



## ► Editor's Note

Dear colleagues,

This edition leads with a report from our President. Following this you will find press releases about two valuable resources – a website providing psychological support for people with inflammatory bowel disease (IBD), developed by Swinburne University, and a website providing information for health workers and policy-makers who work in indigenous health developed by the Federal Department of Health and the Edith Cowan University. IBD patients often have considerable psychological factors compounding their ill health: at my request one of the senior psychologists at my unit looked at the IBD website and was impressed with it. The APS has been concerned about the lack of attention given to pain in indigenous Australians and shortly

will begin a project regarding this; the Australian Indigenous HealthInfonet is a welcome resource. Further in, you will find an article about a new publication 'Pain: The Person, The Science and The Clinical Interface'. There's our usual range of snippets of news.

Thanks to Tracy Hallen for her invaluable assistance in preparing this newsletter.

Regards,

**Will Howard**

Editor

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# PRESIDENT'S REPORT

By Dr Malcolm Hogg



At our Hobart ASM, the society board introduced discipline-specific forums to promote stronger communication with our membership and gather feedback regarding issues facing different disciplines. We thank members for their participation and have been reflecting on the input we received. The concerns raised regarding activity-based funding is being addressed through our ongoing discussion with the Independent Hospital Pricing Authority (IHPA), specifically aimed at attaining a funding classification for multidisciplinary outpatient pain management services.

A recurring theme from our members involved building relationships with their professional bodies, including opportu-

nities for cross organisation educational opportunities, such as input into the development of pain networks, contributions to electronic resources, and pain refresher workshops at respective ASM's. This model would build on the success of the Fundamentals of Pain day, and this year's Physiotherapy in Pain Management pre-conference session, such that the Australian Pain Society and its members can increase their profiles and relationships with discipline-specific organisations. Our members have requested we open discussions to establish attendance at our ASM as a contribution to their CPD requirements. Opportunities exist for us to influence the standards for sub-specialty recognition in pain management.

Many scientific researchers involved in pain do not have sufficient knowledge of our organisation or our ASM as an alternative forum for learning and discussion: extending our reach could lead to mutual benefits including a strengthened scientific program and greater participation by researchers. Clinically, a number of our members reported support for the development of knowledge and resources regarding pain in specific groups, including the indigenous and refugee population, and updating our management strategies for Pain in Aged Care Facilities.

Whilst we continue to look forward in order to maintain sustainability, the executive is conscious of the need to formally document the history of the APS. As we approach our 35th Annual Scientific Meeting in Brisbane, a document recording our history has been commissioned. Lessons learnt and friendships forged will be reflected, in order to recognise strong contributions from across the disciplines and the nation. Clinical leaders who initiated and contributed to the early years of the Australian Chapter, including our founding members (from 1979) are nearing the end of their working lives, so now is the time to reflect, learn and acknowledge their leadership. Past executives' prudent management of the scientific meeting and of the societies finances should ensure our sustainability, a luxury not afforded our initial board members. Australia's strong international leadership in multidisciplinary pain management and research continues and reflects positively on the Australian Pain Society's past leaders from all disciplines, so we aim to document and acknowledge these contributions. Our history document will be flexible in format and allow for additions as we continue to evolve and grow beyond 2015.

## History of the Australian Pain Society



Next year we celebrate our 35th Annual Scientific Meeting!

We have engaged a professional historian to assist us with this important project and would like to gather members' recollections and any materials of the early days of the APS. Early photos would be highly prized!

If you would like to contribute anything to this project, please contact the Australian Pain Society Secretariat on (02) 9016 4343 or via email [aps@apsoc.org.au](mailto:aps@apsoc.org.au)

We look forward to gathering your reflections and celebrating our 35 years of achievements.

# ASM 2015 REGISTRATION OPEN

REGISTRATIONS OPENING MONDAY 6 OCTOBER 2014!

2015 Australian Pain Society 35th Annual Scientific Meeting



## Managing Pain: from Mechanism to Policy



15 - 18 MARCH 2015 | BRISBANE CONVENTION & EXHIBITION CENTRE, QLD

Expressions of Interest online at [www.dcconferences.com.au/aps2015](http://www.dcconferences.com.au/aps2015)

For Sponsorship and Exhibition opportunities or more information please contact the APS Secretariat

DC Conferences Pty Ltd | P 61 2 9954 4400 | E [aps2015@dcconferences.com.au](mailto:aps2015@dcconferences.com.au)

Registrations for APS 2015 will open on Monday 6 October 2014. The program this year will focus on key topics including: brain pain, immune stressors, acute pain, chronic pain, opioids, neuromodulation, emerging interventional techniques, paediatrics, physiotherapy, psychology and much, much more.

Click on the links for more conference information

[Conference website](#)

[Program overview](#)

[Keynote speakers](#)

[Pre-Conference Workshops](#)

We look forward to welcoming you to Brisbane. Should you have any queries, please contact the

[Conference Secretariat.](#)

Online registrations will open on **MONDAY 6 OCTOBER 2014**

# CURRENT & PAST SCHOLARS

## CURRENT SCHOLARS:

PhD Scholarship Sponsor Scholar Topic	Mundipharma #3-APS-APRA Audrey Wang "An investigation of the role of the brain in recovery from CRPS, using fMRI"
PhD Scholarship Sponsor Scholar Topic	Janssen Cilag #2-APS-APRA Sarah Kisiwaa "Pain induced synaptic plasticity in the amygdala"
PhD Scholarship Sponsor Scholar Topic	APS #5-APRA James Kang "Epigenetic influence in cognitive impairments in chronic neuropathic pain"

