge of contemporary pain issues.

#### For more information

Contact: DC Conferences Pty Ltd

Email: [pigni2014@dconferences.com.au](mailto:pigni2014@dconferences.com.au)

Tel: 02 9954 4400

Web: [www.dconferences.com.au/pigni2014](http://www.dconferences.com.au/pigni2014)

ALBURY WODONGA  
PRIVATE HOSPITAL

Monday 20th October 2014

Commercial Club Albury

Cost: \$55.00, lunch provided

Speakers Include: Trudy Maunsell, Dr Brett Todhunter,

Dr Luke Baitch, Dr Michael Thomas, Kellie Jackson,

Lisa Gephart and Jenni McCluskey.

## Global Pain Day: An Education Day Focusing on Neuropathic Pain



Further info contact Pamela Goldspink: Ph: 02 60 224245, E: [goldspinkp@ramsayhealth.com.au](mailto:goldspinkp@ramsayhealth.com.au)



2nd World Congress  
on Integrated Care  
23-25 November 2014



21st Integrated Care:

SMC Conference Centre | Sydney NSW Australia

Serving citizens, patients and communities

## How will you make a difference to people's health and wellbeing?

By bringing together internationally renowned keynote speakers from North America, Europe, and Asia, recognized experts, oral abstracts and poster presentations from across many disciplines, this conference aims to contribute to the growth and development of integrated care. The 2nd World Congress on Integrated Care provides participants with many opportunities to connect with policy-makers, practitioners and researchers working towards integrated care.

The conference is hosted by the International Foundation for Integrated Care (IFIC) in partnership with the Centre for Rural & Remote Mental Health at the University of Newcastle and is kindly supported by New South Wales Health. It will focus on:

- Integration of population, acute and chronic care
- Integration of mental and physical health care
- Technologies and platforms underpinning Integrated Care
- Co-producing health with citizens, patients and communities

### Who is it for?

The conference is for all those involved in the design, delivery and evaluation of integrated care. The 1st World Congress in Singapore attracted more than 1200 delegates. It is expected a large contingent of international delegates will attend, with the majority of delegates attending from Australia and the wider Asia Pacific region.

### Book your place

View the full conference programme and schedule of events at [integratedcarefoundation.org/conference/2\\_world](http://integratedcarefoundation.org/conference/2_world)



Early bird closes 31 August

Queensland Pain and Palliative Care Conference 2014

# Fifty Shades of Pain

Managing complex pain across the continuum

REGISTER ONLINE FROM 1 MAY 2014



ST VINCENT'S  
PRIVATE HOSPITAL  
BRISBANE  
A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA



3-5 December 2014  
Southbank Institute of Technology, Brisbane  
[www.50shadesconference2014.com.au](http://www.50shadesconference2014.com.au)



2015 Australian Pain Society 35th Annual Scientific Meeting



# Managing Pain: from Mechanism to Policy



15 - 18 MARCH 2015 | BRISBANE CONVENTION & EXHIBITION CENTRE, QLD

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## SUBMISSION DEADLINES

Topical Sessions **16 July 2014**

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Early Bird Registration **23 January 2015**

## KEYNOTE SPEAKERS

**Professor Herta Flor** Professor Flor has worked at Ruprecht-Karls-University, Heidelberg since 2000 and is Scientific Director of Cognitive and Clinical Neuroscience, Central Institute of



Mental Health, Mannheim, Germany. Her research focuses on neuronal plasticity and learning and memory in chronic pain, anxiety & mood disorders, substance abuse and neuro-psychological rehabilitation. She has received 60+ research grants and numerous prestigious awards and has authored more than 400 publications.

**Dr Mary Lynch** is Professor of Anesthesia, Psychiatry and Pharmacology at Dalhousie University, Halifax, NS, Canada. She has 25 years of clinician experience assisting patients with chronic pain.