## PAST SCHOLARS:

PhD Scholarship Sponsor Scholar Completed Topic	APS #1-APRA Samantha South 1999 "Antinociceptive pharmacology of morphine and its major glucuronide metabolites"
PhD Scholarship Sponsor Scholar Completed Topic	CSL #1-APS-APRA Lara Winter 2004 "Antinociceptive properties of the neurosteroid alphadolone"
PhD Scholarship Sponsor Scholar Completed Topic	CSL #2-APS-APRA Anne Pitcher 2006 "Conditional comfort: A grounded theory study in nursing approaches to acknowledging and responding to pain in nursing home residents with dementia"
PhD Scholarship Sponsor Scholar Completed Topic	Mundipharma #1-APS-APRA Kathryn Nicholson Perry 2007 "Pain Management Programmes in Spinal Cord Injury: Cognitive Behavioural Pain Management Programmes in the Management of Sub-acute and Chronic Spinal Cord Injury Pain"
PhD Scholarship Sponsor Scholar Completed Topic	APS #2-APRA Debbie Tsui 2008 "Preclinical studies in painful diabetic neuropathy"

# PAST SCHOLARS

## PAST SCHOLARS:

PhD Scholarship Sponsor Scholar Completed Topic	Mundipharma #2-APS-APRA Zoe Brett 2011 "Individual differences in vulnerability to the development of chronic pain following injury"
PhD Scholarship Sponsor Scholar Completed Topic	APS #3-APRA Susan Slatyer 2013 "Caring for patients experiencing episodes of severe pain in an acute care hospital: Nurses' perspective"
PhD Scholarship Sponsor Scholar Completed Topic	Janssen Cilag #1-APS-APRA Mary Roberts Due 2013 "An investigation of the role of sleep in chronic pain"
PhD Scholarship Sponsor Scholar Completed Topic	APS #4-APRA Amelia Edington 2013 "Defining inhibitor binding sites unique to the glycine transporter, GLYT2: A potential target for the treatment of chronic pain"

2015 Australian Pain Society 35th Annual Scientific Meeting



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### SUBMISSION DEADLINES

Topical Sessions **16 July 2014**

Free Papers & Posters **3 October 2014**

Early Bird Registration **23 January 2015**

# IASP NAMES SIX HONORARY MEMBERS & IBD ONLINE CLINIC

## Congratulations to Dr George Mendelson

The IASP Council has named six outstanding pain researchers and clinicians Honorary Members. All will be recognised before the IASP General Assembly of the 15th World Congress on Pain in October in Buenos Aires.

### 1. George Mendelson

is Foundation Fellow, Faculty of Forensic Psychiatry, the Royal Australian and New Zealand College of Psychiatrists. Dr. Mendelson's significant contributions in pain management cover the fields of pain medicine, psychiatry, and the law and compensation for chronic pain.

Honorary membership is the highest recognition the association awards its members. These individuals have made substantial contributions in pain-related fields and have advanced the mission of the association. They join 34 living honorees.

The committee reviewed more than a dozen nominations, basing its selections on the nominee's contributions in pain educa-

tion, pain research and/or pain management; involvement and service to IASP; and exceptional contributions to pain issues at national and international levels.

Following are the 2014 IASP Honorary Members:



### 2. Gary J. Bennett – Canada

### 3. Marshal Devor – Israel

### 4. R Andrew Moore – UK – Hobart 2014 Keynote Speaker

### 5. Donald D. Price – USA

### 6. Mael Jacobsen Teixeira - Brazil

## IBD ONLINE CLINIC

### Swinburne University of Technology Media Release

A new website developed by a Swinburne University of Technology researcher offers free psychologically-focused treatment for people suffering with inflammatory bowel disease (IBD).

The disease, affecting an estimated 75,000 Australians, is often accompanied by anxiety and depression.

The online service - IBDclinic.org.au – was launched as part of World IBD Day.

IBD, a condition that includes both Crohn's disease and ulcerative colitis, is characterised by diarrhea, urgency, abdominal pain and rectal bleeding.

It is also associated with psychological issues - rates of reported psychological symptoms are up to 50 per cent higher than in comparison to other chronic dis-

ease illness groups.

IBDclinic.org.au offers information and support for people with IBD who suffer psychological distress, giving them access to two six-week online anxiety and depression treatment programs.

Clinical psychologist and Swinburne researcher Dr Simon Knowles has been instrumental in developing the clinic.

"I know that many individuals with IBD experience psychological distress. However IBD-focused psychological support services are not readily available or accessible," he said.

"IBDclinic.org.au provides a free program that brings together validated psychological treatments shown to be effective in reducing the psychological distress associated with IBD."

The clinic is a result of research collab-

oration between Swinburne's Faculty of Health, Arts and Design; and hospitals, including the Royal Melbourne and St Vincent's.

Students from Swinburne's Psychological Sciences department developed much of the content for IBDclinic.org.au. The website is also supported by materials developed from funding by the Broad Medical Research Program of the Broad Foundation based in the US.

### CONTACT

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Department: Chancellery  
Phone: +61 3 9214 5662



# ASM 2015 FREE PAPER & POSTER SUBMISSIONS

**FREE PAPERS AND POSTER SUBMISSIONS DEADLINE EXTENDED!**

2015 Australian Pain Society 35th Annual Scientific Meeting



## Managing Pain: from Mechanism to Policy



15 - 18 MARCH 2015 | BRISBANE CONVENTION & EXHIBITION CENTRE, QLD

Expressions of Interest online at [www.dcconferences.com.au/aps2015](http://www.dcconferences.com.au/aps2015)

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Due to the timing of the upcoming IASP World Congress of Pain, being held from 6 – 11 October in Buenos Aires, the Scientific Program Committee and Local Organising Committee are pleased to advise the submission deadline for free papers and posters has been extended.

The deadline for abstract submissions is now:

**FRIDAY 31 OCTOBER 2014**

View the [abstract submission guidelines](#)

Visit the [online abstract submission page](#)

We look forward to receiving your submissions. Should you have any queries regarding your submission or the process, please contact the [Conference Secretariat](#).

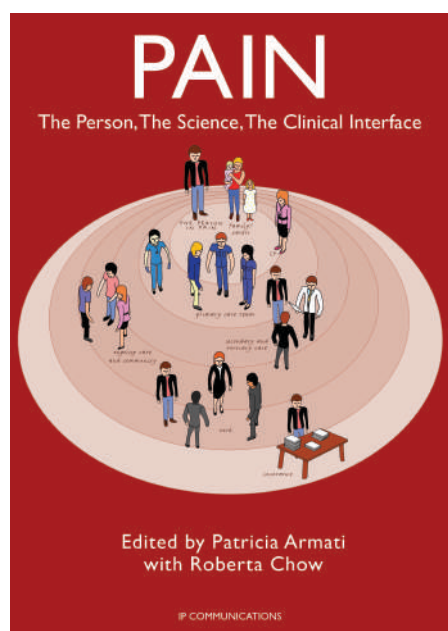
**Online registrations will open on MONDAY 6 OCTOBER 2014**

# PAIN: THE PERSON, THE SCIENCE AND THE CLINICAL INTERFACE

The following article has been supplied by Roberta Chow who assisted editing of the book

Edited by Patricia Armati with Roberta Chow

To be published November 2014:  
[www.ipcommunications.com.au](http://www.ipcommunications.com.au)



At some time, every person experiences pain; it is a signal that demands attention. Pain cannot be seen, heard, touched or easily measured. Assessing, diagnosing, and treating each person's pain is, thus, a very personal and individual experience. A person's pain can lead to a tsunami of events at the personal and professional level, while a single painful event rarely affects only the person.

The person with pain is the centrepiece of this book. To emphasise the person-

al and individual nature of pain and its consequences at all levels – the person, families, friends, communities, and health budgets in all countries – the person with pain remains the focus and the recurrent theme.

Three sections - The Person, The Science, and The Clinical Interface – and eighteen chapters comprise the book. The theme of Australia's (2010) National Pain Strategy provides a roadmap, but chapters present information in an international context. Individual chapters may be read or the book may be read cover-to-cover.

The great hope of the not-too-distant future is the possibility of personalised pain treatment. Personalised pain regimes would assess underlying pathophysiology, genetics, phenotypic variation, and probably factors as yet undefined. Ultimately pain involves the nervous system and interpretation of the phenomenon of pain at the cortical level. As the functional complexity of the human nervous system is revealed, in concert with the BRAIN initiative of US President Obama, the person in pain of the future may look forward to improved treatment. The chapter in the book on fMRI provides a basis for this optimism.

Written by internationally-recognised experts in their fields, the book will provide a different focus, a focus on the person with pain, from most books on pain, and will prove invaluable to pain teams, medical specialists, psychologists, nurses, physiotherapists, and other health professionals, around the world.

## Biography: Roberta Chow



Dr Roberta Chow is a general practitioner in private practice in Sydney, specialising in pain medicine at a primary-care level. During the course of her general practice she developed a special interest in pain medicine, with a diploma from the Pain Management and Research Centre, Royal North Shore Hospital, Sydney, and a PhD in the Faculty of Medicine, The University of Sydney, Australia, that focused on a clinical trial of neck pain. She is an Honorary Research Associate at the Brain and Mind Institute at The University of Sydney and President of the Australian Medical Laser Society, and has been a member of the Steering Committee for the development of the Australian National Pain Strategy, a guide to integrated and innovative planning for pain management across Australia. Dr Chow uses both orthodox and complementary therapies, particularly low-level laser therapy and acupuncture, for pain management.



## Biography: Patricia Armati

Patricia Armati is Honorary Professor in Neuroscience in the Central Clinical School, The University of Sydney, and Mind and Brain Institute of The University of Sydney, with a long-standing interest in the relationship between neurons and neuroglia. She has published over 100 scientific papers and book chapters and is editor of *The Biology of the Schwann Cell* (Cambridge University Press, 2007), *The Biology of Oligodendrocytes* (Cambridge University Press, 2010), and *Marsupials* (Cambridge University Press, 2006), the first textbook on marsupials. She has been a board member of the International Peripheral Nerve Society and an editorial board member of the *Journal of the Peripheral Nervous System*. Currently, she is an editor of the *Journal of Neurolipids*.



# MEDIA RELEASE – HEALTHINFONET HITS REACH NEW HEIGHTS



*Helping to 'close the gap' by providing the evidence base to inform practice and policy in Aboriginal and Torres Strait Islander health*

## Media Release – HealthInfoNet hits reach new heights

9 September 2014

The Australian Indigenous HealthInfoNet is a comprehensive web resource which provides freely accessible information for anyone working or studying in Aboriginal and Torres Strait Islander health. This unique resource, which provides the evidence base to inform practice and policy to help 'close the gap' in health between Indigenous and other Australians has now broken the 5,000 'hits' per day barrier – receiving more than 5,052 hits on Monday 1st September 2014.

The HealthInfoNet web resource is used by a wide cross section of industry. Users include Indigenous community controlled health services and their representative bodies, government, health workers, health practitioners, professional organisations, non-government agencies and the tertiary sector. The HealthInfoNet has again been funded by the federal Government for three years from July this year, which is a strong endorsement of the HealthInfoNet's continuing contribution to the Indigenous health infrastructure in providing evidence based decision making to support and inform both health practitioners and policy makers.