Dr Lynch chaired the Canadian Pain Society Wait Times Task Force and co-chaired its Task Force on Service Delivery and Canadian Pain Strategy. Her research focuses on new agents in neuropathic pain treatment, including cannabinoids, integrative care in chronic pain management, wait-times benchmarks and strategies for service delivery.

**Dr Frank Porreca** is Professor of Pharmacology and Anesthesiology at the University of Arizona College of Medicine, Tucson, AZ. Dr Porreca is widely published in research addressing



mechanisms of chronic pain and its treatment, and the adaptive nature of brain pain modulatory circuits following injury. Dr Porreca's current research interests include exploration of the intersection between pain and reward pathways and discovery of molecules that can modulate these circuits for pain relief.

### PLUS

Pre-Conference Workshops  
Extensive Industry Exhibition  
Welcome Reception  
Conference Gala Dinner



Managing Pain:  
from Mechanism  
to Policy

**40<sup>TH</sup>**  
2015 ANNUAL SCIENTIFIC MEETING

New Zealand  
**pain society**

[www.nzps2015.org.nz](http://www.nzps2015.org.nz)

25 – 29 March, 2015 THE LANGHAM HOTEL, AUCKLAND, NEW ZEALAND

## PAIN THROUGH THE AGES



**Save the Date:**  
30 March 2015

Visit the website: <http://painadelaide.org/category/painadelaide>

**Speakers include: Bob Coghill | Peter O'Sullivan | Johan Vlaeyen | Glen King | Stuart Brierly | David Butler | Some surprises!**

# FYI & NEW MEMBERS

## Items of interest for our members:

- Painaustralia eNewsletter latest issue, available online at <http://www.painaustralia.org.au/media-news/e-news.html>
- **Facility Directory Update**  
Please advise the APS Secretariat of any updates so we may endeavour to keep the Facility Directory current: <http://www.apsoc.org.au/facility-directory>
- **New APS Online Membership System**  
Please remember to update your member profile on the new online membership system to ensure we can stay in touch: <https://www.apsoc.org.au/Login.aspx>
- **Understanding pain – and what’s to be done about it in 10 minutes!**  
This YouTube video was developed by the German Paediatric Pain Centre for adolescents with chronic pain unexplained by any chronic medical condition, but it may be of interest to all young

people: <http://blog.apsoc.org.au/2014/05/22/understanding-pain-and-whats-to-be-done-about-it-in-10-minutes/>

- **Veterans’ MATES (Medicines Advice and Therapeutic Education Services)**  
Information for health professionals and veterans provided by the Department of Veterans’ Affairs in conjunction with the University of South Australia. Check out the link from our website publications page: <https://www.apsoc.org.au/publications>
- Topic 27: Managing Constipation with Pain Medicines\_JUN11
  - [Veterans Brochure](#)
  - [Therapeutic Brief](#)
- Topic 35: Neuropathic Pain\_JUN13
  - [Veterans Brochure](#)
  - [Therapeutic Brief](#)
- Topic 38: Musculoskeletal Pain\_MAR14
  - [Veterans Brochure](#)
  - [Therapeutic Brief](#)

- **ePPOC: electronic Persistent Pain Outcomes Collaboration**  
For more information about eP-POC, refer to the website: <http://ahsri.uow.edu.au/eppoc/index.html>

- **The Connection: Mind your body.**  
Film featuring world leading experts in mind body medicine, including Australia’s Damien Finnis, MD: <http://www.theconnection.tv>

Melbourne Premiere: Mon 01SEP14, Village Cinemas Rivoli, Hawthorn East

Sydney Premiere: Fri 05SEP14, Hayden Orpheum Picture Palace, Cremorne

## NEW MEMBERS

Title	First Name	Surname	Discipline Group
Mrs	Siti Sarah	Fazalul Rahiman	Pharmacology



THE AUSTRALIAN PAIN SOCIETY  
[www.apsoc.org.au](http://www.apsoc.org.au)

## Online Membership Applications

The next stage of our new online membership system has been launched.