HealthInfoNet Director Neil Drew said of the increase in hits 'The free web resource is for anyone interested in improving the health and wellbeing of Aboriginal and Torres Strait Islander Australians. As the leading translational research organisation bringing together this information and making it freely accessible, it is very pleasing to see continued growth in usage in this nationally important area. This significant and exciting milestone highlights the fact that policymakers and health practitioners continue to turn to our unique and vital service in support of their work in closing the gap in Aboriginal & Torres Strait Islander health'.

### Spokesperson:

Professor Neil Drew - HealthInfoNet Director

Tel: 08 9370 6155 Mob: 0418 901 468

Email: n.drew@ecu.edu.au

### Media contact:

Tara Hoyne – Development & Marketing Manager

Tel: 08 9370 6109 Email: t.hoyne@ecu.edu.au

**About the HealthInfoNet:** The Australian Indigenous HealthInfoNet is a massive Internet resource that informs practice and policy in Indigenous health by making research and other knowledge readily accessible. In this way, the HealthInfoNet contributes to 'closing the gap' in health between Indigenous and other Australians. Working in the area of translational research with a population health focus, in which it is a world leader, the HealthInfoNet makes research and other information available in a form that has immediate, practical utility for practitioners and policy-makers in the area of Indigenous health, enabling them to make decisions based on the best available evidence. [www.healthinonet.ecu.edu.au](http://www.healthinonet.ecu.edu.au)





## Want the latest information on the 2015 Australian Pain Society 35th Annual Scientific Meeting?

Follow our hashtag **#aps2015** and check out our **blog and YouTube channel**



## Have you had an article accepted for publication this year?



Reminder that we are keen that members inform us when they have publications so that this can be shared with your APS colleagues. Please send the newsletter editor (via the APS Secretariat, [aps@apsoc.org.au](mailto:aps@apsoc.org.au)) the title, authors and reference (i.e. the journal, volume etc.) of the article, preferably with a short explanatory note to give our readers the gist of the article, e.g. the conclusions part of the abstract; if you would like to supply a short commentary on the article, even better.

**Will Howard, Editor**

## Research partnership opportunities



The Australian Pain Management Association Inc. (APMA) is a consumer health organisation for all Australians who live with persistent pain. APMA is a charity which promotes health by providing advocacy, information and practical support for people living with persistent

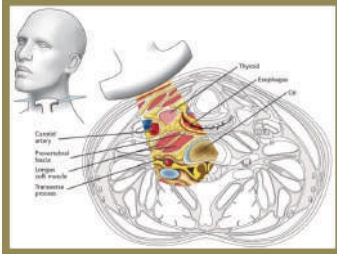
(chronic) pain and their families.

APMA services include advice and information to people with pain and the health community via a telephone helpline (**Pain Link**), a national network of pain support

groups, a comprehensive website, facebook and social media presence, and high quality newsletters and other publications, and the delivery of presentations and community education.

APMA is seeking to partner with researchers and health practitioners working in the areas of pain management and self-management who wish to seek NHMRC research funding for research about such services in order to effect changes in the delivery, organisation, funding and access to pain management services. Please contact APMA CEO Elizabeth Carrigan on 0438 000 841 or [secretary@painmanagement.org.au](mailto:secretary@painmanagement.org.au) to discuss potential research opportunities.

## Ultrasound for Pain Medicine Workshop



Official Satellite Symposium of the 15th World Congress on Pain Buenos Aires, Argentina

Oct 4-5, 2014 BA SOHOTEL#  
Buenos Aires, Argentina

We hope to see you there! Mark it in your diary.  
Visit the website: <http://www.usra.ca/iaspconf.php>



15th World Congress on Pain . 6-11 October 2014  
La Rural Convention Centre , Buenos Aires , Argentina

## Special Sessions for Clinicians at the World Congress

With more than 100 sessions on pain research and management, all clinicians involved in treating pain will find plenty of sessions tailored especially to fit their interests.

Review the Congress schedule of [plenaries](#) and [workshops](#) to find the clinical topics that match your field of pain treatment and care.

No other conference devoted to the field of pain attracts the scope of expertise as the World Congress on Pain. We look forward to seeing you in Buenos Aires.

### Essential Travel Information - Reciprocity Fees and Visas

US, Australian, and Canadian citizens will be required to pay a reciprocity fee. This fee cannot be paid as part of Congress registration and must be paid before embarking for Argentina. The Reciprocity Fee can only be paid through the [Argentine Immigration Department website](#).

Do you need a visa for Buenos Aires? [Please click here](#) to view the country visa requirements.

For more information on visas and reciprocity fees please visit our [travel and logistics page](#).

You don't want to miss this once-in-a-lifetime opportunity to visit the Paris of South America—Buenos Aires, Argentina. Register for the Congress today.



We look forward to seeing you  
in Buenos Aires!

Visit us online or follow us on  
Facebook or Twitter for regular  
updates on the Congress:

Web: [www.iasp-pain.org/BuenosAires](http://www.iasp-pain.org/BuenosAires)

On Facebook: [www.facebook.com/IASP.pain](http://www.facebook.com/IASP.pain)

On Twitter: [www.twitter.com/IASPCongress](http://www.twitter.com/IASPCongress)

On LinkedIn: [www.linkedin.com/company/international-association-for-the-study-of-pain](http://www.linkedin.com/company/international-association-for-the-study-of-pain)



## PIGNI, Pain: The nerve of it Professional Development One-Day Program

Friday 17 October 2014 | Le Montage | Lilyfield NSW

The program includes a range of topics relevant to this year's global theme of Neuropathic Pain. New and exciting developments in fundamental understanding of pain will be presented, aiming to expand the participant's knowledge of contemporary pain issues.