Please encourage your colleagues to [apply online here.](#)

**NEW**  
[apply online here](#)

# POSITION VACANT

Royal Children's Hospital, VIC

## Pain Medicine Fellow

**Employment Status:** Fixed Term: February  
– August 2015  
**Hours per week:** 40 (Full time position)  
**Contact:** Dr George Chalkiadis  
**Applications Close:** 15 October 2014

### Further Information

The Department of Paediatric Anaesthesia and Pain Management at the Royal Children's Hospital, Melbourne, Australia is seeking an advanced trainee in Paediatrics, Anaesthesia, Child Psychiatry, Rehabilitation Medicine or Surgery for a six month tenure as a Fellow in Pain Management commencing February 2015.

The post is accredited for training in Pain Medicine by the Faculty of Pain Medicine of the Australian and New Zealand College of Anaesthetists. Provision may be made for the successful applicant to attend interventional pain lists at an adult hospital or to gain experience in paediatric anaesthesia. Preference will be given to applicants registered with the Faculty with view to undertaking the FPMANZCA examination.

This position offers an exciting opportunity in an innovative department that encourages the attainment of clinical skills and research in all aspects of paediatric pain management. Good interpersonal skills and with the ability to motivate children and adolescents are required, along with the ability to work as a member of an interdisciplinary team. The successful applicant will be required to undergo a criminal record check.

Please direct enquiries to [george.chalkiadis@rch.org.au](mailto:george.chalkiadis@rch.org.au) and/or contact him on 03 9345 5233.