#### For more information

Contact: DC Conferences Pty Ltd

Email: [pigni2014@dconferences.com.au](mailto:pigni2014@dconferences.com.au)

Tel: 02 9954 4400

Web: [www.dconferences.com.au/pigni2014](http://www.dconferences.com.au/pigni2014)

ALBURY WODONGA  
PRIVATE HOSPITAL

Monday 20th October 2014

Commercial Club Albury  
Cost: \$55.00, lunch provided

Speakers Include: Trudy Maunsell, Dr Brett Todhunter,

Dr Luke Baitch, Dr Michael Thomas, Kellie Jackson,

Lisa Gephart and Jenni McCluskey.

## Global Pain Day: An Education Day Focusing on Neuropathic Pain



Further info contact Pamela Goldspink: Ph: 02 60 224245, E: [goldspinkp@ramsayhealth.com.au](mailto:goldspinkp@ramsayhealth.com.au)





Ride for Pain – Adelaide’s toughest community road ride?  
 Sunday 16 November 2014

Ride choices:

- 2 Hour ride: 28km and two named climbs for 576m of climbing
- 4 Hour ride: 57km and eight named climbs for 1343m of climbing
- 6 Hour ride: 94km and fifteen named climbs for 2470m of climbing

Features:

- 2, 4 and 6 hour “pain” challenges, with the aim being to see how far you can get before your time is up and you have to return to the start
- Routes that combine a selection of famous road climbs in the Adelaide Hills
- True King and Queen of the Mountain, the Age and Weight Adjusted Strava Challenge

More information:

•Web: [www.rideforpain.org](http://www.rideforpain.org)

•Facebook: <https://www.facebook.com/events/701435449930138/>



2nd World Congress  
 on Integrated Care  
 23-25 November 2014



*Serving citizens, patients and communities*

SMC Conference Centre | Sydney NSW Australia

## How will you make a difference to people’s health and wellbeing?

By bringing together internationally renowned keynote speakers from North America, Europe, and Asia, recognized experts, oral abstracts and poster presentations from across many disciplines, this conference aims to contribute to the growth and development of integrated care. The 2nd World Congress on Integrated Care provides participants with many opportunities to connect with policy-makers, practitioners and researchers working towards integrated care.

The conference is hosted by the International Foundation for Integrated Care (IFIC) in partnership with the Centre for Rural & Remote Mental Health at the University of Newcastle and is kindly supported by New South Wales Health. It will focus on:

- Integration of population, acute and chronic care
- Integration of mental and physical health care
- Technologies and platforms underpinning Integrated Care
- Co-producing health with citizens, patients and communities

### Who is it for?

The conference is for all those involved in the design, delivery and evaluation of integrated care. The 1st World Congress in Singapore attracted more than 1200 delegates. It is expected a large contingent of international delegates will attend, with the majority of delegates attending from Australia and the wider Asia Pacific region.

### Book your place

View the full conference programme and schedule of events at [integratedcarefoundation.org/conference/2\\_world](http://integratedcarefoundation.org/conference/2_world)

Early bird closes 31 August



2015 Australian Pain Society 35th Annual Scientific Meeting



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Topical Sessions **16 July 2014**

Free Papers & Posters **3 October 2014**

Early Bird Registration **23 January 2015**

## KEYNOTE SPEAKERS

**Professor Herta Flor** Professor Flor has worked at Ruprecht-Karls-University, Heidelberg since 2000 and is Scientific Director of Cognitive and Clinical Neuroscience, Central Institute of



Mental Health, Mannheim, Germany. Her research focuses on neuronal plasticity and learning and memory in chronic pain, anxiety & mood disorders, substance abuse and neuro-psychological rehabilitation. She has received 60+ research grants and numerous prestigious awards and has authored more than 400 publications.

**Dr Mary Lynch** is Professor of Anesthesia, Psychiatry and Pharmacology at Dalhousie University, Halifax, NS, Canada. She has 25 years of clinician experience assisting patients with chronic pain.



Dr Lynch chaired the Canadian Pain Society Wait Times Task Force and co-chaired its Task Force on Service Delivery and Canadian Pain Strategy. Her research focuses on new agents in neuropathic pain treatment, including cannabinoids, integrative care in chronic pain management, wait-times benchmarks and strategies for service delivery.

**Dr Frank Porreca** is Professor of Pharmacology and Anesthesiology at the University of Arizona College of Medicine, Tucson, AZ. Dr Porreca is widely published in research addressing



mechanisms of chronic pain and its treatment, and the adaptive nature of brain pain modulatory circuits following injury. Dr Porreca's current research interests include exploration of the intersection between pain and reward pathways and discovery of molecules that can modulate these circuits for pain relief.

### PLUS

Pre-Conference Workshops  
Extensive Industry Exhibition  
Welcome Reception  
Conference Gala Dinner



Managing Pain:  
from Mechanism  
to Policy



Queensland Pain and Palliative Care Conference 2014

# Fifty Shades of Pain

Managing complex pain across the continuum

**REGISTER ONLINE FROM 1 MAY 2014**



ST VINCENT'S PRIVATE HOSPITAL  
BRISBANE

A FACILITY OF ST VINCENT'S HEALTH AUSTRALIA



3-5 December 2014

Southbank Institute of Technology, Brisbane

[www.50shadesconference2014.com.au](http://www.50shadesconference2014.com.au)

**40<sup>TH</sup>** New Zealand **pain society**  
**2015 ANNUAL SCIENTIFIC MEETING**

[www.nzps2015.org.nz](http://www.nzps2015.org.nz)

25 - 29 March, 2015 THE LANGHAM HOTEL, AUCKLAND, NEW ZEALAND

**PAIN THROUGH THE AGES**



**Save the Date:  
30 March 2015**

Visit the website: <http://painadelaide.org/category/painadelaide>

**Speakers include: Bob Coghill | Peter O'Sullivan | Johan Vlaeyen | Glen King | Stuart Brierly | David Butler | Some surprises!**

# FYI & NEW MEMBERS

## Items of interest for our members:

- Painaustralia eNewsletter latest issue, available online at <http://www.painaustralia.org.au/media-news/e-news.html>
- **Facility Directory Update**  
Please advise the APS Secretariat of any updates so we may endeavour to keep the Facility Directory current: <http://www.apsoc.org.au/facility-directory>
- **New APS Online Membership System**  
Please remember to update your member profile on the new online membership system to ensure we can stay in touch: <https://www.apsoc.org.au/Login.aspx>
- **ePPOC: electronic Persistent Pain Outcomes Collaboration**  
For more information about eP-POC, refer to the website: <http://ahsri.uow.edu.au/eppoc/index.html>
- **Veterans' MATES (Medicines Advice and Therapeutic Education Services)**  
Information for health professionals and veterans provided by the Department of Veterans' Affairs in conjunction with the University of South Australia. Check out the link from our website publications page: <https://www.apsoc.org.au/publications>
- Topic 27: Managing Constipation with Pain Medicines\_JUN11
  - [Veterans Brochure](#)
  - [Therapeutic Brief](#)
- Topic 35: Neuropathic Pain\_JUN13
  - [Veterans Brochure](#)
  - [Therapeutic Brief](#)
- Topic 38: Musculoskeletal Pain\_MAR14
  - [Veterans Brochure](#)
  - [Therapeutic Brief](#)
- **New ADF Post-discharge GP health assessment**  
As of 1 July 2014, all former serving personnel, including former serving members of either the permanent or reserve forces, will be able to access a health assessment funded under Medicare. This tool assists health professionals to assess their patient's current physical and psychological well-being. The tool includes specific screening tools and questions to assess factors such as physical activity, chronic pain, sleep, any alcohol and substance use, psychological health and sexual health: [http://www.dva.gov.au/health\\_and\\_wellbeing/mental\\_health/Pages/GP\\_health\\_assess.aspx](http://www.dva.gov.au/health_and_wellbeing/mental_health/Pages/GP_health_assess.aspx)

## NEW MEMBERS

Title	First Name	Surname	Discipline Group
Miss	Megan	Clark	Physiotherapy
Mr	Nishaant	Kashyap	Physiotherapy



THE AUSTRALIAN PAIN SOCIETY  
[www.apsoc.org.au](http://www.apsoc.org.au)

## Online Membership Applications

The next stage of our new online membership system has been launched.

Please encourage your colleagues to [apply online here.](#)

**NEW**  
[apply online here](#)

# POSITION VACANT

Royal Children's Hospital, VIC

## Pain Medicine Fellow

**Employment Status:** Fixed Term: February – August 2015  
**Hours per week:** 40 (Full time position)  
**Contact:** Dr George Chalkiadis  
**Applications Close:** 15 October 2014

### Further Information

The Department of Paediatric Anaesthesia and Pain Management at the Royal Children's Hospital, Melbourne, Australia is seeking an advanced trainee in Paediatrics, Anaesthesia, Child Psychiatry, Rehabilitation Medicine or Surgery for a six month tenure as a Fellow in Pain

Management commencing February 2015.

The post is accredited for training in Pain Medicine by the Faculty of Pain Medicine of the Australian and New Zealand College of Anaesthetists. Provision may be made for the successful applicant to attend interventional pain lists at an adult hospital or to gain experience in paediatric anaesthesia. Preference will be given to applicants registered with the Faculty with view to undertaking the FPMANZCA examination.

This position offers an exciting opportunity in an innovative department that encourages the attainment of clinical skills and research in all aspects of paediatric pain management. Good interpersonal skills and with the ability to motivate children and adolescents are required, along with the ability to work as a member of an interdisciplinary team. The successful applicant will be required to undergo a criminal record check.

Please direct enquiries to [george.chalkiadis@rch.org.au](mailto:george.chalkiadis@rch.org.au) and/or contact him on 03 9345 5233.

Royal Hobart Hospital, TAS

## Pain Medicine Training position for FRACP fellows

**Employment Status:** Full Time, fixed term  
**Hours per week:** 37  
**Contact:** Dr Deb Speden or Dr Hilton Francis  
**Applications Close:** 24 October 2014

### Further Information

The Persistent Pain Service and the Department of Medicine at the Royal Hobart Hospital have partnered to create a unique opportunity in Tasmania for training towards dual FRACP and Pain Medicine fellowships. The Royal Hobart Hospital is an accredited training hospital for pain medicine and medical specialties including rehabilitation, rheumatology, elderly care and general medicine.

Applications are invited from FRACP fellows or advanced trainees within 12 months of achieving fellowship of RACP who would like to develop specialty skills in pain medicine leading to fellowship in Pain Medicine.

A customised educational program will meet the Faculty of Pain Medicine curriculum criteria and include clinical exposure to acute and chronic pain multidisciplinary settings,

palliative care, musculoskeletal pain assessment and management.

What will the Royal Hobart Hospital offer successful applicants during their training program?