# CALENDAR OF EVENTS

<p><b>2-5 Sep 2014</b>  <b>The Australian and New Zealand Society of Palliative Medicine</b>  <i>Palliative medicine Past present and future</i>            Surfers Paradise Marriott Resort and Spa, Gold Coast QLD  <a href="https://www.etches.com/ehome/65181">https://www.etches.com/ehome/65181</a></p>	<p><b>2-4 Sep 2014</b>  <b>Australian College of Nurse Practitioners</b>  <i>New Frontiers - Building future generations</i>            The Masonic Conference Centre, Sydney NSW  <a href="http://www.dconferences.com.au/acnp2014/">http://www.dconferences.com.au/acnp2014/</a></p>	<p><b>2-3 Sep 2014</b>  <b>4th Rural and Remote Health Scientific Symposium</b>  <i>Maximising the Value of Rural and Remote Health Research</i>            Old Parliament House, Canberra ACT  <a href="http://www.ruralhealth.org.au/symposium2014/">http://www.ruralhealth.org.au/symposium2014/</a></p>
<p><b>2-3 Sep 2014</b>  <b>SAHMRI South Australian Health &amp; Medical Research Institute</b>  <i>South Australian Aboriginal Health Research Showcase</i>            SAHMRI Auditorium, Adelaide SA  <a href="https://www.sahmri.com/participate/events/south-australian-aboriginal-health-research-showcase">https://www.sahmri.com/participate/events/south-australian-aboriginal-health-research-showcase</a></p>	<p><b>4-7 Sep 2014</b>  <b>Royal Australian and New Zealand College of Radiologists (RANZCR)</b>  <i>2014 Combined Scientific Meeting</i>            Melbourne Convention and Exhibition Centre, Melbourne VIC  <a href="http://www.csm2014.com">http://www.csm2014.com</a></p>	<p><b>5-7 Sep 2014</b>  <b>Faculty of Pain Medicine Spring Meeting</b>  <i>Joining the Dots - Links and Transitions in Pain Management</i>            Fairmont Resort, Blue Mountains NSW  <a href="http://www.fpm.anzca.edu.au/events/2014-spring-meeting">http://www.fpm.anzca.edu.au/events/2014-spring-meeting</a></p>
<p><b>9-10 Sep 2014</b>  <b>Australian Council on Healthcare Standards (ACHS) and Australian Healthcare and Hospitals Association (AHHA)</b>  <i>The Quantum Leap - Health Innovation: Making Quality Count</i>            Novotel, Brighton Le Sands, Sydney NSW  <a href="http://www.thequantumleap.com.au">http://www.thequantumleap.com.au</a></p>	<p><b>11-12 Sep 2014</b>  <b>Australian Disease Management Association 10th Annual National Conference</b>  <i>CDM the 2020 Vision - Managing the Rising Tide of Chronic Conditions</i>            Melbourne Convention Centre, Melbourne VIC  <a href="http://www.adma.org.au/images/ConferenceFlyer2014.pdf">http://www.adma.org.au/images/ConferenceFlyer2014.pdf</a></p>	<p><b>20-21 Sep 2014</b>  <b>New York School of Regional Anesthesia - NYSORA 13th Annual Symposium</b>  <i>Regional Anesthesia, Pain and Perioperative Medicine</i>            Marriott Marquis Hotel, New York USA  <a href="http://www.nysorasymposium.com">http://www.nysorasymposium.com</a></p>
<p><b>21-26 Sep 2014</b>  <b>Childrens Hospitals and Clinics of Minnesota</b>  <i>Pediatric Integrative Medicine Master Class: Advanced pain and symptom management</i>            Marquette Hotel, Minneapolis MN USA  <a href="#">Open event website</a></p>	<p><b>1-4 Oct 2014</b>  <b>Lievensberg Hospital, Holland</b>  <i>4th Biannual International Multidisciplinary Pain Congress</i>            Van der Valk Hotel Eindhoven, Eindhoven The Netherlands  <a href="http://www.paincongress.org">http://www.paincongress.org</a></p>	<p><b>4-7 Oct 2014</b>  <b>Australian Society of Anaesthetists</b>  <i>National Scientific Congress 2014</i>            Gold Coast Convention and Exhibition Centre, Gold Coast QLD  <a href="http://www.asa2014.com.au/">http://www.asa2014.com.au/</a></p>
<p><b>4-5 Oct 2014</b>  <b>Ultrasound for Regional Anesthesia USRA Official Satellite Symposium of IASP 15th World Congress on Pain</b>  <i>Ultrasound for Pain Medicine Workshop</i>            BA SoHotel, Buenos Aires Argentina  <a href="http://www.usra.ca/iaspconf.php">http://www.usra.ca/iaspconf.php</a></p>	<p><b>6-11 Oct 2014</b>  <b>International Association for the Study of Pain (IASP)</b>  <i>15th World Congress on Pain</i>            La Rural Convention Centre, Buenos Aires Argentina  <a href="http://www.iasp-pain.org/Meetings/WorldCongress.aspx?ItemNumber=714">http://www.iasp-pain.org/Meetings/WorldCongress.aspx?ItemNumber=714</a></p>	<p><b>9-11 Oct 2014</b>  <b>Royal Australian College of General Practitioners RACGP</b>  <i>GP14 Lead. Inspire</i>            Adelaide Convention Centre, Adelaide SA  <a href="http://www.gpconference.com.au">http://www.gpconference.com.au</a></p>