- 12 months of core training in line with Faculty of Pain Medicine curriculum
- Exposure to relevant procedures
- Opportunity to undertake a research project within the Musculoskeletal Research Unit at the Menzies Research Centre.
- For applicants relocating to Hobart accepting position for 12 months or more - transport costs for applicant and dependents one way to Hobart and 50% reimbursement of removal expenses.

### Closing date for applications 24 October 2014

Please direct enquiries to:

Dr Deb Speden, Head of Rheumatology Tel: (03) 6222 7190 Mob:0417 303 039 Email: [deb.speden@dhhs.tas.gov.au](mailto:deb.speden@dhhs.tas.gov.au) or

Dr Hilton Francis, Director of Persistent Pain Service Tel: (03) 6222 8308 Email: [hilton.francis@dhhs.tas.gov.au](mailto:hilton.francis@dhhs.tas.gov.au)

For further information on the application process, please contact Stafflink Royal Hobart Hospital on (03) 6222 6784

# CALENDAR OF EVENTS

<p><b>1-4 Oct 2014</b>  <b>Lievensberg Hospital, Holland</b>  <i>4th Biannual International Multidisciplinary Pain Congress</i>  Van der Valk Hotel Eindhoven,  Eindhoven The Netherlands  <a href="http://www.paincongress.org">http://www.paincongress.org</a></p>	<p><b>4-7 Oct 2014</b>  <b>Australian Society of Anaesthetists</b>  <i>National Scientific Congress 2014</i>  Gold Coast Convention and Exhibition Centre, Gold Coast QLD  <a href="http://www.asa2014.com.au/">http://www.asa2014.com.au/</a></p>	<p><b>4-5 Oct 2014</b>  <b>Ultrasound for Regional Anesthesia USRA Official Satellite Symposium of IASP 15th World Congress on Pain</b>  <i>Ultrasound for Pain Medicine Workshop</i>  BA SoHotel, Buenos Aires Argentina  <a href="http://www.usra.ca/iaspconf.php">http://www.usra.ca/iaspconf.php</a></p>
<p><b>6-11 Oct 2014</b>  <b>International Association for the Study of Pain (IASP)</b>  <i>15th World Congress on Pain</i>  La Rural Convention Centre, Buenos Aires Argentina  <a href="http://www.iasp-pain.org/Meetings/WorldCongress.aspx?ItemNumber=714">http://www.iasp-pain.org/Meetings/WorldCongress.aspx?ItemNumber=714</a></p>	<p><b>9-11 Oct 2014</b>  <b>Royal Australian College of General Practitioners RACGP</b>  <i>GP14 Lead. Inspire</i>  Adelaide Convention Centre, Adelaide SA  <a href="http://www.gpconference.com.au">http://www.gpconference.com.au</a></p>	<p><b>16-18 Oct 2014</b>  <b>Medical Research Support - MedicRes</b>  <i>2014 World Congress on Good Medical Research</i>  Marriot New York Downtown, New York USA  <a href="http://www.nyc2014.medicres.org">http://www.nyc2014.medicres.org</a></p>
<p><b>17 Oct 2014</b>  <b>PIGNI - Pain Interest Group Nursing Issues</b>  <i>Pain: The nerve of it</i>  Le Montage, Lilyfield, Sydney NSW  <a href="https://www.dconferences.com.au/eventReg.asp?eventid=11">https://www.dconferences.com.au/eventReg.asp?eventid=11</a></p>	<p><b>20 Oct 2014</b>  <b>Albury Wodonga Private Hospital</b>  <i>GYAP Education Day Focusing on Neuropathic Pain</i>  Commercial Club, Albury NSW  <a href="mailto:goldspinkp@ramsayhealth.com.au">goldspinkp@ramsayhealth.com.au</a></p>	<p><b>24 Oct 2014</b>  <b>University of Sydney - Sydney Medical School</b>  <i>Pain Management Symposia 2014 - Treating an Managing Pain</i>  Dubbo Convention Centre, Dubbo NSW  <a href="http://sydney.edu.au/medicine/future-students/courses/short-courses/pain-symposia.php">http://sydney.edu.au/medicine/future-students/courses/short-courses/pain-symposia.php</a></p>
<p><b>30 Oct - 1 Nov 2014</b>  <b>Australian College of Rural &amp; Remote Medicine (ACRRM) and Rural Doctors Association of Australia</b>  <i>Rural Medicine Australia 2014</i>  Four Seasons Hotel, Sydney NSW  <a href="http://www.acrrm.com.au">http://www.acrrm.com.au</a></p>	<p><b>12-14 Nov 2014</b>  <b>University of Toronto Centre for the Study of Pain</b>  <i>Pain Interprofessional Curriculum Design</i>  University of Toronto Lawrence S Bloomberg Faculty of Nursing, Toronto Ontario, Canada  <a href="http://bloomberg.nursing.utoronto.ca/pd/professional-development/picd#content1">http://bloomberg.nursing.utoronto.ca/pd/professional-development/picd#content1</a></p>	<p><b>13-15 Nov 2014</b>  <b>Asia Pacific Cervical Spine Society</b>  <i>8th Asia Pacific Cervical Spine Meeting</i>  Barbaros Point Hotel, Istanbul Turkey  <a href="http://apcss2014.org">http://apcss2014.org</a></p>
<p><b>14-15 Nov 2014</b>  <b>Arthritis and Osteoporosis WA</b>  <i>Making Sense of Pain</i>  Wyllie Arthritis Centre, Shenton Park, Perth WA  <a href="https://www.arthritiswa.org.au/events/details/id/247/">https://www.arthritiswa.org.au/events/details/id/247/</a></p>	<p><b>16 Nov 2014</b>  <b>PainAdelaide Stakeholders' Consortium</b>  <i>2014 Ride for PainAdelaide</i>  University of SA, Magill Campus SA  <a href="http://painadelaide.org/ride4painadelaide">http://painadelaide.org/ride4painadelaide</a></p>	<p><b>23-25 Nov 2014</b>  <b>International Foundation for Integrated Care 2nd World Congress on Integrated Care</b>  <i>21st Century Integrated Care: serving citizens, patients and communities</i>  SMC Conference and Function Centre, Sydney NSW  <a href="http://www.integratedcarefoundation.org/conference/2_world">http://www.integratedcarefoundation.org/conference/2_world</a></p>



# CALENDAR OF EVENTS

<p><b>3-5 Dec 2014</b>  <b>Australian Pain Management Association and Palliative Care Queensland</b>  <i>Fifty Shades of Pain: Managing complex pain across the continuum</i>            Southbank Institute of Technology, Brisbane QLD  <a href="http://50shadesconference2014.com.au">http://50shadesconference2014.com.au</a></p>	<p><b>16-17 Jan 2015</b>  <b>Centre for Pain Medicine at the Swiss Paraplegic Centre</b>  <i>5th International Symposium Invasive Procedures in Motion 2015 - Minimal Invasive Pain Therapy</i>            Swiss Paraplegic Centre, Nottwil by Lucerne Switzerland  <a href="http://www.schmerz-nottwil.ch/en/pub/zsm/fortbildungkongresse/invasives_procedures_motion_15.htm">http://www.schmerz-nottwil.ch/en/pub/zsm/fortbildungkongresse/invasives_procedures_motion_15.htm</a></p>	<p><b>22-24 Jan 2015</b>  <b>Asian and Oceanic Society of Regional Anesthesia and Pain Medicine Congress 2015</b>  <i>Perioperative Quality and Safety in Anesthesia and Pain Medicine: Unity in Diversity</i>            Centara Grand at Central Plaza Ladprao, Bangkok Thailand  <a href="http://www.aosra2015.com/index.php">http://www.aosra2015.com/index.php</a></p>
<p><b>15-18 Mar 2015</b>  <b>Australian Pain Society 35th Annual Scientific Meeting</b>  <i>Managing Pain: From Mechanisms to Policy</i>            Brisbane Convention and Exhibition Centre, Brisbane QLD  <a href="http://www.dconferences.com.au/aps2015/">http://www.dconferences.com.au/aps2015/</a></p>	<p><b>25-29 Mar 2015</b>  <b>New Zealand Pain Society 40th Annual Scientific Meeting</b>  <i>Pain through the Ages</i>            The Langham Hotel, Auckland New Zealand  <a href="http://www.nzps2015.org.nz">http://www.nzps2015.org.nz</a></p>	<p><b>30 Mar 2014</b>  <b>PainAdelaide Stakeholders' Consortium</b>  <i>PainAdelaide 2015</i>            Adelaide Convention Centre, Adelaide SA  <a href="http://painadelaide.org/2014/07/03/painadelaide-2015-register">http://painadelaide.org/2014/07/03/painadelaide-2015-register</a></p>
<p><b>29 Apr - 2 May 2015</b>  <b>NWAC World Anesthesia Convention</b>  <i>6th NWAC 2015</i>            Vancouver Convention Centre, Vancouver Canada  <a href="http://www.nwac.org">http://www.nwac.org</a></p>	<p><b>1 May 2015</b>  <b>Faculty of Pain Medicine (FPM)</b>  <i>Refresher Course Day</i>            National Wine Centre, Adelaide SA</p>	<p><b>2-5 May 2015</b>  <b>Australian and New Zealand College of Anaesthetists (ANZCA) Annual Scientific Meeting 2015</b>  <i>The Changing Face of Anaesthesia and Pain Medicine</i>            Adelaide Convention Centre, Adelaide SA  <a href="http://asm.anzca.edu.au">http://asm.anzca.edu.au</a></p>
<p><b>24-27 May 2015</b>  <b>National Rural Health Alliance 13th National Rural Health Conference</b>  <i>People, Places, Possibilities</i>            Darwin Convention Centre, Darwin NT  <a href="http://ruralhealth.org.au/13nrhc/">http://ruralhealth.org.au/13nrhc/</a></p>	<p><b>31 May - 4 Jun 2015</b>  <b>IASP Pain in Childhood SIG and Seattle Children's Hospital Research Foundation</b>  <i>10th International Symposium on Pediatric Pain</i>            TBA, Seattle Washington USA  <a href="http://www.ispp2015.com">http://www.ispp2015.com</a></p>	<p><b>6-11 Jun 2015</b>  <b>INS International Neuromodulation Society 12th World Congress</b>  <i>Neuromodulation - Medicine Evolving Through Technology</i>            Fairmont Queen Elizabeth Hotel, Montreal Quebec, Canada  <a href="http://www.neuromodulation.com/ins-congress">http://www.neuromodulation.com/ins-congress</a></p>

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<p><b>NT Director:</b>  <b>Ms Jenny Phillips</b>                      Acute Pain Service, Royal Darwin                      Hospital                      PO Box 41326, Casuarina NT 0811                      Tel: 08 8922 8888 Fax: 08 8922 8325</p>	 <p>THE                      AUSTRALIAN                      PAIN SOCIETY</p>	<p><b>Secretariat:</b>  <b>DC Conferences Pty Ltd</b>                      PO Box 637, North Sydney, NSW 2059                      Tel: 02 9016 4343 Fax: 02 9954 0666                      Email: <a href="mailto:aps@apsoc.org.au">aps@apsoc.org.au</a></p>