# CALENDAR OF EVENTS

<p><b>16-18 Oct 2014</b>  <b>Medical Research Support - MedicReS</b>  <i>2014 World Congress on Good Medical Research</i>          Marriot New York Downtown, New York USA  <a href="http://www.nyc2014.medicres.org">http://www.nyc2014.medicres.org</a></p>	<p><b>17 Oct 2014</b>  <b>PIGNI - Pain Interest Group Nursing Issues</b>  <i>Pain: The nerve of it</i>          Le Montage, Lilyfield, Sydney NSW  <a href="https://www.dconferences.com.au/eventReg.asp?eventid=11">https://www.dconferences.com.au/eventReg.asp?eventid=11</a></p>	<p><b>20 Oct 2014</b>  <b>Albury Wodonga Private Hospital</b>  <i>GYAP Education Day Focusing on Neuropathic Pain</i>          Commercial Club, Albury NSW  <a href="mailto:goldspink@ramsayhealth.com.au">goldspink@ramsayhealth.com.au</a></p>
<p><b>30 Oct - 1 Nov 2014</b>  <b>Australian College of Rural &amp; Remote Medicine (ACRRM) and Rural Doctors Association of Australia</b>  <i>Rural Medicine Australia 2014</i>          Four Seasons Hotel, Sydney NSW  <a href="http://www.acrrm.com.au">http://www.acrrm.com.au</a></p>	<p><b>12-14 Nov 2014</b>  <b>University of Toronto Centre for the Study of Pain</b>  <i>Pain Interprofessional Curriculum Design</i>          University of Toronto Lawrence S Bloomberg Faculty of Nursing, Toronto Ontario, Canada  <a href="http://bloomberg.nursing.utoronto.ca/pd/professional-development/picd#content1">http://bloomberg.nursing.utoronto.ca/pd/professional-development/picd#content1</a></p>	<p><b>13-15 Nov 2014</b>  <b>Asia Pacific Cervical Spine Society</b>  <i>8th Asia Pacific Cervical Spine Meeting</i>          Barbaros Point Hotel, Istanbul Turkey  <a href="http://apcss2014.org">http://apcss2014.org</a></p>
<p><b>14-15 Nov 2014</b>  <b>Arthritis and Osteoporosis WA</b>  <i>Making Sense of Pain</i>          Wyllie Arthritis Centre, Shenton Park, Perth WA  <a href="https://www.arthritiswa.org.au/events/details/id/247/">https://www.arthritiswa.org.au/events/details/id/247/</a></p>	<p><b>16 Nov 2014</b>  <b>PainAdelaide Stakeholders' Consortium</b>  <i>2014 Ride for PainAdelaide</i>          University of SA, Magill Campus SA  <a href="http://painadelaide.org/ride4painadelaide">http://painadelaide.org/ride4painadelaide</a></p>	<p><b>23-25 Nov 2014</b>  <b>International Foundation for Integrated Care 2nd World Congress on Integrated Care</b>  <i>21st Century Integrated Care: serving citizens, patients and communities</i>          SMC Conference and Function Centre, Sydney NSW  <a href="http://www.integratedcarefoundation.org/conference/2_world">http://www.integratedcarefoundation.org/conference/2_world</a></p>
<p><b>3-5 Dec 2014</b>  <b>Australian Pain Management Association and Palliative Care Queensland</b>  <i>Fifty Shades of Pain: Managing complex pain across the continuum</i>          Southbank Institute of Technology, Brisbane QLD  <a href="http://50shadesconference2014.com.au">http://50shadesconference2014.com.au</a></p>	<p><b>16-17 Jan 2015</b>  <b>Centre for Pain Medicine at the Swiss Paraplegic Centre</b>  <i>5th International Symposium Invasive Procedures in Motion 2015 - Minimal Invasive Pain Therapy</i>          Swiss Paraplegic Centre, Nottwil by Lucerne Switzerland  <a href="http://www.schmerz-nottwil.ch/en/pub/zsm/fortbildungkongresse/invasives_procedures_motion_15.htm">http://www.schmerz-nottwil.ch/en/pub/zsm/fortbildungkongresse/invasives_procedures_motion_15.htm</a></p>	<p><b>22-24 Jan 2015</b>  <b>Asian and Oceanic Society of Regional Anesthesia and Pain Medicine Congress 2015</b>  <i>Perioperative Quality and Safety in Anesthesia and Pain Medicine: Unity in Diversity</i>          Centara Grand at Central Plaza Ladprao, Bangkok Thailand  <a href="http://www.aosra2015.com/index.php">http://www.aosra2015.com/index.php</a></p>
<p><b>15-18 Mar 2015</b>  <b>Australian Pain Society 35th Annual Scientific Meeting</b>  <i>Managing Pain: From Mechanisms to Policy</i>          Brisbane Convention and Exhibition Centre, Brisbane QLD  <a href="http://www.dconferences.com.au/aps2015/">http://www.dconferences.com.au/aps2015/</a></p>	<p><b>25-29 Mar 2015</b>  <b>New Zealand Pain Society 40th Annual Scientific Meeting</b>  <i>Pain through the Ages</i>          The Langham Hotel, Auckland New Zealand  <a href="http://www.nzps2015.org.nz">http://www.nzps2015.org.nz</a></p>	<p><b>30 Mar 2014</b>  <b>PainAdelaide Stakeholders' Consortium</b>  <i>PainAdelaide 2015</i>          Adelaide Convention Centre, Adelaide SA  <a href="http://painadelaide.org/2014/07/03/painadelaide-2015-register">http://painadelaide.org/2014/07/03/painadelaide-2015-register</a></p>

# OUR VISION OUR MISSION

<p><b>29 Apr - 2 May 2015</b>  <b>NWAC World Anesthesia Convention</b>  <i>6th NWAC 2015</i>            Vancouver Convention Centre,            Vancouver Canada  <a href="http://www.nwac.org">http://www.nwac.org</a></p>	<p><b>24-27 May 2015</b>  <b>National Rural Health Alliance            13th National Rural Health Conference</b>  <i>People, Places, Possibilities</i>            Darwin Convention Centre, Darwin            NT  <a href="http://ruralhealth.org.au/13nrhc/">http://ruralhealth.org.au/13nrhc/</a></p>	<p><b>31 May - 4 Jun 2015</b>  <b>IASP Pain in Childhood SIG            and Seattle Children's Hospital            Research Foundation</b>  <i>10th International Symposium on            Pediatric Pain</i>            TBA, Seattle Washington USA  <a href="http://www.ispp2015.com">http://www.ispp2015.com</a></p>
<p><b>6-11 Jun 2015</b>  <b>INS International            Neuromodulation Society 12th            World Congress</b>  <i>Neuromodulation - Medicine            Evolving Through Technology</i>            Fairmont Queen Elizabeth Hotel,            Montreal Quebec, Canada  <a href="http://www.neuromodulation.com/ins-congress">http://www.neuromodulation.com/ins-congress</a></p>		



THE  
 AUSTRALIAN  
 PAIN SOCIETY

[www.apsoc.org.au](http://www.apsoc.org.au)

## Vision

All people will have timely recognition, prevention and management of pain across their lifespan.

## Mission

The Australian Pain Society is a multidisciplinary body aiming to relieve pain and related suffering through leadership in clinical practice, education, research and public advocacy.

## Aims

- To promote the provision of healthcare services for pain management
- To promote equity of access to pain management services
- To actively engage with key stakeholders and contribute to their activities
- To provide a contemporary forum to discuss issues relating to pain research and treatment
- To foster and support a broad spectrum of pain-related research
- To share and promote the expertise of all disciplines involved in the treatment of pain
- To promote the formulation and use of Evidence Based Guidelines as they relate to pain
- To foster and support the prevention of persistent pain
- To promote and facilitate pain related education for health professionals and the community
- To promote the development and use of standards

# APS DIRECTORS & OFFICE BEARERS 2014

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## Office Bearers :

<p><b>President:</b>  <b>Dr Malcolm Hogg</b>                      Department of Anaesthesia and Pain Management                      Royal Melbourne Hospital,                      Parkville VIC 3052 Tel: 03 9342 7540                      Fax: 03 9342 8623</p>	<p><b>QLD Director:</b>  <b>Ms Trudy Maunsell</b>                      Princess Alexandra Hospital                      199 Ipswich Road                      Woolloongabba QLD 4102                      Tel: 07 3176 5547 Fax: 07 3176 5102</p>	<p><b>Immediate Past President:</b>  <b>Dr Tim Semple</b>                      Royal Adelaide Hospital Pain Clinic                      North Terrace                      Adelaide SA 5000                      Tel: 08 8222 5403 Fax: 08 8222 5904</p>
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<p><b>Secretary:</b>  <b>Mr Michael Deen</b>                      Metro South Persistent Pain Management Service                      Level 3, 57 Sanders Street                      Upper Mount Gravatt QLD 4122                      Tel: 07 3339 5500 Fax: 07 3339 5599</p>	<p><b>TAS Director</b>  <b>Mr Simon Watt</b>                      Physiotherapy - Outpatients                      North West Regional Hospital                      23 Brickport Road                      Burnie TAS 7320                      Tel: 03 6430 6608 Fax: 03 6430 6607</p>	<p><b>IASP Liaison:</b>  <b>Professor Michael Nicholas</b>                      Pain Management Research Institute                      Royal North Shore Hospital                      St Leonards NSW 2065                      Tel: 02 9926 7894 Fax: 02 9662 6279                      Website: <a href="http://www.iasp-pain.org">www.iasp-pain.org</a></p>
<p><b>Treasurer:</b>  <b>Dr Gavin Chin</b>                      Royal Darwin Hospital                      PO Box 41326, Casuarina NT 0811                      Tel: 08 8922 8888 Fax: 08 8922 8900</p>	<p><b>VIC Director:</b>  <b>Dr Richard Sullivan</b>                      Precision Brain, Spine and Pain Clinic                      Lower Ground, 115 Cotham Road                      Kew VIC 3101                      Tel: 1300 773 247 Fax: 03 9816 8564</p>	<p><b>Website/Social Media Coordinator:</b>  <b>Dr Richard Sullivan</b>                      Precision Brain, Spine and Pain Clinic                      Lower Ground, 115 Cotham Road                      Kew VIC 3101                      Tel: 1300 773 247 Fax: 03 9816 8564</p>
<p><b>ACT Director:</b>  <b>Mrs Joy Burdack</b>                      Calvary Health Care ACT                      PO Box 254                      Jamison Centre ACT 2614                      Tel: 02 6201 6854 Fax: 02 6201 6949</p>	<p><b>WA Director:</b>  <b>Dr Stephanie Davies</b>                      Anaesthetic Department and Pain Medicine Unit                      Fremantle Hospital Health Service                      Alma St, Perth WA 6160                      Tel: 08 9431 3296 Fax: 08 9431 3696</p>	<p><b>Newsletter Editor:</b>  <b>Dr William Howard</b>                      Department of Anaesthesia                      Austin Health                      Studley Road, Heidelberg VIC 3084                      Tel: 03 9496 3800 Fax: 03 9459 6421</p>
<p><b>NSW Director:</b>  <b>Ms Fiona Hodson</b>                      Hunter Integrated Pain Service                      John Hunter Hospital and Royal Newcastle Centre PO Box 664J                      Newcastle NSW 2300                      Tel: 02 4922 3435 Fax: 02 4922 3438</p>		<p><b>PhD Scholarship Chair:</b>  <b>Professor Maree Smith</b>                      Centre for Integrated Preclinical Drug Development                      University of Queensland                      St Lucia QLD 4072                      Tel: 07 3365 2554 Fax: 07 3365 1688</p>
<p><b>NT Director:</b>  <b>Ms Jenny Phillips</b>                      Acute Pain Service, Royal Darwin Hospital                      PO Box 41326, Casuarina NT 0811                      Tel: 08 8922 8888 Fax: 08 8922 8325</p>	 <p>THE AUSTRALIAN PAIN SOCIETY</p>	<p><b>Secretariat:</b>  <b>DC Conferences Pty Ltd</b>                      PO Box 637, North Sydney, NSW 2059                      Tel: 02 9016 4343 Fax: 02 9954 0666                      Email: <a href="mailto:aps@apsoc.org.au">aps@apsoc.org.au</a></p>